



## DEPUTY PRINCIPAL'S REPORT



### NAPLAN

Over the past week, Year 7 and Year 9 students have been sitting National Assessment Program - Literacy and Numeracy examinations. The results of NAPLAN can provide valuable information about student capabilities and areas for our focus as a school in reading, writing, language conventions and numeracy. This data can be used in conjunction with school-based assessment to inform adjustments to teaching and learning strategies that aim to support student growth and attainment. Overall, the students were well prepared for NAPLAN examinations with their laptops, earphones and a focused effort. Well done!

Thank you to the staff who administered these examinations, including our teaching and technology support staff, who ensured that devices were ready and provided on-the-spot trouble shooting throughout the week. We look forward to analysing these results as they become available from ACARA in the coming months.

### PARENT TEACHER EVENING

Term 1 Week 10, Tuesday 4 April, will see face to face Parent/Teacher Interviews return to TPHS for Year 7 and Year 12. If you have a child/ren in year 7 and/or Year 12, please log into the Sentral Parent Portal to book interview times with their classroom teachers. Please be aware that limited interview places are available. Year 7 Interim Reports will be available via the Sentral Parent Portal prior to the evening to provide parents with a brief overview of the effort and achievement that their child has demonstrated at high school over the past weeks. It will be a valuable opportunity to build on the positive partnerships between staff, students and parents that enable our students to achieve their goals and we look forward to seeing you there.

## YEAR 11 INTERIM REPORTS

Year 11 Interim Reports are now available in the Sentral Parent Portal. These reports provide a snapshot of our students' application, achievement, and attendance in courses to date. This information can assist students, parents, and our Stage 6 Team to work together to develop appropriate plans for our students to attain their goals both in school and beyond. Please contact the classroom teacher of your child's subject or the Stage 6 Head Teacher if the Year 11 Interim Report raises concerns about your child's progress.

## SPORTING ACHIEVEMENTS

Our dedicated Personal Development Health and Physical Education Team have had an incredibly busy start to the year. Following a highly successful TPHS Swimming Carnival in February, we had many swimmers who qualified for and competed in the Zone Swimming Carnival last Monday 13 March. TPHS were overall zone carnival winners, with three of our students achieving Zone Age Champion. Congratulations to Levi R (12 Boys), Jacob W (14 boys) and Elijah W (16 boys). An excellent achievement from all involved.

Our students have many other sporting opportunities which allow them to participate in their chosen sport and contribute to teams at TPHS. PDHPE staff and sport coaches have been diligently selecting, training and organising many opportunities and below are some of the experiences and highlights of our sporting teams so far this year:

- Zone Swimming – TPHS 1st in Carnival + 3 Zone Age Champions
- Boys Knock Out (KO) Volleyball - won
- Girls KO cricket – won both rounds so far
- Boys KO cricket - won
- Boys KO basketball – won
- Girls KO softball – won
- Girls KO soccer – won
- Boys KO touch – won
- Macquarie Cup Girls Basketball Gala Day – 2nd
- Macquarie Cup Boys Basketball Gala Day – 1st
- Macquarie Cup Girls Soccer – 1st
- Macquarie Cup Boys Soccer – 1st
- Boys Water Polo – 2nd at gala day
- Macquarie Cup Girls Netball - 1st

Congratulations to all coaches and players on your achievements to date and your commitment to your team. We will wait in eager anticipation for the next round of results.

## PLAYGROUND EXPECTATIONS

Our 5 P values: Polite, Productive, Positive, Prepared and Prompt should be demonstrated through behaviour in the classroom and playground. Our playground is shared by many students, and it can be a busy and vibrant space. We would like to remind our students that following our 5Ps can assist with managing their experiences on the playground, maintaining polite and positive interactions with other students. There are always staff on playground duty, available and highly visible in coloured vests, to support students with issues that arise that are beyond their skill set to manage. Please encourage your child to seek the advice of a teacher if they are in a situation that is impacting their sense of fun in the playground or belonging at school.



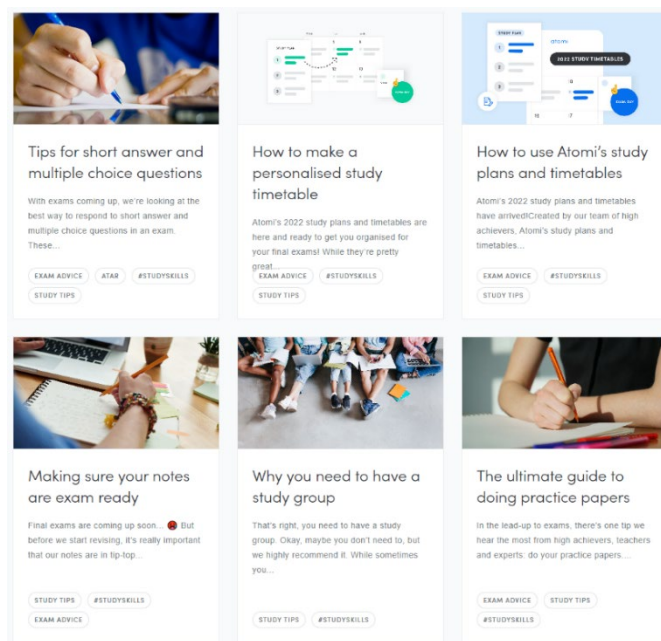
## ATOMI

This year, TPHS has signed up for Atomi, an online video and practice exam platform designed to support student learning. This platform covers a wide range of subjects from Year 7 through to Year 12. Students are automatically assigned to their classes within the platform. Once logged in, students have access to short videos aligned to NSW syllabi, quizzes and practice exams.

