

# THE PONDS GAZETTE

ISSUE 3 WEEKS 5 & 6

## MEET THE TEAM

NATIONAL YOUNG LEADERS DAY

THE PONDS SCHOOL - 'MOVE WITH  
COLOUR'

INTERNATIONAL WORLD NEWS

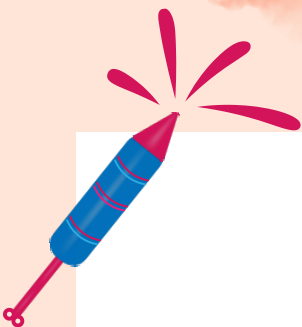


## IMPORTANT DATES

15TH MARCH 2023  
NAPLAN

15TH MARCH 2023  
YEAR 11 GEOGRAPHY  
EXCURSION

27TH MARCH 2023  
CROSS COUNTRY



# INTRODUCING...

## The TPHS Gazette team, 2023!

### STUDY TIP #1

Create a study schedule. Plan ahead and set aside specific times for studying. This will help you stay organised and avoid procrastination!

### STUDY TIP #2

Find a comfortable and quiet place to study. Distractions can prevent you from focusing on your studies, so make sure to find a quiet place where you can concentrate without interruptions such as homework club or a library.



From Left to Right

Back: Shaldeen G, Ariana W, Nikki S, Ridhwan A, Aleksey L

Front: David M, Sanah W, Ameerah H, Maher M

Absent: Anoushay Z

We look forward to giving you all the best news from both our school community and globally. Please let any one of us know if you have any ideas for the gazette!

*-The TPHS Gazette*

# National Young Leaders Day!

National young leaders day was a gathering of student leaders from all over NSW. We were able to meet 4 inspiring guest speakers; "Harries" from Bondi Rescue, Caitlin Basset, Dr. Jordan Nguyen, and Maz Compton! They spoke about their experience with leadership and gave advice to young leaders on how to overcome challenges. It was a motivating day that allowed young leaders to express themselves through leadership.

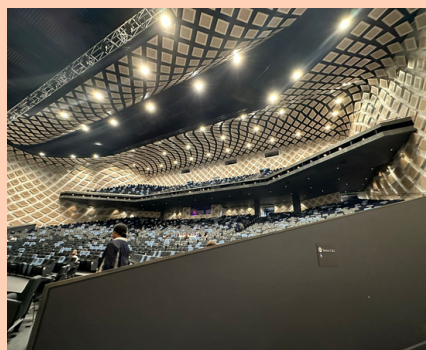
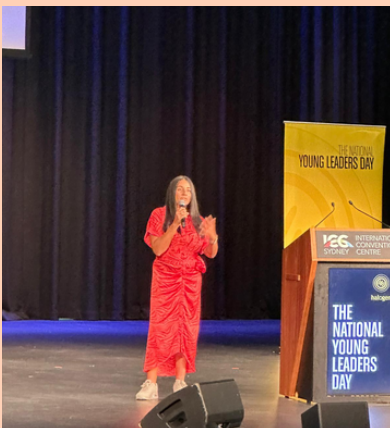


## STUDY TIP #3

Take breaks. Studying for long periods of time can be exhausting, so taking short breaks can help you recharge and stay focused! Try using a pomodoro timer.

## STUDY TIP #4

Test yourself. Practice makes perfect! Test yourself regularly by taking quizzes or reviewing flashcards.





# The Ponds School Move with Colour



The Ponds School 'Move with colour' was a fantastic opportunity for student volunteers to help kids with special needs. They made many new friends and threw powdered colours all over them! Everyone walked in a circuit, becoming more colourful as they walked around. It was an inspiring day with many smiles and laughs, which left the students happier than ever. By the end, everyone was looking like a rainbow. Even the volunteers! Our 2023 student leader organisers for The Ponds Community Service are Nikki Subagyo and Mariam Atta from Year 11! (The middle image)

## STUDY TIP #5

Pay attention in class and take notes. Make sure to pay attention in class and take notes about the material being studied. Figure out what type of learner you are (e.g. visual learner, verbal learner, reading/writing learner, physical learner) and base your study techniques accordingly.

## STUDY TIP #6

Get enough sleep. A good night's sleep is essential for cognitive function and memory retention, so make sure to get enough rest everyday.



# International World News

Here's everything that's gone down in the past few weeks!

## STUDY TIP #7

Stay motivated. Set goals and reward yourself after completing tasks.

Surround yourself with positive influences that encourage and support your academic goals.

- Thousands of women in Turkey defied the ban on protests during International Women's Day and went out on the streets to protest and bring awareness to their struggles.
- The United Nations agreed on Ocean Protection Treaty, something that has been under negotiation for around a decade. The Ocean Protection Treaty will provide a legal framework for establishing vast marine protected areas to protect against the loss of wildlife and share out the genetic resources of the high seas.

- Israeli forces killed 11 Palestinians in deadliest raid since the Second Intifada.
- Heavy rain in Brazil caused flooding and landslides, leaving 48 dead and the displacement of thousands.
- Peru continues to be in a state of emergency months after demonstrations begun. The demonstrations are an uprising by the poor indigenous community against the largely privileged and wealthy political establishment in Lima.
- Huge fire at Kutupalong refugee camp in southern Bangladesh, believed to be the world's largest refugee camp, has left 12,000 homeless.
- Hong Kong, one of the last places in the world to mandate masks, ended the requirement of them on the 1st of March. The ban was lifted in an attempt to draw tourists back to Hong Kong to revive its currently struggling economy.

## STUDY TIP #8

Seek help when needed: Don't be afraid to ask for help from teachers, tutors, or classmates if you are struggling with a particular subject or assignment. There are also many online resources available, such as forums, videos, and study groups, that can help.