



## Deputy Principal's Report



### Attendance of students in Term 4

All students are required to attend school until Wednesday 19 December, the last day of teaching for 2018. Prior to this date, students will be engaged in meaningful work based on the curriculum and syllabus requirements. If parents are seeking permission for their child to be absent from school for a period of time, the 'Exemption from School' procedures should be followed.

### Extended Staff Meeting

On Monday 22 October, staff completed training in CPR and managing anaphylaxis. Staff also completed further training in Super Six strategies, which provide a structured format for staff to support and improve literacy outcomes for students.

### Elective Subjects 2019

Over the past two weeks, Year 8 and Year 9 students have been finalising their elective subjects for 2019. Students are requested to review and update their elective choices as soon as possible to ensure they undertake a pattern of study that suits them, as well as fostering a smooth start to 2019.

### Ridges Festival of the Performing Arts

On Thursday 18 October, over 50 students represented The Ponds High School with distinction. Students presented performances which highlighted the diverse skills and talents of our students.

## P&C Meeting

The next P&C Meeting will be held on Monday 29 October at 7:15 pm in the Library. Parents are encouraged to attend in order to discuss current topics in education and activities that are planned or currently taking place at The Ponds High School to benefit students.

## Bicycles and Scooters

Students are reminded to ride their bicycles and scooters safely and responsibly. Students must wear helmets, walk their bicycle/scooter when on school grounds, be mindful of pedestrians and cars, and follow all road rules which apply to riding bicycles and scooters.



In the interest of the safety of students and members of the community, students are reminded that they are required to be responsible and respectful when riding their bikes and

scooters. Please note that the bike racks have moved to the front of the school due to construction which will soon be occurring in the Wentworth St car park. Students are to only access the bike racks from the bus bay gates.

## Car Park



Students are reminded that they are not to walk or ride through the staff car park for their own safety. The staff car park is limited to staff parking and access only. This is once again for the safety of students.

Please note that the Wentworth St car park is closed due to the construction of the new Riverbank Public School building program. Parents also need to be aware that sections of Riverbank Drive (near the bus bay) are now dedicated 'Kiss and Drop' zones.

## Year 10 Work Experience

Over the past several months, Year 10 students have been taking part in a Work Experience program to expose students to aspects of careers that may interest them that they may not have known or encountered. Students are encouraged to make the most of opportunities presented to them to assist them in making informed choices about their future career paths. Students who are yet to complete Work Experience are encouraged to seek and arrange a placement, complete the necessary documentation and make sure they liaise with Mr Baird (Careers Advisor).

## Yearly Examinations

All students are reminded that Yearly Examinations will soon be upon us. Stage 4 (Year 7 and 8) examinations are scheduled for Week 4 and Stage 5 (Year 9 and 10) examinations are scheduled for Week 5. Students should have received their examination timetable, policy and notifications. Students are encouraged to plan their revision and ensure they are prepared for their examinations. Mandatory course work will continue in all lessons after the examinations.

## Course Requirements

Students are reminded to ensure that they are completing all coursework and assessments with sustained effort and diligence. In cases where this is not occurring, students and their parents/carers will be notified in the form of warning letters which may lead to an N-determination in one or more courses which may affect a student's RoSA and/or educational progression.

## Assessments and Misadventure

Any absence from an assessment task or late submission of a task (with a valid reason) requires the completion and submission of an Assessment Misadventure form. These forms are available from the Student Office counter and must be submitted to the relevant Head Teacher (with an accompanying medical certificate) within 5 days of the original due date.

## Uniform and Lateness



Students are reminded that they are expected to arrive to school in time to attend their first lesson at 8.30am. Students who arrive late need to present a note written and signed by a parent/carer to the office to explain the student's lateness. Similarly, it is expected that students attend school each day in the correct uniform (including correct shoes and hats).

PE uniform is permitted for Years 8, 9 and 10 on Sport days (Wednesday) or if a student has a practical PE lesson Period 1. Students must then change back into their school uniform after their practical PE lesson. In the event of lateness or students out of uniform, a lunch detention will be issued.