Atomi also has a series of wellbeing and study videos to support students. There is also a blog which contains useful tips and tricks on topics such as;

- Tips for short answer and multiple-choice questions
- What to do in the lead up to exams
- What not to do in the week before exams
- Tips from students who topped the state in the HSC

Every student at TPHS should have access to Atomi. If they haven't activated their account yet, they should go to their school email and search for "Atomi"; there should be an invitation to accept access to Atomi. If there are any issues, students can see the IT staff or Mr Laird to gain access.



## CAREERS

Our Careers Team are highly dedicated to supporting our students with their specific career goals. Their door is always open and often there is a queue of students awaiting their valuable insight into education and work options. Ms Hodgkinson and Ms Rumi Badger's insight was shared at the P & C Meeting this week and the feedback highlighted that parents would like increased access to Careers Information. Some of the key points from the P & C Presentation included:

- Parent Employer Database for Work Experience
- **Year 12 Post HSC Information Evening.** Save the date: **Tuesday 9 May** 6pm-7pm in the Hall.
- **Year 12, 2022 Destination Survey** on now. Please encourage students to complete the Google form. Email has been sent to student personal email accounts.
- PACTS (Parents As Career Transition Support) – information for parents/carers of Year 10: **Thursday 1 June** in the Library. 9am-11:30am (Max 30 adults).

To access up-to-date information from the Careers Team, please refer to:

[TPHS Careers Website](#)

[TPHS Careers Facebook Page](#)



*Mrs R Jack*  
Deputy Principal





# NOTE TO PARENTS

## LOST PROPERTY

Dear Parent/Carers,

We have a lot of items in our lost property box:

Glasses

School hats

Sports jackets

Sports bags with sports uniform and shoes

Pencil cases

Drink bottles

Plastic containers

Shoes

Umbrellas

Keys

Watches



**Please ensure your children's belongings have a label with their name clearly displayed and write their name in the plastic containers and bottles so we can return items to your child.**

If your child has lost an item, please ask him/her to ask at the Students Window in the Front Office.

**If you recognise any of these items, please have your child come to the student window to collect them before the end of term.**

**Items not collected will be disposed of at end of term.**



# IMPORTANT

## DATES

2023

TERM 1

**Week 9**

**Monday 27 March**

Mock Trial Round One

Cross Country Carnival

**Tuesday 28 March**

Year 12 English Advanced – Richard III Performance

The Ponds School – Bocce Tournament

Year 11 PDHPE AT1 – In class task (Gym)

Year 7, 2024 HPGE Information Session (Gym)

**Wednesday 29 March**

Year 12 TAS IN TECH/Shape Expo

**Thursday 30 March**

Stage 5 & 6 Minimum Standards Testing (Gym)

Child Studies 1 Playground and Riverbank visits  
2023

Hornsby Girls Prefect Afternoon Tea

Creative Writers Guild

**Friday 31 March**

NRL Rugby League & League Tag Referee Program

CAIT Team Rocket Day

Farewell Lunch/Ceremony for Japanese students

Year 12 HSC Economics In-class Topic Test

**Week 10**

**Monday 3 April**

Senior Dance Company Choreography Incursion

NRL PSSA Rugby League & League Tag Referee

Course & Training

Year 11 Biology Assessment Task

**Tuesday 4 April**

Sydney West Swimming Carnival

Macquarie Cup Touch

The Ponds School Easter Fun Day

Year 11 Mathematics Extension 1: AT1 (In-class  
Test)

Year 7 & 12 Parent/Teacher interviews 3.30 –  
7.30pm (face to face) (Gym)

**Wednesday 5 April**

Australian Defence Force Open Day

Year 11 Legal Studies Parramatta Court Excursion

**Thursday 6 April**

Anzac Day Assembly (Gym)

Creative Writers Guild

Last Day of Term 1

**Friday 7 April**

Good Friday



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## TPHS Open Girls Cricket

The Ponds High School's Open Girls Cricket Team played against Auburn Girls High School at Auburn Park on Monday, March 13. Heavy rain delayed the start of play. The Ponds won the toss and elected to bowl. We bowled Auburn Girls out for 26 runs. Vrusti V (11.12) was the pick of our bowlers, taking three wickets in the first over.

Prarthana U (8.14) and Sulabha T (8.6) opened the innings and safely passed the total without losing a wicket.

The Ponds now move on to the Semi-Finals of the Sydney West competition. We will play either Blaxland or Northmead Creative and Performing Arts High School.

*Mr C Burns*

Cricket coach



## Sydney West Basketball

Congratulations to our Open Boys Basketball team for defeating Northmead High (67-41) and progressing to the third round of the Sydney West Basketball competition. The game was back and forth during the first half as both teams looked to find their rhythm. We would eventually go on a match winning run, courtesy of some scrappy defence and team first offense.

Ethan M (12.6) and Kael S (11.11) both played outstanding games and were instrumental in leading us to victory as our top scorers. Joshua M (9.8) also starred on debut with multiple steals and assists to go along with 10 points.

Big thanks to Ms. Claus & Mr. Burns who helped with refereeing and scoring on the day.

