

#### End of term

As this will be the last Reflections for the term, I would like to wish all families a safe and restful holiday break. We will all return to school on Tuesday 20 April as there is a Staff Development Day on Monday 19 April.

Students will be required to be in full winter uniform. A reminder for our boys, they will need to wear the school tie. We ask that parents please assist the school by making sure students have school jumpers, hoodies are not to be worn at school. The new red fleece sloppy is available from the Uniform Shop for an extra layer of warmth.

One of the main reasons we have a parent endorsed uniform is for safety. If all students are in uniform we are quickly able to identify outsiders. Our uniform is an important part of our identity in the community and we appreciate those who wear it with pride.

#### Term 2 2021

Monday 19 April 2021 – Staff Development Day Tuesday 20 April 2021 – School commences for all year groups

### Rescheduled Events Due To Flooding

Sydney West Swimming Tuesday 20 April TPHS Athletics Carnival Thursday 6 May

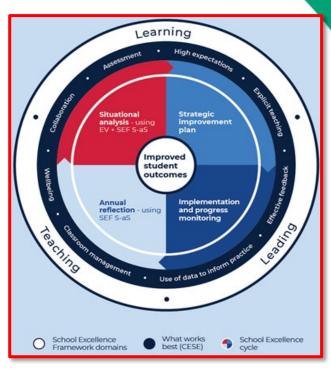
#### Reports

Interim reports for Year 7 have been uploaded into the Parent Portal and are ready for parents/carers to use to get a guide of their children's transition into high school. Academic reports for Year 12 are well under way and will be uploaded to the Parent Portal on Sentral on Thursday 22 April. This will be the only place to access the reports and they will not be emailed separately. An email will be sent to confirm they have been uploaded to the portal.

#### SIP

The Schools Strategic Improvement Plan is being uploaded to the Departments portal as we speak. The School executive have worked tirelessly with countless hours of planning, consultation and drafting. A special thanks must go out to our Deputy Principal Brad Cook who was the driving force behind what is an enormous task. His leadership and hard work ensure that the school is set up strategically for four years of growth, achievement and improvement. Our three strategic directions are:

- 1. Student Growth and Attainment. (This direction is mandated by the Department of Education.)
- 2. Leading and Learning through Choice. This includes an upgrade of Well-Being approaches at TPHS.
- 3. Connectedness. This focus area includes connecting with students, the school and the community.



### Year 7 and 12 Parent Teacher Night

We were back to the routine of parent teacher interviews in the gym after a year off due to Covid. Year 7 parents had their first chance to meet teachers and discuss their children's progress as they have transitioned into high school. Year 12 parents finally had a chance to meet teachers after missing out last year. The Year 12 meetings have extra significance as they were the last chance for parents to get helpful tips to guide students into the HSC Trial Examinations and The HSC proper. Over 300 families attended the night. The next interview night is Stage 5 Parent Teacher Night on Tuesday 27th April.

#### Year 7 2022 HPGE Test

High Potential and Gifted Education (formally GATS) has been the focus of a strong team led by Miss Jane. The HPGE team are aiming at building the strongest HPGE program in the broader area as set out in the new school Strategic Improvement Plan. We believe that all students should be set high expectations and effective, explicit, evidence-based teaching to create optimal learning environments where all students are challenged and engaged to achieve their educational potential.

This commitment includes supporting the talent development of all high potential and gifted students at The Ponds High School. Mrs Weal led testing in Literacy and Numeracy last Saturday for some very capable, yet nervous, Year 6 students who will make up the HPGE classes for 2022 and beyond at The Ponds High School. Good luck to all who attended.



# CONGRATULATIONS TO





Part of the onboarding that newly appointed teachers have to do, is a process called *Accreditation*.

During Accreditation teachers collect evidence and are asked to map these pieces of evidence against professional standards.

This is usually celebrated by staff members during morning tea. In absence of our usual fortnightly whole school morning tea, we would like to congratulate Mrs Sandra Lin from the Mathematics Faculty on successfully completing her Accreditation.

### STUDENT AWARDS

Congratulation to our Bronze Award winners:







Riddhi 9.8



NIKKI 9.11



Keegan 11.3

Congratulation to Ariana from 9.5 on gaining her Silver Award





# sponsors

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# NOTE TO PARENTS FORGOTTEN ITEMS AT HOME

We do not send items to class, or call for students to come to the Front Office to collect forgotten items - as sending message disrupts the classroom learning.

#### **Building Resilience and Independence**

Last week a teacher reported that her class had been interrupted 6 times in one lesson of 55 minutes for students receiving forgotten lunches, pencil cases, sports uniforms and homework.

While it is very nice that parents are prepared to support their children with their missing and forgotten items, the message is that students do not have to think for themselves.

Clearly, this interrupts learning and is not the best use of the Front Office staff's time. For this reason, we request that you encourage independence and support the school in following up on consequences.

This means only bringing emergency items such as medication to the School Front Office.

Instead support your children by providing a checklist on the back of the door and encourage them to get organised and pack their school bag the night before.

#### Check List:

Before you leave home for school you should have:

Books for the correct day

Charged laptop

**TPHS Hat** 

PE Uniforms - if needed

Hard shoes – if you have Science or Technology (on a sports or mufti day)

Equipment – calculator, protractor, coloured pencils, pens, pencils, apron, BAD, etc

Lunch

Permission Notes due

Homework and Assignments due

Thank you for your support in encouraging your children to be independent and self-reliant.