It has been very pleasing to see that the majority of students are always prompt to class and in the correct uniform, including wearing the correct shoes (lace up, black, hard leather).

## 5Ps

The 5Ps – Prepared, Polite, Prompt, Positive and Productive are key values that staff and students are encouraged to foster and abide by. These values build the basis for a positive and productive school environment, and are also the cornerstones of our society and the expectations of employers.

## **REMEMBER THE 5 Ps**

**PREPARED**

**POLITE**

**PROMPT**

**POSITIVE**

**& PRODUCTIVE**





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## NOTE TO PARENTS

### LOST PROPERTY

Dear Parents & Carers:

We have piles and piles of lost property at school.  
Please ask your child to check at the Students Window for their lost items.

Current items in lost property are:

8 pairs of prescriptions glasses  
School shoes  
Sport shoes  
Sport jackets  
Sports bags  
Laptop bags  
School caps  
Lunch boxes  
Drink bottles  
Umbrellas



# IMPORTANT DATES

## Term 4 2018

### Week 3

Monday 29 October

**P&C Meeting 7pm**

Tuesday 30 October

**ATSI Excursion**

Thursday 1 November

**Year 8 Valid Test**

Friday 2 November

**TPHS Debating Challenge**

### Week 4

Friday 9 November

**Remembrance Day Acknowledgment**

### Week 5

Wednesday 14 November

**Schools Spectacular Rehearsal**





# ENGLISH

## DEBATING NEWS

### TPHS Stage 4 Debating Team Take Zone

On Friday 14 September, students Melody 7H, Grace 7D, Justina 7C and Syed 7D competed against students from Glenwood High School for Zone 10 in the Premier's Debating Challenge. Their topic was should "Social Media be banned for children under 18".

TPHS represented the Negative and argued that Social Media has benefits, which outweigh the downsides. TPHS Stage 4 Debating Team A qualified to compete in the Quarter Finals.

*Rosylne Caro*

Debating Teacher



### The Journey

The Ponds HS Debating Team A comprised of Anhad 7C, Grace 7D, Melody 7H and Syed 7D. On Monday 22 October, four valiant Year 7 students were driven to James Ruse Agricultural High School for the Premier's Debating Challenge Quarter Final. They faced many challenges along their journey. They had debates rescheduled, sudden illness and were even subjected to late lunches. Through all of these events, the team

powered on and persevered with their goal. "Someday we will be standing in the Great Hall and achieve the status of champions," after all the team had a goal.



The topic for their debate was "There should be one car per household". They held their breaths as the coin landed on tails, they were to debate for the Negative. The team argued that this was about freedom of choice and that technology has advanced to create sustainable alternatives. The Affirmative argued for climate change and responsible living.

It was a close debate with the win awarded to James Ruse Agricultural High School. The team realised that it was their positive attitude, dedication and teamwork that has brought them this far.

The journey is not over; in fact, this journey is just getting started.

### Message for James Ruse Debating Team:

We would like to extend our congratulations to James Ruse Agricultural High School Debating Team and express our appreciation for the hospitality you have shared. Best of luck in the Semi Finals.

# Sydney Theatre Company Excursion

On Wednesday 17 October, The Ponds High School Stage 5 Drama students attended "*Accidental Death of an Anarchist*", a Sydney Theatre Company performance at The Sydney Opera House.

The play revolves around uncovering the truth about a man who fell to his death from a police station window. Did he jump or was he pushed? The Italian police want to cover it up, but first they have to contend with an unlikely detective – a certified lunatic with a knack for impersonation.

The director, Sarah Giles, made the creative choice of casting all females, led by some of the country's funniest comedians. Our TPHS students were laughing from start to finish. Teachers, Miss Duynhoven and Ms Petroni, were delighted with the way the students conducted themselves during the excursion and were thrilled with how much they enjoyed the performance.