*Mr B Fuoco*

Basketball coach



## Boys Opens Volleyball

Well done to the boys Opens Volleyball Team who won their round two match against Glenmore Park High School. After a rough start and losing the first set, the boys went on to win the next three in dominate fashion. The boys have been working really hard throughout the term, getting to school for training at 7 in the morning at least 1 – 2 times a week. The boys now progress to round three against Castle Hill.





*Mr A Dowd*  
Volleyball coach

## OPEN GIRLS' KNOCKOUT SOFTBALL

On Wednesday, 15 March, our TPHS Girls Softball team competed in Round 2 of the competition. We played Rooty Hill High School. The first innings was close as our girls settled into the game, and we were leading 2-1. We broke away in the second innings and finished the game winning 11-1, despite the very hot conditions. This team has been very successful over the past few years and we are hoping to make it to state again in 2023. We will need to make it safely through Round 3 first.



Thank you to our parent community for helping with venue bookings, equipment, scoring and umpiring.

*Ms O Nicholls*  
Softball coach





## Macquarie Cup Netball 2023

On Friday 17 March, the girls Opens Netball team ventured out to Hawkesbury Stadium to compete in the Macquarie Cup.

Unfortunately, we only had 8 girls attend due to last minute illness and injury which made things a little difficult when you are about to play eight games in 40-degree heat. This did not deter the team! The girls worked so hard throughout the day and left nothing in the tank. Many of the girls played out of position throughout the day to help their team out.

As a result of their dedication, the team walked away as undefeated CHAMPIONS! Such a deserving result after a big day.

Game results include:

Rouse Hill: 26-16  
Windsor: 17-15  
Colo: 16-14  
Richmond: 12-10  
Crestwood: 21-15  
Hawkesbury: 20-15  
Kellyville: 18-13  
Glenwood: 25-18

Based on their performances throughout the day, the following students were asked to trial for the Macquarie Zone opens netball team- Ava (Year 9), Ella (Year 12) and Emily (Year 12). Congratulations to Emily, who was successful in making the team. She will compete in the Sydney West Netball Championships on Friday 31 March. Good luck, Emily!

Thank you to Addison (Year 10) for umpiring on the day and to all the parents/grandparents who helped with transport and for supporting the team on the day!

Great effort, girls!

*Mrs A Dawson*

Netball coach





# Science at TPHS

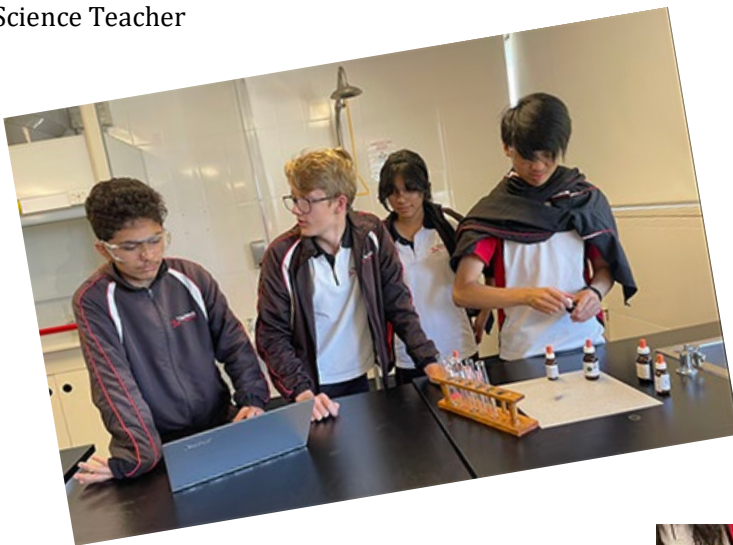
Stage 5 Science has blasted off for 2023! Students have been looking at a range of topics including energy, atoms, electricity, and chemical reactions. This has involved students creating their models, testing chemical reactions, and applying real-world concepts through electrical circuits and equipment. Students have spent many lessons in the labs where they have applied their practical skills and worked successfully in groups.

Both year groups have also completed their first assessment tasks for the semester. Year 10 students tapped into their creative and analytical minds, designing, and conducting their own experiments at home. Year 9 students demonstrated scientific skills through analysing data, drawing circuits, and producing graphs.

Year 10 will be heading into their physics topic next, 'On the move', where they will look at objects in motion and Newton's three laws. Both topics so far have given students a taster for what they can expect in Senior Chemistry and Physics. Year 9 will look at the structure and movement of the tectonic plates on earth, as well as the effect of both earthquakes and volcanoes.

Students can be seen here in the modelling electron arrangement and testing for chemical change in the images (Year 10).

*Mr A Cefai*  
Science Teacher



**The Ponds**  
HIGH SCHOOL





# Pulse Alive 2023

The Ponds High School had 96 dancers represent us at Pulse Alive on Friday, 10 March. Pulse Alive is a large-scale event, providing high-quality opportunities in the performing arts for students and teachers from NSW public schools in Greater Sydney and beyond. It provides performance opportunities for students of all abilities from Kindergarten to Year 12. This year, Pulse Alive was held at Ken Rosewall Arena, Sydney Olympic Park.