# **IMPORTANT**

# **DATES**

2021

TERM 2 Week 1

Monday 19 April

Year 11 Hospitality Work Placement Week

**Tuesday 20 April** 

#### **Students first day back**

**Sydney West Swimming** 

**Thursday 22 April** 

Creative Writers Guild

Friday 23 April

**Anzac Day Assembly** 



#### Week 2

#### **Monday 26 April**

NAPLAN Equating Study Multiculturalism & Anti-Racism Program

Tuesday 27 April Years 9 & 10 Parent Teacher Interviews Gym 3:30-7:30pm

**Tournament of the Minds Tryouts** 

Wednesday 28 April

Year 12 Physics Assessment Task

Thursday 29 April

Year 12 High Achievers Morning Tea Drama Co-Lab HSC Group Performance Creative Writers Guild

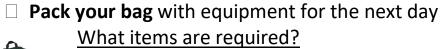


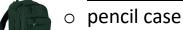
# Preparing for the School Day:

#### The evening BEFORE school:

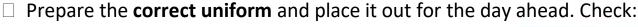


- ☐ Check **Student Diary** for homework / tasks
  - Complete homework
  - Work on assessment task/s
- ☐ Charge your **laptop**
- ☐ Check **timetable** for the following day





- o books what subjects?
- o PE uniform / runners
- o Apron
- Homework / Assessment Tasks due



- Shirt
- Skirt / dress / shorts / pants
- School socks
- Tie (Winter boys/seniors)
- School cardigan / jumper
- School sport jacket
- Black leather shoes
- ☐ In the morning:
  - Double check your timetable and bag
  - Pack your laptop
  - Dress in the correct uniform
  - o Pack your lunch













# SCENCE

### Year 7 Science Planetarium Incursion

Year 7 Science students are learning about Astronomy this term. To enhance their understanding of the topic, a Planetarium Incursion was organised in the school hall on Thursday 25 March. The students thoroughly enjoyed the experience as they were given a tour of the Solar System and the Universe.



They laid down and watched the sky full of stars surrounding them. The next moment they were in the middle of the Solar System and then they landed on Mars.

They came out of the dome looking dazed but amazed.

All we could hear at the end was, "Ah that was soooo good".







# MACQUARIE CUP & SYDNEY WEST FOOTBALL CHAMPIONSHIPS

Earlier this term, the Ponds High School competed in the Macquarie Cup Football Tournament at the Inalls Lane fields, Richmond. The tournament is a good chance for teams to gel prior to the knockout season, but also presents as a trial day for students from the competing schools to gain selection into the Macquarie Zone open teams. There was tremendous amounts of skill and a great deal of perseverance shown by both our boys' and girls' teams throughout a long day of competition in hot conditions. Coaches Sutton and Coburn knew that in the fast paced nature of 25 minute games, it was important to score quick goals and gain early momentum. Both of our teams were successful in winning several matches, as the boys finished off the day with a close penalty shootout win in the grand final. Special mention to keeper Jai (10D) for channelling his inner Mark Schwarzer to pull off a host of incredible saves. The Best and Fairest for the girls' team was Georgina (8.8) and the boys' award went to Riley (11.6) for their outstanding performances on the day.

A big congratulations to Maddison (11.8), Caleb (12.8), Daniel (12.3), Jai (10D), Riley (11.6), Kaya (9.10), Nikeet (11.8) and Sid (11.6) for gaining selection into their respective Macquarie Open football teams, and represented our zone at the Sydney West Championships last week. Riley and Nikeet were both successful in gaining selection into the Sydney West Open Boys Football Squad. A huge achievement by these students.

Mr T Hansen
Football Coach











# Debating Club

#### NSWDU Workshop: Braving the storm

Saturday 20 and Sunday 21 March, was a stormy weekend and dedicated Debating students Giovanna, Melody and Dhyana braved the elements to attend the NSW Debating Union Workshop, held at Sydney Girls High in Moore Park.

According to Giovanna (10.1) "The workshop had three parts. The first part was a demo debate, they showed us how you ask questions while on a presentation. After that, we talked about Rebuttals and how to create a better argument: it needs to be true, important and proven. Lastly, we talked about Economics and international environmental problems."

All the students expressed how they found the workshops beneficial as it provided them with new ideas and skills. The students will be running workshops for their fellow debaters who were unable to attend.

#### Mrs R Caro

**Debating Coordinator** 

#### Stage 6 Premier's Debating Challenge Round I

Marked by the advent of the Industrial Revolution, our world has been moving at a fast pace, enriched with abundance and change. Debating, especially in a schooling environment, serves as an agent of change that often shapes our society's future.

On Tuesday 30 March, the Ponds High School Team A: Milana (12.1), Anika (12.1) Zanin (12.1) and Dilmi (12.7) and Team B: Hanniyah (11.1), Shivam (11.7), Bilvika (11.1) and Esha (11.7) competed against each other as to whether all university degrees should require the completion of an arts degree for the first round of Premier's Debating Challenge.

'Society is constantly changing, and the completion of an art degree induces the skills that develop societal relations, communication, empathy and allow for us to become versatile with change,' argues Team A. Team B asserts that the completion of an arts component financially burdens students and delays the accumulation of skills needed for future careers.

Adjudicated by Stage 5 and Ms Judy Burns, the debate was a close one, with Team B winning and moving to Round 2 against Glenwood High School. Though Team A was defeated, they displayed commendable sportsmanship and will represent the Ponds High School against Blacktown Girls in the Premier's Debating Challenge. Team A and B come together as they mentor each other to refine their skills to represent The Ponds High School in debates to come.