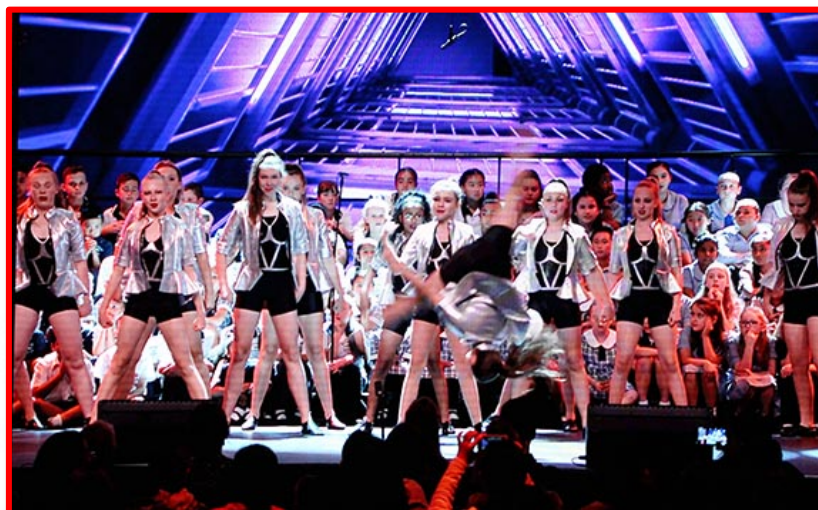
## RIDGES PERFORMING ARTS FESTIVAL DANCE

On Thursday 18 October, The Ponds High School Dance Groups represented our school at the Ridges Festival of the Performing Arts. The event was held at the Hillsong Convention Centre where six local primary schools and two high schools combined to put on an outstanding show. Our students displayed an exceptional level of skill and dedication and should be proud of the way they performed.

Thank you to the **Urban Group**: Yash 10I, Mia 10A, Abbey 10E, Eadie 10I, Alanah 10A, Emma 10F, Abigail 10I, Gemma 9I, Rebecca M 9H, Olivia 9E, Dilmi 9A, Madison 9H and Tatiana 9G. You all worked so hard to make our two elective dance classes unite and excel. Well done!



Thank you to our **Performance Jazz Group**: Caitlin 7D, Ella 7I, Tamsyn 7I, Isabella 7K, Savannah 7E, Amber 8B, Amy 8I, Alisa 8B, Tatiana 9G, Madison 9H, Abi 9E, Dilmi 9A, Olivia S (9E), Rebecca M (9H), and Abbey H (10E). For those of you who have been in the group since the beginning, thank you for your hard work and dedication the whole year. For those of you who are new to the group, thank you for stepping in and stepping up. You pulled together to put on an outstanding finale to the Ridges Festival.









## RIDGES PERFORMING ARTS FESTIVAL ENSEMBLES

The Ponds High School band also performed to great acclaim at the Ridges Performing Arts Festival. They played *Queen Medley* and *Sweet Caroline*. TPHS Guitars Group performed an excellent rendition of *Shipping up to Boston*.







## SCHOOLS SPECTACULAR



Come and support **The Ponds High School Secondary Choir** at Schools Spectacular on Friday 23 or Saturday 24 November at Qudos Bank Arena.

Tickets are now on sale through Ticketek.





# KELLYVILLE RIDGE PUBLIC SCHOOL

Cnr Singleton Avenue & Greenwich Street, Kellyville Ridge 2155

Phone: 888 304 80 Fax: 888 304 82

Email: [kellyridge-p.school@det.nsw.edu.au](mailto:kellyridge-p.school@det.nsw.edu.au)



22<sup>nd</sup> October 2018

Dear All

I am writing to congratulate you on the wonderful performances that were presented by children from all the schools at the Ridges Festival of the Arts, last Thursday. What a great night it was!!

The festival was a wonderful event due to the dedication and commitment of all the teachers involved and I would like to thank you all for managing the unending series of letters and demands for documentation from me that go with such an evening – your support and commitment is greatly appreciated.