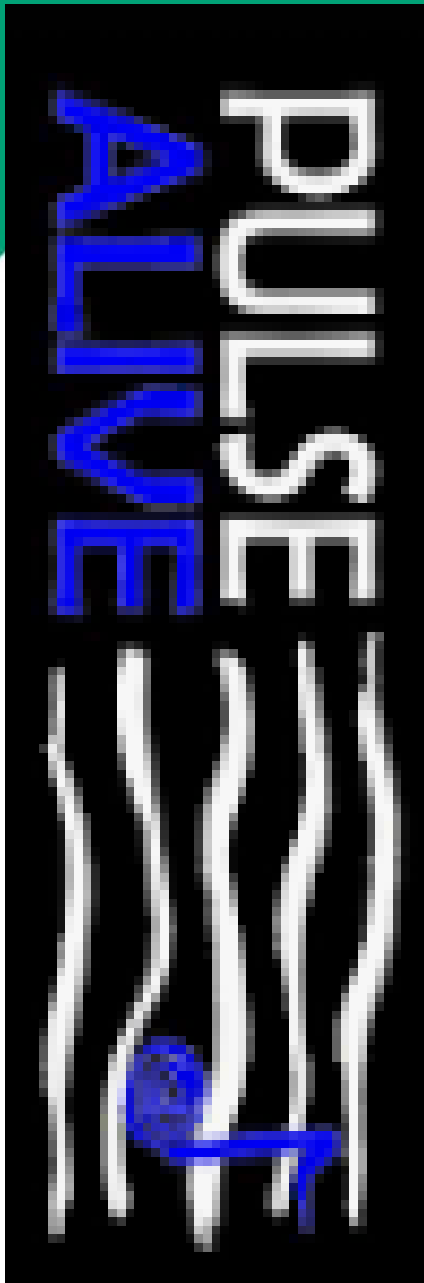
Our school had the largest group of participating students in the 2023 show and the TPHS dancers worked so hard throughout all the rehearsals and performances. We had 2 separate teams who performed 'Madhouse/Fly Away' (Blue) and 'Youngblood' (Yellow) alongside many other high schools. There were a few local schools in our segment, including Kellyville High School, Plumpton High School, Rooty Hill High School, and Rouse Hill High School.

Congratulations to all of the dancers involved in this event and all of the teachers who assisted in making this excursion possible.

*Ms K Duynhoven*  
CAPA Dance Teacher









# Advanced Visual Arts Excursion

On Monday 13 March, our Year 10 Advanced Visual Arts class embarked on a trip to the Art Gallery of NSW. The purpose of our excursion was to participate in a workshop related to the sculptures in the entrance courtyard of the new North Building and view Art Express, an exhibition of selected Visual Arts HSC works from the 2022 HSC.

On arrival, we were greeted by two gallery educators, who introduced our group to the sculptures, *Here Comes Everybody*, by Francis Upritchard. These towering humanoid sculptures are entwined with the architecture. They reflect the concept of the art gallery as attracting and welcoming all, as well as the physical environment of the twisting limbs and roots of the surrounding Moreton Bay Figs. We were encouraged to explore the texture, colour, and figurative qualities of the forms before heading inside the new building to the workshop space. The new gallery space is awe-inspiring – expansive, light filled and encompassing incredible views across Woolloomooloo and Sydney Harbour. It was challenging to focus on the art at times!

The art workshop was specifically related to Francis Upritchard's practice. The students were able to view, touch and smell the materials that Upritchard used in the multi-faceted development of her magnificent sculptures. Students were encouraged to work collaboratively with a team, drawing on the strengths of each participant, to design their own creature and then create it using clay. The teamwork was inspiring to observe, and the students designed and constructed fascinating and well-refined pieces in a very short period of time.

After a brief lunch outside the Art Gallery, we entered the older South Building for Art Express. Students were able to view examples of each of the expressive forms that can be created for the Visual Arts HSC. There was many conversations and awe, as our students explored the variety of concepts and materials that Year 12 students employed to create some sophisticated and interesting artworks.

**One student's perspective on the day is:** I found the practical part of the workshop one of the best parts of the excursion. It was much different compared to any other excursion I have been on. I also found the part where we looked around HSC fun, as we were able to take in each artwork at our own pace. Shania P.

The day sparked many mature conversations and has opened the door to more opportunities for our class to explore the wonderful world of art as this course progresses.







*Mrs R Jack*  
Deputy Principal



## School Bytes Finance Module

We are excited to announce our transition to the School Bytes Finance Module. All statements of accounts have now been sent to parents.

### Parent Portal

Parents/Caregivers are able to register for access to the Parent Portal via this link:

<https://portal.schoolbytes.education/auth/login>

Any payment links that you have previously received from School Bytes, can still be used. However, when you click the link, you will automatically be redirected to the new payment system to either log in or create a new account.

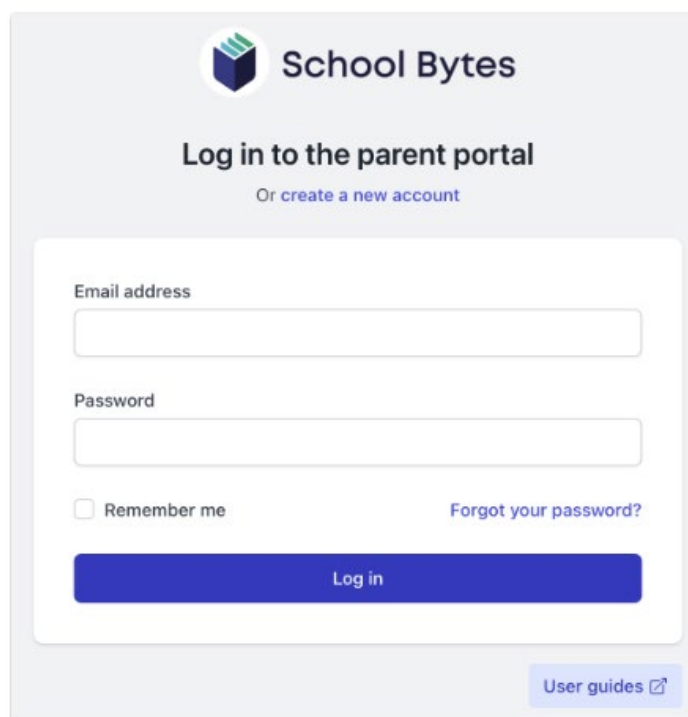
Once you have created your account, log into the School Bytes parent portal. You can now link your account to all students in schools that use the School Bytes platform.