Compelling and thought-provoking, the debate between the Ponds High Team A and Ponds High Team B serves as a testament to the Ponds High School's spirit and the bright minds that it encompasses.

#### Dhyana

9.6 Publicity Officer



#### Rostrum Voice of Youth

On Thursday 25 March, 6 students were selected to represent our school in the *Rostrum Voice of Youth Competition* held at Our lady of Mercy College in Parramatta. They competed against other secondary schools such as Tara Anglican School for Girls, Baulkham Hills High School and Our Lady of Mercy College.

The Ponds High School students displayed good sportsmanship and excellent public speaking skills. The competition was tough and due to COVID parents/guardians were not allowed. However, Ms Caro was supporting our team the whole way.

We would like to congratulate this team for their effort and wish them best of luck in the next competition.

#### Krisha

7.6 Publicity Officer





### PARENTAL CONTROLS

#### Parental controls

Parental controls are available for most devices, either through preinstalled settings that can be activated yourself on a device, or via the installation of free or commercial software.



#### What are parental controls?

Parental control tools help parents monitor and limit what their children do online. There are many tools available and they all offer different functions, with some even allowing parents to limit the time children spend on specific websites or games.

No tool is 100 per cent effective at blocking access to inappropriate content. They are a good tool to encourage communication with children about their online activities. Currently there are more effective tools for use with PCs and Macs than with mobile, tablet devices and game consoles. Additional parental supervision is required with these.

#### What do parental controls do?

Every parental control tool is different. Most tools:

- can block children from accessing specific websites, protocols or applications
- filter different kinds of content, like sexual content
- allow parents to monitor use with reports on sites accessed, the length of time and frequency of access
- can be used to set time limits, blocking access after a set time—handy if you are not home and want to limit the time your child spends on a game or social media
- allow parents to change the tool settings to reflect each child's age and skills.

#### Do parental controls block all bad stuff?

It is essential to note that no parental control tool is 100 per cent effective. It is important to understand the nature of devices that children are using, and also talk to them about staying safe online and being aware of the behaviours of themselves and others.

Parental control tools tend to be better at blocking 'adult' or sexual content than other types of harmful content, such as content that may promote self-harm, eating disorders, violence, drugs, gambling, racism and terrorism. Parental control tools have difficulty filtering content within social media sites and messaging services, including video messaging services like Skype.

Educating yourself about the risks and talking to your child is one of the best ways to help protect them from any life-changing behaviours and consequences.

#### For further information visit:

https://www.esafetv.gov.au/education-resources/iparent









### School Holiday Activities

The School Holiday Program at Blacktown City Council libraries is jammed packed with free and low cost activities for those aged 3-18. For younger children the library is offering stories and craft sessions, and older kids and teenagers—minute to win it games, a table tennis tournament, weaving, wind chime making and make your own skin care products (they would make a great gift!). There is also a Selfie Scavenger Hunt open to ages 13-18 years. Tickets are required so be sure to book online:

https://www.eventbrite.com.au/o/blacktown-city-libraries-3248519566

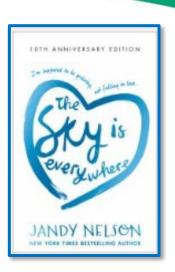
#### New to the Collection

A pile of brand new books has hit the shelves! The arrival coincides with the release of the Premier's Reading Challenge 9+ Booklist so be sure to check out the display opposite the circulation desk in the library for great reads that count towards the challenge.

#### "The Sky is Everywhere" by Jandy Nelson

Seventeen-year-old Lennie Walker, bookworm and band geek, plays second clarinet and spends her time tucked safely and happily in the shadow of her fiery sister Bailey. But when Bailey dies suddenly, Lennie is catapulted to centre stage of her own life—and, despite her non-existent history with boys, finds herself struggling to balance two. Toby was Bailey's boyfriend, his grief mirrors Lennie's own. Joe is the new boy in town, a transplant from Paris whose nearly magical grin is matched only by his musical talent. For Lennie, they're the sun and the moon; one boy takes her out of her sorrow, the other comforts her in it. But just like their celestial counterparts, they can't collide without the whole wide world exploding.

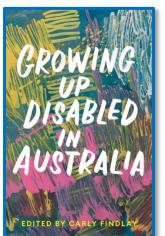




#### 'Growing Up Disabled in Australia' edited by Carly Findlay

A rich collection of writing from those negotiating disability in their lives – a group whose voices are not heard often enough. One in five Australians has a disability. And disability presents itself in many

ways.



Yet disabled people are still underrepresented in the media and in literature. In *Growing Up Disabled in Australia* – compiled by writer and appearance activist Carly Findlay OAM – more than forty writers with a disability or chronic illness share their stories, in their own words. The result is illuminating.

Contributors include Senator Jordon Steele-John, Paralympian Isis Holt, Dion Beasley, Sam Drummond, Astrid Edwards, Sarah Firth, El Gibbs, Eliza Hull, Gayle Kennedy, Carly-Jay Metcalfe, Fiona Murphy, Jessica Walton and more. **Summary from:** 

https://www.blackincbooks.com.au/books/growing-disabled-australia



#### 'The Boy, the Mole, the Fox and the Horse' by Charlie Makesy



Discover the very special book that has captured the hearts of millions of readers all over the world. A book of hope for uncertain times. Enter the world of Charlie's four unlikely friends, discover their story and their most important life lessons. The boy, the mole, the fox and the horse have been shared millions of times online - perhaps you have seen them?