Please thank all the children for their outstanding behaviour and performances both at the rehearsal and also at the concert. They are what the show is all about and it was fantastic that over 800 children had the opportunity to 'shine'. To have that many children all being where they were supposed to be and doing what they were supposed to be doing is truly a credit to them and their supervising teachers.

Thank you and congratulations also to all of those from your school who participated behind the scenes – parents, children and particularly the teachers who made the evening possible. I know how many hours of their time they give up to ensure that all children were totally prepared and ready to perform.

Finally, congratulations to all those teachers who assisted with backstage work, either as stage hands or staff members who supervised groups behind the scenes or upstairs for long periods of the night. This is not an easy job, however, the festival could not have been the success it was without their support.

A heart-felt thank you to everyone for a great night.

Jenny Maher & Cathy Day

Coordinators



## 2018 SCHOOLS SPECTACULAR – *THE GREATEST*

### SUPPORT OUR SCHOOLS TICKET SALES AND A NEW TEACHING RESOURCE

One of our strengths as a public education system is, that when we bring together our talented students and committed teachers, we have the capacity to produce a world-class event. This event is the Schools Spectacular.

Tickets are now on sale for the 2018 Schools Spectacular – *The Greatest* at Qudos Bank Arena at Sydney Olympic Park.

The 2018 Schools Spectacular will be a brilliantly choreographed and costumed production featuring approximately 5,500 singers, dancers and musicians representing more than 450 NSW public schools from across the state.

To make the show more meaningful for students, we have produced three cross-curricular units of work, specifically written for the student audience of the 2018 Schools Spectacular. The SpecEd resource targets Stage 1 through to Stage 3, and links the theme and content of the show to engaging and authentic learning activities. The units of work are available at [www.artsunit.nsw.edu.au](http://www.artsunit.nsw.edu.au)

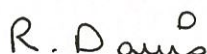
We would like to invite your school to attend the Friday matinee performance of Schools Spectacular in 2018.

Tickets for the Schools' Matinee Performance are best ordered via the attached booking form, utilising the school's P-Card. This ensures the timely processing and dispatch of tickets by Ticketek Groups.

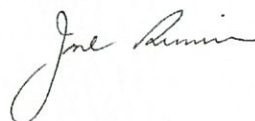
Ticket booking forms for the Schools' Matinee Performance and large group bookings, and an order form for promotional materials, can also be found on the *Schools Spectacular* website [www.schoolsspectacular.com.au](http://www.schoolsspectacular.com.au). Smaller group and individual tickets may be purchased online through the Ticketek website at [www.ticketek.com.au](http://www.ticketek.com.au)

For further ticket information, please contact Mr Richard Spiewak on 8512 1164 or email [Richard.spiewak@det.nsw.edu.au](mailto:Richard.spiewak@det.nsw.edu.au).

School communities are our best promoters of the Schools Spectacular. We value and appreciate your support of our students and teachers. We look forward to seeing you at the 2018 Schools Spectacular – *The Greatest*.



Rosemary Davis  
**Co Executive Producer**  
**Schools Spectacular**



Jane Simmons  
**Co Executive Producer**  
**Schools Spectacular**

# CAREERS

## Casual Jobs - Coffee Club Rouse Hill

Chris, the manager from the Coffee Club Rouse Hill is hiring at the moment. If you are interested in a casual position with shifts from 4 pm in the afternoon and weekend work, please submit your resume directly to Chris. If you would like further information, please contact the Coffee Club on 9629 6611.

## Pre-Apprenticeship and Apprenticeship Information

Students interested in doing Pre-Apprenticeship Training need to see Mr Baird ASAP to register for these opportunities.