When linking a student, the system automatically matches the data you provided with the stored details on the student's school profile. **Please ensure you create your account using the email you have provided to the school.**

If all student information matches with parent information according to the student's official enrolment stored at The Ponds High School, the system will add the student to the parent account automatically.

**Please note:** all emails sent to parents/carers through the School Bytes module, will be sent from the following email address: [noreply@mail.schoolbytes.education](mailto:noreply@mail.schoolbytes.education)

It is important that you are receiving the above email address correctly as all excursion permission notes and payments will be sent to you from this email address and not from the school email.



## Elective Course Fees due

(Years 9, 10, 11 & 12)

(e.g. Visual Arts, Food Technology, IT Wood/Metal, IST / STEM etc)

Course Fees are charged for Stage 4 and Stage 5 Elective Courses that require the purchase of materials, equipment, and booklets for practical activities to meet program objectives.

Parents sign a confirmation that they are aware of and agree to pay applicable course fees. The Ponds High School is committed to providing alternate electives with no associated cost or financial plans to support students to access all curriculum.

These fees have been invoiced and are listed on your financial statement emailed earlier this term. Your prompt payment would be greatly appreciated.



## The Ponds High School Second-Hand Uniforms

We would like to inform you that The Ponds High School Second-Hand Uniforms is now sold on school premises replacing the current Facebook page. The stall will operate 2 days per week on Wednesday and Friday, between 8:00am – 8:30am. Please come in and have a look at the second-hand clothing items that are available. You will be greeted by Lisa who will be able to assist you with a large range of good quality uniform items in a variety of sizes. Payments can be made via Cash or EFT.



**For Youth Homelessness Matters Day & Youth Week**

# Outdoor Cinema + Youth Festival

**Tuesday 18th April**  
**1pm - 4pm**  
 @Castle Hill Showground  
 Aub Juleff Arena, Castle Hill  
 For 12 - 25yr olds

**Register now**



**All Free**  
 Food truck. Drinks. Outdoor gym.  
 Popcorn. Ice cream truck.  
 Airbrush Tattoos.  
 & more.

Hosted by:

Supported by:






**Tuesday**  
**18th April**  
 @Castle Hill  
 Showground  
 1pm - 4pm  
**All Free**



For more info contact: 1300 889 855  
 / youthrez@saintscare.org.au





# SPORT

## Cross Country Carnival 2023



**Peel Reserve, The Ponds  
Monday 27th March 2023**

**Wear Sports Uniform  
(All day) & House Bandana**

*Activities during the day –*

**3km Cross Country Race  
Qualifiers for High Jump and Long Jump  
Novelty Events**

**RUN HAPPY  
RUN GRUMPY  
RUN SPEEDY  
RUN SLOW  
RUN A LITTLE  
RUN A LOT**

**JUST RUN**



  
**KEEP  
CALM  
AND  
RUN  
HAPPY**





## Personal Development, Health, and Physical Education information for parents

Dear parents and caregivers,

This year, students in Year 7-10 will be involved in the mandatory subject Personal Development, Health, and Physical Education (PDHPE). This subject prepares and supports students to lead, and contribute to, healthy, safe, and meaningful lives which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

Our school's PDHPE program covers a wide range of education matter, including relationships, drug use, sexuality and sexual health, body image, mental health and wellbeing, protective strategies, movement skills and performance, safety, and physical activity. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program and by providing information to you about the program.

The school program will be implemented in a manner that supports the role of parents and caregivers and reflects the ethos of the school community.

For more information on PDHPE go to the [NESA website](#).

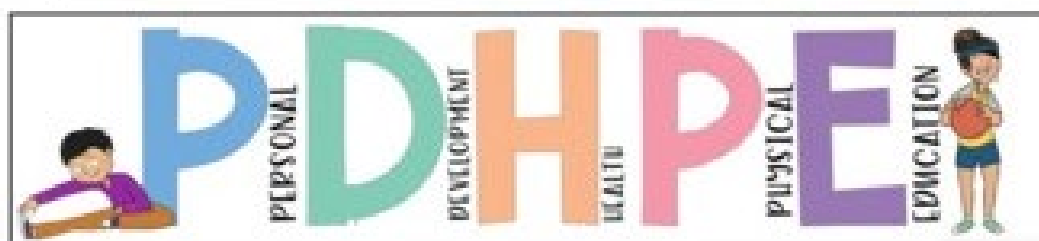
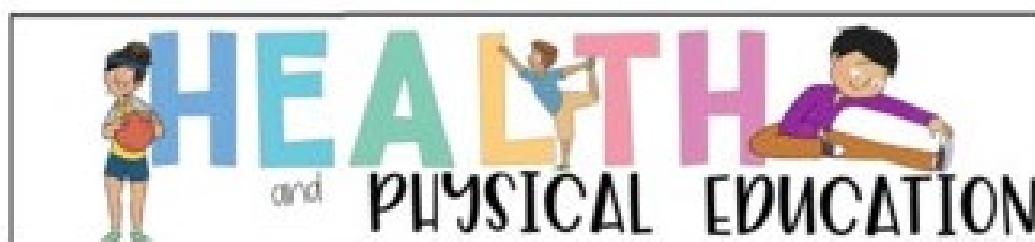
Some of the specific content which will be covered in PDHPE includes:

Stage 4	Stage 5
<ul style="list-style-type: none"> <li>• Self-identity</li> <li>• Physical, social, and emotional changes during adolescence</li> <li>• Grief and loss</li> <li>• Communication, connections and seeking help</li> <li>• Caring and respectful relationships</li> <li>• Abuse and power</li> <li>• Bullying and harassment</li> <li>• Protective strategies and responding to risk</li> <li>• Mental health and positive attitudes</li> <li>• Healthy food habits and the relationship between diet, physical activity, and health</li> <li>• Drug use, including medications, tobacco, alcohol, and cannabis.</li> </ul>	<ul style="list-style-type: none"> <li>• Supporting yourself and others</li> <li>• Valuing diversity and difference</li> <li>• Developing equal and respectful relationships</li> <li>• Recognising and responding to abusive situations</li> <li>• Discrimination, harassment, and vilification</li> <li>• Grief and loss</li> <li>• Communication, connections and seeking help.</li> <li>• Healthy food habits and eating disorders</li> <li>• Drug use including illicit drug and the consequences of drug use on the individual and others</li> <li>• Sexual health including the evaluation of safe sexual health practices, contraception and sexual behaviours, rights and responsibilities in sexual relationships, sexuality transmitted infections</li> </ul>

Stage 4	Stage 5
<ul style="list-style-type: none"> <li>• Road safety, protective behaviours, and equipment</li> <li>• Risk and strategies to minimise harm</li> <li>• Personal safety, first aid and accessing health information and services</li> <li>• Movement skill and performance</li> </ul>	<ul style="list-style-type: none"> <li>• Sexual choices and their consequences</li> <li>• Planning and managing sexual health including reproductive and sexual health checks</li> <li>• Road's safety, including responsible driver and passenger behaviour</li> <li>• Consequences of unsafe road use and the causes of road crashes</li> <li>• Influences on health decision-making and risk behaviours</li> <li>• Accessing services including getting your own Medicare card</li> </ul>

PDHPE theory content will be delivered 3 periods (2 periods for Year 7) per fortnight throughout the course of the year.

If you would like more information, please contact Ms Nicholls on telephone (02) 9626 3562 at the school.





# WELCOME TO CAREERS

**save the date:** Year 12 Post HSC student/parent information evening Tue 9 May, 6-7pm in the hall. Topics include UAC-How to apply to Uni, Entry schemes (EAS & SRS). TAFE, Private colleges. There will also be market stalls from different providers.

The TPHS Careers Team have a dedicated [Careers Website](#) and [Facebook](#) page (linked to the Website) packed with information for everyone.

We are compiling a database of Parents' Employer Details so that we can assist Year 10 students searching for Work Experience. Could you please complete the [Google Form](#) ASAP so we can increase the possibility of our students getting the best Real Work Experience.

We're also currently completing the School Annual Report and need your help, could you please pass this information on to any [Year 12, 2022](#) cohort parents or students.

## University - Institutes

### [Western Sydney's New Bachelor of Tourism and Event Management](#)

Western Sydney University's School of Social Science has a brand-new degree, Bachelor of Tourism and Event Management. The degree, designed with industry, prepares graduates for professional roles in tourism, events, and the visitor economy.

### [Your HSC subjects and our majors](#)

What's the difference between a major and a minor? Unsure how your HSC subjects connect to Arts and Social Sciences subjects? Use this handy page as a guide in deciding what to study at University.

### [The difference between Arts and Social Sciences majors](#)

Wondered what the difference is between Commerce and Economics? Social Work and Sociology? Media and Communications and Digital Cultures? Find the answers to some of the most commonly asked questions about our majors here.

### [International Science School 2023 – it's back, live and in-person!](#) This counts as Work Experience

Applications close 6 April, ISS2023 will run from 2-15 July. The fully residential International Science School returns to the University of Sydney in, July 2023. Join top science students from Australia and around the world for two weeks of inspiring talks by world-renowned scientists, amazing visits to cutting-edge research facilities, loads of hands-on experiments and activities, and a packed program of social events. It's going to be fantastic.

### [UTS WiEIT STEM x Holiday Workshops](#) This counts as Work Experience

11-12 April. Our holiday workshops for girls aged 10-16 provide the opportunity to solve real-world problems using engineering and technology with other girls and women just like you.

### [UTS Introduction to Information Technology](#) This counts as Work Experience

26 April on Zoom. Gain an insight into what IT is all about and find out if it's right for you. Hear from key academics about what it's like to study engineering and IT at UTS and how best to prepare. There will also be Q&A sessions where you can have your questions answered live.