Here, you will find them together in this book of Charlie's most-loved drawings, adventuring into the Wild and exploring the thoughts and feelings that unite us all. **Summary from:** 

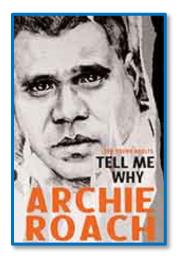
 $\frac{https://www.penguin.com.au/books/the-boy-the-mole-the-fox-and-the-horse-9781529105100}{2000}$ 

#### 'Remina' by Junji Ito

Another of Junji Ito's classics, the sci-fi masterwork Remina tells the chilling tale of a hell star. An unknown planet emerges from inside a wormhole, and its discoverer, Dr. Oguro, christens the body "Remina" after his own daughter. His finding is met with great fanfare, and Remina herself rises to fame. However, the object picks up speed as it moves along in its curious course, eliminating planets and stars one after another, until finally Earth itself faces extinction... Is the girl Remina the true cause of the catastrophe? A masterwork of horror from Junji Ito, unfolding on a universal scale.

Summary from: <a href="https://www.dymocks.com.au/book/remina-by-junji-ito-9781974717477">https://www.dymocks.com.au/book/remina-by-junji-ito-9781974717477</a>





#### 'Tell Me Why' by Archie Roach'

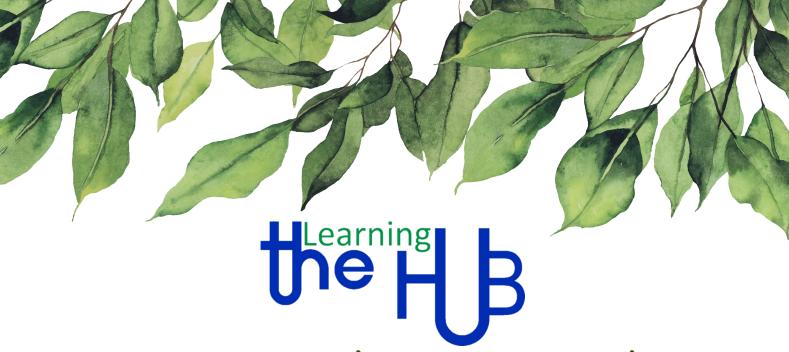
'There are many Australian stories, and mine is just one about what happened to me and other First Peoples of this country. It's important for me to tell my story – because it's not just part of my healing but of this country's as well. We all have a story and as you read this book I would like you to think of your own story, what that means and who is also a part of your story.'

*Tell Me Why* is an unforgettable story of resilience, strength of spirit and hope. Summary from: <a href="https://www.archieroach.com/store/pre-order-tell-me-why-for-voung-adults">https://www.archieroach.com/store/pre-order-tell-me-why-for-voung-adults</a>

Happy reading!

Míss Kíra Bryant Teacher-Librarian





Are you a writer or an artist?

MAKERS HUB

# NATURE JOURNALING

Coming...

# Term 2

Every Tuesday Lunch

@ The Learning Hub with Ms Bryant



# CAREERS

#### Hi All,

Please follow TPHS Careers Team on <u>Facebook</u> (has loads of events, opportunities and information for you to engage with) and <u>Instagram</u>, we also have a <u>Careers Website</u> where students can make an appointment for a Careers chat. This website is full of information for students and parents.

#### Stage 6 Work Skills

The stage 6 work skills students have been working together to complete a mini project. Part of the project was to connect with a business to gain support and donations. They have also liaised with Riverbank PS to have the year 6 students participate in an Easter egg hunt. Lots of fun was had by all. A huge congratulations to this class, they have made improvements to work place communications and teamwork.



#### Spotlight on SBAT (School Based Apprenticeship/Traineeships)



Lucas T is in Year 10E, he has been working as an Apprentice Chef at Zazu Café in Windsor.

Lucas attends TAFE on a Mondays and works Tuesdays. He comes to school from Wednesday-Friday.

Lucas loves to cook and enjoys his TAFE course. By the time that Lucas completes his SBAT, he will be ready to continue into  $2^{nd}$  year of his apprenticeship.

Lucas gets paid for working in what he loves.

#### ATT: Year IOS WORK EXPERIENCE

Holiday time is a great time to organise your Work Experience week. Make sure you check your **Assessment Handbook** for available dates. You must not organise Work Experience 2 weeks prior to exam weeks, during exam weeks or when you have assessment tasks due (or hand them in early).

Please remember, all year 10 students are expected to go to Work Experience. All details, step by step procedures and documentation needed are on the CANVAS folder, Module 2 (Step-by-step Work Experience Procedures-Please read).

The Defence Force have now re-started their <u>Work Experience program</u>. Please apply ASAP to avoid disappointment. We also have many ideas on Virtual Work Experience (in person is better). Details in Module 2 (Virtual Work Experience). They are all free and can be accessed any time (hint, hint...during the holiday).



Ahmad (11.3) was at Board and Benchtops Castle Hill during his Work Experience from 22 to 26 March.

He had a great time learning new skills like attaching edging to lengths of wood, using the trimming machine, drilling and attaching cabinets to each other, team work and communication.



#### Year 12s: UNIVERSITY APPLICATIONS ARE NOW OPEN

The <u>UAC</u> University applications for 2022 opened on 1 April. Not all courses will be updated yet so, do not panic if you don't see the course that you want to apply for, as universities have until 3 August to list all their courses on UAC. Please familiarise yourselves with the process and all the different schemes you can use to help you enter university.

The School Recommendation Scheme (SRS), Educational Access Scheme (EAS) and/or Equity Scheme (ES), can only be accessed once you have paid for your application through UAC. Please be aware of **key dates**.