**International Freight & Logistics Career Opportunities** The international freight and logistics industry in Australia is seeking interest from students leaving in Year 10-12, who may be interested in the global freight and logistics industry. There are 2-year traineeships available through the RTO called My Freight Career, who is aligned with the industry association. More information for students and parents advisers is available at [www.mymv.org](http://www.mymv.org)

## EVET Certificate III Nursing LLN Exams

Six students from TPHS travelled to Westmead Hospital last week to sit their Language Learning and Literacy Exam. This exam is used as an entrance test for the EVET Certificate III in Nursing Assistance. All students who sat the test were successful and have earned their way to the final Interview stage. The students are Chelsea, Alisha, Jeramie, Krupa, Alena and Suravi (absent). Well done!



## NSW Rural Fire Service: PREPARE. ACT. SURVIVE.

The NSW Rural Fire Service is teaming up with its emergency services counterparts and not-for-profit organisation, **Girls on Fire**, to host the inaugural **Girls Fire and Emergency Services Camp**. The event, which is open to all girls aged 15 to 17 years, will be held at YMCA Camp Yarramundi from 2 – 8 December 2018. The Camp aims to challenge young women to break down barriers and test themselves in ways never thought possible. The seven-day camp will see the participants learn firefighting and emergency services skills, increase confidence and resilience, encourage problem solving, teamwork and leadership, and introduce them to the possibility of a career or volunteering opportunities in the services. Any girls aged 15 – 17 years can register their interest at the Girls Fire and Emergency Services Camp 2018 [website](#). For more information please see Mr Baird.





## UNSW Women in Engineering Camp

**Applications close soon!** Applications for UNSW's Women in Engineering 2019 Camp close Wednesday 31st October! The program is open to female students who will be in year 11 or 12 in 2019. The 3-day residential program will run from 7-9th January 2019. Participants will take part in site visits, workshops, networking events and more. To apply: <http://unsw.to/wiec> or contact [s.coull@unsw.edu.au](mailto:s.coull@unsw.edu.au) or See Mr. Baird if interested.



## Tertiary Entry Pathways

**Macquarie University Student Experience Webinar, 16 November.**

This webinar will provide an informative guide to entry pathways to MQU. Considering that this is a neighbouring university and the school is a partner of the university this is an important opportunity to start to consider entry pathways. The Webinar will explain: areas of study, scholarships, early entry, adjustment factors and pathway programs; as well as exciting extracurricular activities including exchange, our Global Leadership Program and the Professional and Community Engagement Program. We allow about 50 minutes, which includes a 30-minute presentation and 20 minutes for Q&A. Rego: [www.goto.mq.edu.au/hswebinar](http://www.goto.mq.edu.au/hswebinar)

## There is more than one way to get into UTS

UTS Insearch will be hosting Pathway Information Sessions at UTS's Info Day, Saturday 15 December. Our team will be on hand to answer questions about ATAR results, entry requirements, pathway options, applications, fees, etc. before UAC preferences close the following day. Students are encouraged to visit the UTS Insearch Info Station, which will be located on level 5 of the UTS Tower Building.

## White Card Opportunity

Students interested in completing a white card at school on Tuesday 11 December need to register their interest with Mr Baird ASAP. There will be a sign-up sheet on the Careers Door D.1.16. You will need to be 14 years on or before this date to be eligible.

## BIG Day In @ UTS 20 March 2019

BiG Day In IT Careers Conference for students Yrs 9-12 @ UTS on Wednesday 20 March 2019 – Speakers incl. Microsoft, Animal Logic, Defence Force Recruiting, TechnologyOne, WiseTech Global, Westpac, Adobe & more talking careers & the future of technology. Loads of cool exhibitors including Westpac, Microsoft, UTS, WiseTech Global, ACS, Adobe, Digital Careers & loads more. Tickets \$10pp. See Mr. Baird if interested.

## Do you want to be an Entrepreneur?

**illuminate:nextgen Challenge** The illuminate:nextgen Challenge in partnership with UTS, is a week's intensive program from 19-23 November 2018 with an Awards Evening on Friday 23 November. Designed for secondary students to experience first-hand what it takes to be an entrepreneur.