### [UTS Introduction to Engineering](#) This counts as Work Experience

27 April on Zoom. Gain an insight into what Engineering is all about and find out if it's right for you. Hear from key academics about what it's like to study engineering at UTS and how best to prepare. There will also be Q&A sessions where you can have your questions answered live.



### [ANU Tuckwell Scholarship](#)

Applications Close 12 April. You Must submit an ANU Direct Application by 3 April. One of the most prestigious scholarships in Australia. The program has a focus on giving back to Australia and is the only one of its kind that nurtures Scholars to fulfil their broader community ambitions over and above the pursuit of an undergraduate degree.

### [Students - Register Your Interest with ACU](#)

Are you considering ACU? We encourage your students to stay up-to-date with important dates, events and information.

### [CSU 2023 Medicine Information Night](#)

29 March CSU invites you to their online medicine information night to discover everything you need to know about our five-year undergraduate entry degree – the Doctor of Medicine

### [Southern Cross University Virtual Campus Tours](#)

Our campus tours allow you to experience university life from labs to equipment, gym, bookshop, cafes, lecture halls and on-campus accommodation.

### [University of Canberra Alternative Entry](#)

UC offers a number of entry initiatives that give applicants the opportunity to gain entry via alternative admissions schemes. Our entry schemes are offered to both applicants who are currently studying in school and those who may have been out of study for some time.

### [University of Newcastle - New Early Entry Program](#)

The new Early Entry Program means you can receive an offer to the University of Newcastle before the HSC\*. Apply for free and they will connect you with a mentor who can answer your questions and help you prepare for uni. You'll also access HSC study support and receive invitations to VIP events. \*Offers contingent on completion of the HSC.

### [CQUniversity Australia: Career Resources for Year 10s](#)

Discover CQU's suite of animated career videos produced specifically to help your Year 10 students. The videos profile a range of careers and highlight career demand, courses to pathway into that career and entry requirements. CQU's dedicated high school pages also feature helpful videos and resources, links to upcoming events, online chats, and book a conversation.

## University - General

### [The differences between high school and tertiary education](#)

To give you an idea of what to expect in this transition, we've put together a list of differences between high school and tertiary education.

### [Uni Melbourne - Doctor of Medicine Information Session 2024 Intake](#)

19 April online. Hear from key academics at the Melbourne Medical School and learn more about the new curriculum. This will also be an opportunity for you to ask questions and meet our current students and find out more about their MD experiences.

### [Bachelor of Biomedicine at University of Tasmania](#)

The University of Tasmania has introduced the Bachelor of Biomedicine, combining the former Bachelor of Medical Research and Bachelor of Laboratory Medicine, into a new specialised degree to educate the next generation of medical researchers and health sciences specialists.

## TAFE

### [HSC and Further Study at TAFE](#)

Education and training can open a world of opportunities. TAFE NSW can assist you to build bridges to further study so you can reach a new future. So whether your goal is to finish your high school studies, gain entry to a career of choice, or to study for a degree at TAFE NSW or university, our courses and programs can help you. TAFE NSW courses and related support programs will boost your confidence and be an asset for life.





### [One Wellbeing](#)

One Wellbeing is a learning support network for athletes.

### [Ai Group Apprentice and Trainee Centre](#)

Start your Career in Trade Ai Group Apprentice and Trainee Centre are continually seeking passionate and dedicated people to start their career as an Apprentice or Trainee across NSW.

### **ResMed Apprenticeship Program**

ResMed is offering a 4-year apprenticeship program where you will be taking Toolmaking apprenticeship course through Apprenticeship Careers Australia. The program is a paid on-the-job training package including 1 day a week at TAFE Ultimo and on-the-job training at ResMed's Precision Tooling located in Kings Park (38 hours per week).

mailto:Christine.Dorado@resmed.com.au

## Private Colleges

### [Aspire Institute Uni Pathways](#)

For those not quite ready for a one-year Diploma course, Aspire also offers the Australian Foundation Program – your stepping stone to higher education if you have not completed the final year of high school.

The Aspire Institute also currently offers Diploma programs which offers successful students a pathway to a bachelor degree at UTS, Macquarie, Western Sydney, UOW or ICMS.



### [FAQs for JSchool](#)

What have people asked us most about Jscool and our approach to journalism education and training?

### [Sydney Flight College Trial Flights](#)

Do you have an interest in flying or want to try something new? With options ranging from a scenic flight over Sydney Harbour and surrounding beaches, through to a comprehensive package experiencing a taste of all aspects of flying, there's an experience suitable for everybody. Choose from a range of training flight experiences that take you over some of the world's most breathtaking scenery with the best seat in the house.

### [Building Your Brand Workshop at JMC](#)

21 April. Are you an aspiring songwriter, performer, DJ, artist manager or just someone who wants to build their brand, and develop an understanding of marketing?

At the end of this workshop, students will have an understanding of:

- What makes a brand
- Considerations to make before you upload your music/content
- Ways to upload your music

Open to high-school students in years 9 - 12, this workshop is designed to give the student an introduction and guide on how to build their brand and online content.

### **JMC Games Design Work Experience - Applications Close Soon!**

Apply By 31 March. This is a 4-day program where you'll be introduced to the workflow of game design! (And no, just because you love to play games, does not mean you will enjoy working in games). The JMC Game Design work experience program is for Year 10 – 11 students and will be conducted on our Sydney campus. There are limited number of space available and currently this is the only time the program will run.