#### **Introducing UAC Digital**

<u>Year 12 Conference</u> on Wednesday 21 April where students can hear from participating universities and UAC about study options. Throughout the year there will also be a series of sessions for students focused on popular fields of study like medicine and teaching. The 'Let's Chat' series will bring together academics and students for a conversation about what they can expect from their course and how to submit their application.

#### University of Sydney - <u>Bachelor of Advanced Studies Webinar</u> 21 April - 4:00pm

What is the Bachelor of Advanced Studies? In this webinar we will talk you through the Bachelor of Advanced Studies, the benefits it offers, as well as how this degree will set you apart.

# University of Sydney – <u>Early Offer Year 12 (E12) Scheme</u> 28 April - 4:00pm

This webinar provides an overview of our Early Offer Year 12 (E12) Scheme, eligibility and how to apply.

#### **University of Melbourne Webinar**

#### 27 April

We will be running 13 subject area specific sessions over two weeks.

#### **University of Wollongong Year 10 Information Evening**

#### 3 May - 6:00pm

The Year 10 Subject Selection webinar is for students thinking about studying at university who would like to know more about our degrees and choosing subjects that provide a good foundation for each study area.

#### University of Newcastle- TAFE to Uni Webinar

13 Apr 2021 from 5:00pm - 6:00pm

Are you looking at studying a University degree after completing TAFE? We invite you to join us for our TAFE to university webinar via zoom.



#### **UTS - Ready to choose a university degree?**

#### Monday 12 April - 12:00 - 1:00pm

Figuring out how to transform what you love into a course – and then a career – can be a big ask. In partnership with ATAR Notes, join us at our webinar to hear from a current UTS student about uni life and the courses we have on offer.

#### **ACU - Talk with Business and IT Professionals**

#### 21 April - 6pm

As the world constantly changes and evolves, a career in business or IT offers an exciting future.

#### **ACU - Talk with Lawyers**

#### 22 April - 6pm

Law degrees open the door to a career helping others live in a safe, just and free society. By studying law, you'll gain the skills to make an impact. Register:

#### Westerns' School of Computer, Data & Mathematical Sciences - Webinar Series

Western's School of Computer, Data & Mathematical Sciences (CDMS) invites you to participate in a series of webinars for senior high school students designed to allow students to explore career opportunities in CDMS related careers.

#### **Western Sydney University Campus Tours**

#### 17-28 June and the 18-29 November

You can never truly know if a university is right for you until you visit in person and get a feel for the campus. Campus tours are held every Tuesday afternoon and Saturday morning, and more frequently during school holidays.

#### **Macquarie University Campus Tours**

If you would like more information about Macquarie University and our facilities.

#### **Professional Business Cadetships Australia Companies**

Reminder - Closes 26 May.

What is it like to be a cadet in Business? **Find out about the companies**. Who do they look for? A Business Cadet is an articulate, highly-motivated young person who enjoys working with other people.

#### **Technology Cadetships**

Opens on 6 April

In 2021, UBS will place Technology Cadets in its Group Technology division. Students interested in applying for a Technology Cadetship should be considering studying Computer Science, Advanced Computing, Computer Science or an equivalent degree.

#### **University of Newcastle Ask a Student**

Want to know more about studying with us? Our students can give you their perspective on student life, courses and the exciting opportunities you could experience with us! Chat with our students to find out about student life, studying with us, living on campus or any other questions you may have about going to Uni.

#### **Your guide to Dentistry**

#### **Scholarships for Dentistry**

<u>Australian Dental Association Study Grant information page</u>
<u>National Rural Health Alliance – New South Wales Regional Dentistry Scholarship Grants for Indigenous Dental Students (ADA)</u>

#### **COUniversity Australia Virtual Open Day**

#### 17 April 2021

Join CQ University at the April Virtual Open Day, to discover CQ University's huge range of courses available to study online or on campus.



#### Applying and studying in the UK

What it is like to study in the UK as an international student, and how to apply to a UK university. You have a choice of over 140 universities and other higher education institutions. Each offers a range of tertiary qualifications recognised around the world.

#### **Pree Medicine Webinars for Year 10 & 11 Students**

#### 7 April & 11 April

What exactly makes the medicine/dentistry entry process so challenging? Why do so many brilliant students fail to make the cut every year?

#### **COLLEGES**

#### International College of Management, Sydney (ICMS) - Scholarships and Sponsorships

Each year the International College of Management Sydney provides a comprehensive range of scholarship opportunities for new students, from industry and ICMS sponsored professional scholarships to tuition fee, accommodation and financial hardship scholarships.

#### **AIE Animation Industry Experience Days** - Sydney

#### 7 July or 30 September - Limited places available

AIE's Industry Experience Days are a great opportunity for students in Years 10, 11 and 12 to learn about the local and international game development, 3D animation and visual effects industries. Students will get the opportunity to learn about the different pathways to get into the industry, what should be in a portfolio and will be able to get creative in practical workshops using industry-standard 3D animation and game development tools.

#### **NIDA Holiday Classes**

Stretch your creative muscles with NIDA's holiday short courses. Whether you are a five year old attending your very first drama class or an aspiring artist participating in our summer residency program, there is a NIDA Open experience for everyone at every age or stage.

#### **Australian College of Applied Psychology Information Session**

<u>Coaching 27 April - 6.00pm</u> Learn how to be an extraordinary leader and guide people towards a sustainable future.

**Counselling 27 April - 7.00pm** Improve human connections and help others gain a better sense of self-awareness.

<u>Criminology 28 April - 6.00pm</u> Understand how motivations and actions contribute to criminal behaviour. <u>Psychology 28 April - 7.00pm</u> Delve into the scientific research of human behaviour.