**Meet JA Australia's New School Partnership Manager Hitha Raja.** JA Australia is proud to introduce our School Partnerships Manager, who is excited to get students work ready and enthusiastic about careers around entrepreneurship. Please reach out so that we can schedule a visit or call to discuss supporting your school's entrepreneurship and work readiness efforts. Email: [hitha.raja@jaaustralia.org](mailto:hitha.raja@jaaustralia.org) for more information. See Mr Baird if interested.

## Parent Information

**Testing parent knowledge on Vocational Education** Vocational Education and Training is one of the most progressive forms of education available to students, yet as demonstrated by our 'test', there is a knowledge gap that needs to be addressed. [Share this video](#) with your parents and let us spread the word. Click on <https://www.myskills.gov.au/rightnow> to access some great resources.

**The Good Universities Guide 2019 edition is here!** The 2019 edition is our most comprehensive publication yet, featuring a brand-new 'First Generation' 5\* rating. This new rating category compares universities by the number of students who are the first in their family to pursue tertiary education. Our guides are available in print & eBook via the Good Education Bookshop & selected newsagents. For more information visit [www.goodeducation.com.au](http://www.goodeducation.com.au).

**FREE TAFE NSW Parent and Caregiver Guide** As one of the main influencers in your student's life, TAFE NSW has developed a Parent and Caregiver guide to help take the guesswork out of what TAFE NSW deliver, and how to take advantage of the support services we have in place. The guide can be accessed and downloaded from: <https://www.tafensw.edu.au/ambition>



## COURSES, WORKSHOPS AND INFORMATION SESSIONS FOR STUDENTS

**Whitehouse Institute of Design 2018 Graduate Exhibition & Parade** Celebrating 30 Years of education in design thinking, creativity and innovation, showcasing the work of graduating students from across Creative Direction & Styling, Fashion Design and Interior Design disciplines. To be held at the Sydney Campus, 2 Short Street, Surry Hills on Tuesday 27 November 2018. School concession matinee 11am for 12:30pm runway show. Call 9267 8799 to book!

**New Courses at Southern Cross University Coffs Harbour.** Applications are now open for a range of new and innovative courses available at Southern Cross University Coffs Harbour campus from 2019: Bachelor of Marine Science and Management, Bachelor of Occupational Therapy, Bachelor Social Welfare, Bachelor of Exercise Science and Psychological Science and Diploma of Health. For more information visit [scu.edu.au](http://scu.edu.au)

**One Health Day: Antibiotic Resistance Science Fair, Macquarie University, 6 November 2018** Join us for the OneHealth Science Fair and learn about resistant bacteria, the diseases they cause, Macquarie's research in the field, and what you can do to aid the fight against antibiotic resistance. Registration: [www.goto.mq.edu.au/onehealthday](http://www.goto.mq.edu.au/onehealthday) Contact Michelle Power for more details: T: 9850 6974 E: [michelle.power@mq.edu.au](mailto:michelle.power@mq.edu.au)

**Work Experience with a Startup - JA Australia Sprint Internship program now open for applications.** A JA Sprint Internship runs for two weeks, three days per week. Calling for students to work on real projects with real impact. Participants learn industry-standard project management and workplace teamwork and collaboration skills. Email School Partnerships Manager [hitha.raja@jaaustralia.org](mailto:hitha.raja@jaaustralia.org) for more info. Students can express interest at <http://bit.ly/jaa181021>. Work Experience also available.

**Sydney Design School Open Day Sat 3 November!** If you love all things interior design jump online and register for our biggest event of the year. Grab a friend and get creative making your own interiors moodboard at our Open Day. Find out everything you need to know about our world-class accredited courses and flexible options! Saturday 3 November 10am - 12pm - Level 2, 40 Oxley St, St Leonards. Register online today <https://bit.ly/2A3wROg>





**Real Skills to Work while you Study** Yoga teachers work anywhere in the world! Our Japanese Yoga Teacher Training is a gap year study course to keep you healthy, happy & set you up with an income for when you're at uni, travelling or searching for that perfect job. A career that gives alternative pathways into health care industry work & study - 10137NAT Cert IV in Remedial Yoga Teaching P 0298170078 [lyn@coty.nsw.edu.au](mailto:lyn@coty.nsw.edu.au)