### [Sydney Design School Info Sessions](#)

5 April. Find out everything you need to know about our flexible courses and career support. Our Director, Amanda Grace will introduce you to our unique philosophy, passionate Educators and industry focused approach to learning.



### [Shillington Education Info Session](#)

19 April

Looking to study graphic design at Shillington? The best way to find out more about our course is to come along to one of our Info Sessions.

<https://www.eventbrite.co.uk/e/shillington-education-info-session-sydney-campus-tickets-507759210467?aff=Website>

### [Sydney: Defence Force Gap Year Information Session](#)

5 April

Experience a Gap Year like no other with the Australian Defence Force. You'll grow and develop in a dynamic, supportive and people focused environment.

Join us for an info session and speak with current serving personnel to learn about the challenges and rewards on offer. It is highly recommended you book as soon as possible to avoid missing out as places are strictly limited!

<https://www.defencejobs.gov.au/events/events-detail/f2beiy1>



### [Australian Academy of Beauty Dermal and Laser Information Evenings](#)

28 March. Start your career in Beauty, Makeup, Laser and Spa management Courses commence every three months and run full-time, Part-time or through blended learning. Register for an information for the Sydney session.

## [General](#)

### [Five Essential Steps before You Apply for an Accountancy Job](#)

Before you put finger to keyboard to fill in a job application for a grad position at an accountancy firm, it's an excellent idea to go through the following five steps.

Preparation will make all the difference once you get to the starting line for your accounting graduate job search

### [Much Needed but Largely Unknown Career - Occupational Hygienist](#)

Occupational hygienists use their scientific knowledge, skills and experience to champion the protection of workers from the hazardous chemicals and other agents they have to work with. Use science & technology to measure worker exposures, assess worker risks and develop controls to improve the workplace environment. Occupational hygienists can provide advice on control strategies including hazard elimination, engineering modifications, administrative controls and finally personal protective equipment. We focus on worker health protection by assessing the risk of hazards and improving work conditions and work practices.

### [Nursing Scholarships in Australia](#)

Numerous institutions from around Australia offer a range of different nursing scholarships that can help you pay your tuition fees.

### [Nursing in Australia](#)

Nursing is considered one of the best professions in the world. This field of employment is an extremely respectable occupation for people to work. The field of nursing is just about the same all over the world. However, within the Australia, this occupation has some subtle differences than the U.S. and other parts of the world. The following information will explain what it is like to be nurse in Australia.

### [Pathways to Become a Translator](#)

There are many pathways to gain a certification to work as a translator or interpreter. Each pathway has a number of important steps you need to complete. All pathways will require you to undertake some form of training prior to submitting an application.

### [What tech degree is right for you?](#)

Should you study a Bachelor of Information Technology or a Bachelor of Computer Science? This quiz will reveal what tech path you should walk!





### Your Rights at Work

Starting work can be an exciting time. While every workplace is different, there are rights and responsibilities that apply to all employees. When you start a new job, you might get told things, or asked to do things that don't seem quite right. Find out about common myths and tips to help you.

### Interactive ICT Career Wheel

Find out about every possible IT career here for every walk of life.

### Quiz: What's your STEM + defence career?

With defence jobs in demand now more than ever, it's a good time to think about using your science, tech, engineering and maths smarts to carve yourself a next-gen career. To start, you could be a psychologist, physiotherapist, carpenter, accountant, dentist, aerospace or software engineer.

### Fighting cyber warfare is a full-time defence job

Australia's defence force is winning the race to patch vulnerable code and detect software bugs before they bite. In defence, preventing cyber-hacks is crucial, and there are loads of people working behind-the-scenes to protect potentially susceptible code.

### Australian Community Workers

Free guide to community work in Australia. A Guide to Community Work in Australia is set to help young people understand careers within community services. Created by ACWA, the guide describes what community workers do and how to become one. It also addresses confusion between community work, social work and personal care jobs.

### Qantas Recruitment Drive

Australia's national carrier is on the hunt for 8500 aviation industry workers as it progressively boosts its aircraft fleet to meet demand for travel. Some 2000 of the new jobs – for cabin crew, pilots, engineers and other operations roles – will be created in the next 18 months.

### Quiz: Which STEM subject should you teach?

Thinking about becoming a high school STEM teacher? As a STEM educator you'll inspire and nurture hundreds of people, equipping them with the crucial critical thinking skills that'll make our world a better place. But with so many inspiring disciplines, the hard part is finding which subject to teach – physics, chemistry or biology? Maths, engineering or IT? This quiz will help you out.

### 5 things you need to know about teaching

Love STEM but have your heart set on being a teacher? Put the two together for the ultimate career mashup! Keep the following in mind when pathway planning!



*Mrs C Rumi Badger & Mrs G Hodgkinson*

Your TPHS Careers Team

Choose a job you  
love, and you will  
never have to work  
a day in your life.

your work  
is going to fill a large part of your life,  
and the only way to be truly satisfied is to  
do what you believe is  
great work.  
and the only way to do  
great work  
is to love what you do.

— Steve Jobs

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Daina The Trainer

[dainathetrainer\\_](https://www.instagram.com/dainathetrainer_)

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Art of Growth

## Personal Leadership & Life Skills Program for Youth

"I have gained a lot more confidence in myself and can deal with any situation now. I am a lot more positive and optimistic."

- Nishani (member)



Is your teenager struggling with procrastination and lack of motivation ....social awkwardness.... fear of public speaking?

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