#### **AFTT: High School Outreach Initiative**

<u>Wednesday 7 April</u>: Acting <u>Thursday 8 April</u>: <u>Filmmaking Friday 9 April</u>: Theatre Production Steven from the student admissions team at the Academy of Film, Theatre & Television (AFTT) students are invited to AFTT's upcoming High School workshops for acting, film & theatre production during the April holiday period.

#### IMC Design Panel - Join the 'Designing Better Futures' Series

#### Wednesday 7 April - 4.30pm

'Fork in the Road' panel. Where 2 JMC Design Alumni will give a glimpse of different design careers and what led them to where they are now. Must register.





#### GENERAL

#### Youth Week - Are you up for a challenge?

**16 to 24** April Get fit and raise money to help support the mental health of young people. Raise much needed funds to support PCYC's brand new mental health program!

#### **Sydney Trains Work Experience 2021**

Sydney Trains work experience program aims to give Year 10, 11 and 12 students the opportunity to gain insight and experience into the world of work at Sydney Trains and gain an understanding of possible career options for their future within a dynamic industry setting.

You can spend a week with us and learn about:

- Diesel/Plant mechanics with our Heavy Plant team, which repairs and maintains a large fleet of track maintenance machines
- Our Business Studies program which will provide opportunities to gain experience at our training facility at Petersham in a range of office procedures and tasks

#### Hey! Budding Writers and Journalists Out There! Here is a podcast treasure trove.

Australia's largest celebration of literature, stories and ideas. Bringing together the world's best authors, leading public intellectuals, scientists, journalists and more.

#### **Indigenous Scholarships Portal**

Welcome to the Indigenous Scholarships Portal. Here you will find a list of scholarships available for Aboriginal and/ or Torres Strait Islander students of, or currently studying at, universities, TAFEs or registered training organisations (RTO's). The Indigenous Scholarships Portal is delivered by the <u>Aurora Education Foundation</u>.

https://indigenousscholarships.com.au/

#### **Practice Tests for Cabin Crew Entrance** Used by International Airlines

Are you fully prepared for the cabin crew recruitment process? Luckily, we've sat through many of these online cabin crew exams and know exactly what international airlines are testing candidates on. With that knowledge, we've created a series of bespoke practice tests to help you prepare for the cabin crew application tests.



Mrs C Rumí Badger & Mrs G Hodkínson The Ponds High School Careers Team





# ATARNOTES FREE LECTURES

From 12 April to 17 April 2021 (the second week of the April school holidays), ATAR Notes is running free live-streamed study lectures for students!

There are dozens of lecture subjects (Year 10 - Year 12) delivered by high-achieving graduates.

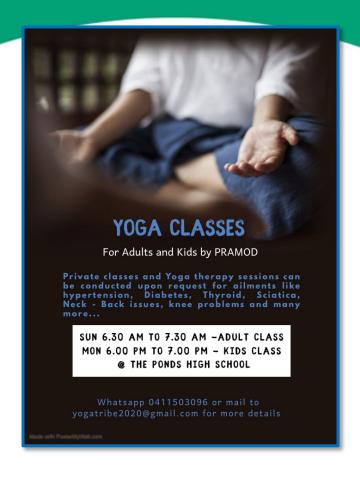
Students can enrol for as many lecture subjects as they like, but must register in order to gain access to the live lecture stream.

# Register here:

https://atarnoteslectures.com/nsw/registration









he Ponds

HIGH SCHOOL



# PROFESSIONAL INSTRUCTORS

### **PROVEN RESULTS**

We are proud of our students achieving TOP SCORES in Selective High Exams & OC Placement Tests & HSC Exams

### **CONVENIENT LOCATION**

Drop off & Pick up at school carpark

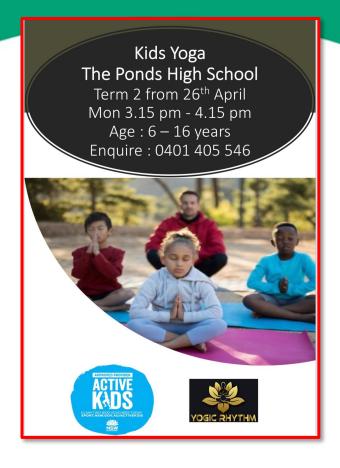
# THE PONDS BRANCH

The Ponds High School
180 Riverbank Drive, The Ponds
NSW 2769
(Entrance from Riverbank Drive)

Email contact@northshore-theponds.com.au www.northshore-theponds.com.au

CALL US NOW: 0481 308 999





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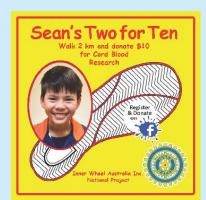
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**COME JOIN US** 

# WALK FOR CORD BLOOD RESEARCH



WHEN: Sunday 18th April 2021

WHERE: Francis Green-Blacktown Showground Precinct

Any time between 9am and 2pm

WHAT IS IT: A simple 2 km walk to save a life

REGISTER: Register and pay on the day

OR: Google search

"Inner Wheel Australia National Project"