**PwC Higher Apprenticeships.** PwC is creating alternative pathways into employment for high school leavers. PwC will sponsor their vocational qualification in IT, Cyber & other tech areas while they earn a full time salary. Interested to find out more- register & attend 'Coffee & tea with PwC' in Sydney Nov 23

[www.eventbrite.com.au/e/coffee-tea-with-pwc-tickets-50892120703](http://www.eventbrite.com.au/e/coffee-tea-with-pwc-tickets-50892120703)

or contact Nikki Scholtens [nikki.scholtens@pwc.com](mailto:nikki.scholtens@pwc.com)

**HOSPITALITY NESA Accredited Professional Development Program - Kenvale College** GET IN QUICK!

Face to Face with the Hospitality Industry (Standard 6.2.2 14 hours) is a 2-day QTC Registered Professional Development for Hospitality teachers / CA with Hospitality/Event updates.

More info: <http://bit.ly/KenvaleF2F>

[enquiries@kenvale.edu.au](mailto:enquiries@kenvale.edu.au) / or call 9314 6213

**Any Students interested in Hospitality, Cookery or Events? Kenvale College** is Australia's first private hospitality college and we are not-for-profit. We would like to visit your school to introduce our courses specializing in Hospitality Management, Commercial Cookery and Event Management. Students get practical knowledge through concurrent paid work and study. Contact Alexis Barroga at [study@kenvale.edu.au](mailto:study@kenvale.edu.au) to organize a visit to your school.



## FOR STUDENTS

**13 NRL-Related Jobs and their VET Pathways** Even though this season's NRL grand final winner has been decided, our story featuring some of the jobs that made this event happen is sure to inspire. So your students can get ahead of the pack and into their own training before the next season kicks-off share the story at [www.vet.nsw.gov.au/news/13-jobs-for-die-hard-footy-fans?utm\\_source=caanltr&utm\\_medium=email&utm\\_campaign=vet](http://www.vet.nsw.gov.au/news/13-jobs-for-die-hard-footy-fans?utm_source=caanltr&utm_medium=email&utm_campaign=vet)

## 13 Motorsport Jobs and their VET Pathways

An event like the Supercheap Auto Bathurst 1000 at Mount Panorama doesn't happen without the 13 jobs we posted about earlier this month!

To help your students navigate their way to a job in motorsports, send them the link to our 'Get in the fast lane with VET!' story at:

[https://vet.nsw.gov.au/news/Get-in-the-fast-lane-with-VET!?utm\\_source=caanltr&utm\\_medium=email&utm\\_campaign=vet](https://vet.nsw.gov.au/news/Get-in-the-fast-lane-with-VET!?utm_source=caanltr&utm_medium=email&utm_campaign=vet)

## GENERAL NEWS

**TAFE NSW Industry and Career Insights** Guide your students' ambition and get them business savvy with our Business and Finance snapshot. Review our career insights with employment outcomes, fun facts and financial incomes. Grab your copy at: <https://www.tafensw.edu.au/careeradvisor>

**For more Current Careers News please follow the link:**

<https://www.careertools.com.au/teacher/communication/newsletters>

# ENVIRONMENTAL TEAM

The Environmental Team, along with 8/10T will be implementing the **Return and Earn** initiative at school from Term 4. Return and Earn is a great opportunity for The Ponds High School to encourage environmental sustainability through recycling. Drink containers make up a large portion of the litter on Australian streets, beaches and parks. Return and Earn aims to help solve this litter problem while also rewarding those involved in the program. We will be collecting recyclable bottles, cans and cartons that are empty, uncrushed and still have their original label. Initially, this will be done every Tuesday and Thursday and on fundraising days.