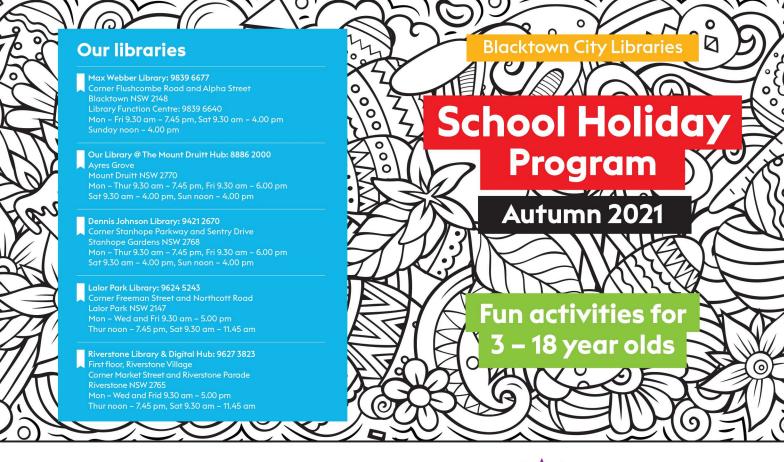
follow the prompt, complete the registration form - donate

WHY: To raise funds for Cord Blood Research

www.innerwheelaustralia.org.au/national-project



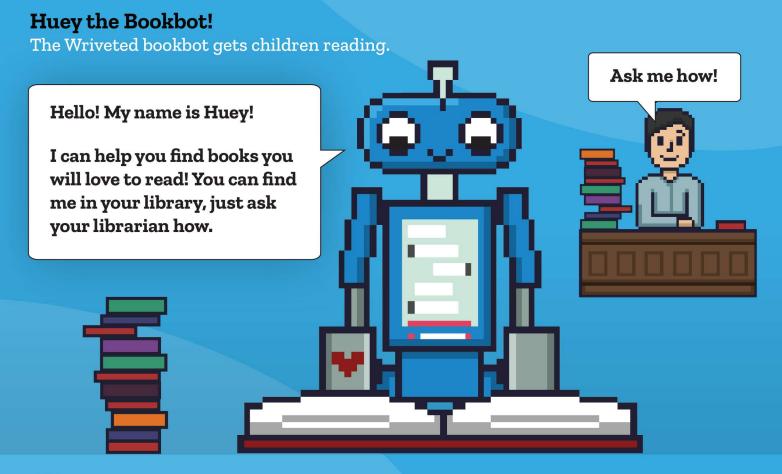






www.libraries.blacktown.nsw.gov.au







# Stories Craft Sessions

Join in all the fun of storytime and craft! This is a fun way to develop your child's love of books and stories, their manual dexterity and social skills.



Tickets are required to attend. Purchase your tickets at: blacktown.nsw.gov.au/libraryevents

Venue	Date	Time
Max Webber Library	Thursday 8 April	10 am – 11 am
	Friday 9 April	10 am – 11 am
	Thursday 15 April	10 am – 11 am
	Friday 16 April	10 am – 11 am
Our Library @ The Mount Druitt Hub	Wednesday 7 April	10.30 am – 11.00 am
	Monday 12 April	10.30 am – 11.30 am
	Wednesday 14 April	10.30 am – 11.30 am
Dennis Johnson Library, Stanhope Gardens	Wednesday 7 April	10.30 am – 11.30 am
	Friday 9 April	10.30 am – 11.30 am
	Wednesday 14 April	10.30 am – 11.30 am
	Friday 16 April	10.30 am – 11.30 am
Lalor Park Library	Tuesday 6 April	10.30 am – 11.30 am
	Tuesday 13 April	10.30 am – 11.30 am
Riverstone Library & Digital Hub	Wednesday 7 April	10.30 am – 11.30 am
	Wednesday 14 April	10.30 am – 11.30 am

#### Teens 13 – 18 years

#### Minute to win it games

Max Webber Library, Blacktown Wednesday 7 April 2.00 pm - 3.30 pm

Cost: Free

Beat the clock with some challenging games and test your skills. Tickets required.

#### Youth Week: Table Tennis **Tournament**

Max Webber Library, Blacktown Thursday 15 April

2 pm - 4 pm

Cost: \$5.00

Challenge your friends to win the trophy and title of 'Champion of Blacktown Table Tennis'!

Tickets required.

#### **Bohemian recycled** windchimes

Max Webber Library, Blacktown

Tuesday 13 April 2 pm - 4 pm

Cost: \$5.00

Design our own unique windchimes, a perfect gift for Mother's Day! Tickets required.



#### DIY skin tips for girls and guys

Our Library @ The Mount Druitt Hub Thursday 8 April 2.00 pm - 3.30 pm

Cost: \$5.00

Spend an afternoon with Amy and learn how to make skin care products, a great gift for Mother's Day! Tickets required.

Purchase your tickets at: blacktown.nsw.gov.au/libraryevents

**Blacktown City Libraries** 



# **COMPETITION 2021**

#### How to enter:

Visit any of Blacktown City Libraries and take a selfie with an item from the list:

- dinosaurs on the front cover in the children's area.
- Harry Potter: Chamber of Secrets.
- A book from the community language section.
- find in the Library.
- Outside your favourite Library.
- The largest book you can find
- · At the What's New desk at Stanhope Gardens.
- At a self-check out at any library.
- With a Librarian.
- The strangest thing you see in the Library.

amy.roche@blacktown.nsw.gov.au or barbara.hillman@blacktown.nsw.gov.au.

Good luck!

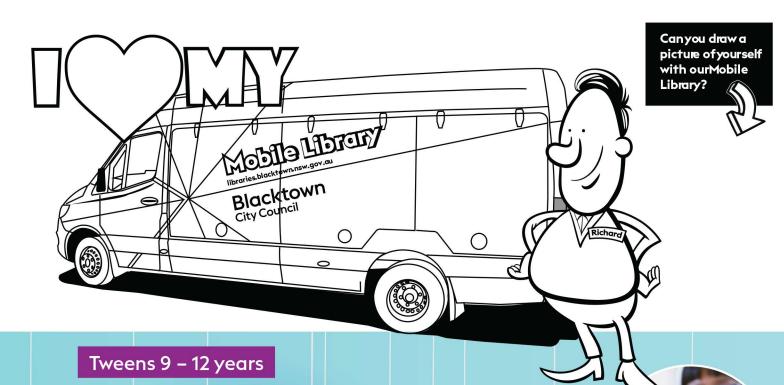


#### Terms and conditions

- Only one entry per person.
   Entrant must be in the selfie
- **4.** Winner will be announced 24/05/2021 and will be
- 5. Your entry may be used for Blacktown City Libraries









Our Library @ The Mount Druitt Hub Tuesday 6 April 2.00 pm – 3.30 pm

Get creative with dot painting using different colours on a mask you can wear. Tickets required.

#### Colourful woven placemats

Dennis Johnson Library, Stanhope Gardens Wednesday 7 April 10.30 am – 11.30 am

Learn classic weaving techniques with coloured paper to make a stylish placemat. Tickets required.

#### Minute to win it games

Max Webber Library, Blacktown Wednesday 7 April 2.00 pm – 3.30 pm

Have you ever tried to beat the clock with some of the most challenging games, come along and test your skills. Tickets required.

#### Origami mobile

Dennis Johnson Library, Stanhope Gardens Monday 12 April 10.30 am – 11.30 am

Fold 3D shapes out of paper to design your very own mobile to hang. Tickets required.

#### Decorate a gift box

Max Webber Library, Blacktown Wednesday 14 April 2.00 pm – 3.30 pm

Paint and decorate with jewels and stickers a gift or jewellery box. Tickets required.

#### Weaving with wool

Our Library @ The Mount Druitt Hub Thursday 15 April 2.00 pm – 3.30 pm

Get creative by using wool to make colourful weaving patterns and designs. Tickets required.

# HIGH STREET YOUTH HEALTH SERVICE & WESTERN AREA ADOLESCENT TEAM

# FREE HEALTH EDUCATION WORKSHOPS FOR YOUNG PEOPLE

sexual health / mental health / personal care alcohol & other drugs / healthy relationships

OUR COMMUNITY ACCESS TEAM CAN HELP YOU CHOOSE THE BEST WORKSHOP FOR YOUR YOUNG PEOPLE

Youth Health



CALL FOR INFO OR BOOKINGS: HSYHS - 8860 2500 / WAAT - 9881 1230

# YOUTH HEALTH GROUPS AND THEIR LEARNING OUTCOMES

### Sexual Health\*

DEVELOP KNOWLEDGE OF SEXUAL HEALTH, STI TRANSMISSION, CONSENT AND CONTRACEPTION INCREASE UNDERSTANDING OF HOW TO KEEP SAFE IF THEY CHOOSE TO ENGAGE IN SEXUAL PRACTICES CLARIFY AND PROMOTE THE IMPORTANCE OF SEXUAL HEALTH CHECK-UP AND REGULAR TESTING INCREASE KNOWLEDGE OF LOCAL SERVICES AND RESOURCES

### Mental Wellness

INCREASE UNDERSTANDING OF THE CONNECTION BETWEEN BODY AND MIND IMPROVE AWARENESS OF SIGNS AND SYMPTOMS OF MENTAL HEALTH CHANGES IDENTIFY POSITIVE STRATEGIES TO SELF CARE TO IMPROVE PHYSICAL AND MENTAL WELL BEING INCREASE ABILITY TO SEEK APPROPRIATE AND TIMELY SUPPORT INCREASE KNOWLEDGE OF LOCAL SERVICES AND RESOURCES

#### Personal Care\*

INCREASE UNDERSTANDING OF "PERSONAL CARE" AND HYGIENE PRACTICES NORMALISING CHANGES THROUGH PUBERTY AND HOW THEY RELATE TO PERSONAL CARE AND HYGIENE INCREASE KNOWLEDGE AND UNDERSTANDING OF PERSONAL CARE AND ITS RELATION TO HEALTH PROVIDE TIPS ON PERSONAL CARE, HYGIENE AND PUBERTY CONCERNS

# **Alcohol and Other Drugs**

INCREASE KNOWLEDGE OF RISKS ASSOCIATED WITH AOD USE INCREASE ABILITY TO MAKE INFORMED DECISIONS INCLUDING NON-USE AS A VALID OPTION INCREASE UNDERSTANDING OF HOW TO KEEP SAFE IF THEY CHOOSE TO USE SUBSTANCES INCREASE KNOWLEDGE OF LOCAL SERVICES AND RESOURCES

# Healthy Relationships\*

IDENTIFY TYPES OF RELATIONSHIPS AND ENCOURAGE POSITIVE RELATIONSHIPS IDENTIFY THE SIGNS OF HEALTHY AND UNHEALTHY RELATIONSHIPS IMPROAVE UNDERSTANDING OF GOOD COMMUNICATION STYLES AND INTERPERSONAL SKILLS INCREASE KNOWLEDGE OF LOCAL SERVICES AND RESOURCES

### Youth Access to Services

INCREASE KNOWLEDGE OF LOCAL SERVICES. REFERRAL PATHWAYS AND RESOURCES PROMOTE AND ENCOURAGE INDEPENDENT HELP SEEKING SKILLS PROVIDE INFO ON A RANGE OF HEALTH TOPICS