The label must be intact to ensure the machine recognizes the drink container. Material that is not eligible include milk containers, cordial bottles and juice bottles over one litre. Collected recyclables will be taken to the nearest Return and Earn return point and for every eligible container, we will receive 10 cents. All funds from this initiative will go to the environmental team's initiatives, more specifically to the refurbishing of the garden beds next year.

*Sanaa Shah*

10B Environmental Leader

## TPHS RETURN & EARN PROGRAM



ACCEPTABLE ITEMS



UNACCEPTABLE ITEMS



# CANTEEN NEWS

The School Canteen operates five days a week for the benefit of students.

The Canteen is open from 8:00 to 8:30 am for breakfast, serving hot chocolate, toasted sandwiches, milk and juice.

All lunch items can be ordered on Flexischools.

Thank you to all the volunteers who are currently on our roster. Voluntary assistance is always required and very much appreciated. If you would like to become involved with the school in this way and have a spare day per month please contact the Canteen on [tphscanteen@gmail.com](mailto:tphscanteen@gmail.com) or via the School Front Office on 9626 3562.

We still have some vacancies if you would like to help this term. Tea, coffee and lunch is provided. If you are unable to help for a full day, we are happy for volunteers to help during recess and lunch serving time.

Helping in the canteen is a great way to be involved in the school community.

TPHS CANTEEN ROSTER TERM 4		
TERM 4 WK3	DATE	VOLUNTEERS
Monday	29 October 2018	<b>VOLUNTEER NEEDED</b>
Tuesday	30 October 2018	Michelle
Wednesday	31 October 2018	Jodi
Thursday	1 November 2018	<b>VOLUNTEER NEEDED</b>
Friday	2 November 2018	Mel S
TERM 4 WK4	DATE	VOLUNTEERS
Monday	5 November 2018	Karen C
Tuesday	6 November 2018	Cathy S
Wednesday	7 November 2018	Kerry J & Gabrielle K
Thursday	8 November 2018	Alison A
Friday	9 November 2018	Rachel
TERM 4 WK5	DATE	VOLUNTEERS
Monday	12 November 2018	Karen
Tuesday	13 November 2018	<b>VOLUNTEER NEEDED</b>
Wednesday	14 November 2018	<b>VOLUNTEER NEEDED</b>
Thursday	15 November 2018	Fiona R
Friday	16 November 2018	Fiona G

*Mrs Heather Lane*  
Canteen Manager



# UNIFORMS NEWS

## Uniform Shop Hours Term 4

The Uniform Shop will be open every Wednesday as normal in Term 4, 8:00am to 3:15pm. We are also open on Thursday mornings, 8:00 am to 11:00 am. The cut off time to place Flexischool Orders remains at 4:45pm Tuesday for Wednesday for Thursday pickup.

## Help Needed! Volunteers Needed for Orientation - Can You Help Please?

Orientation for our new Year 7s in 2019 is **Tuesday 4 December**. We will run two sessions for Uniforms, 7:30am to 8:45am in The Uniform Shop and 12:30pm to 5:00pm in the Gymnasium.

There are several jobs available: to fit our new students, to pack uniforms, to be a runner, to assist with adding up for payments (calculators provided) and other general jobs.

Any offers of help would be greatly appreciated even if it just an hour or two! If you would like to see how the Uniform Shop is run, we are more than happy to have new volunteers come see us on a Wednesday or Thursday morning. We need volunteers as soon as possible so available time slots can be added to the Appointment Booking System for new Parents.

We would also appreciate volunteers for any Wednesday in Term 4, generally mornings 8:00-8:30am onwards for a couple of hours and on Thursday mornings 8.00am to 11.00am.

Please let me know via email if you would like to help [uniforms.theponds@gmail.com](mailto:uniforms.theponds@gmail.com)

## Senior Uniform

Our Senior Uniform for our current Year 10 students is starting to arrive. We have the Black Tailored Trousers for Boys, which is currently on Flexischools.

Our female students will change into a new school blouse with red trim and a black skirt in a similar style as our current winter skirt. Both items will have the school logo. This new uniform will be worn all year. **The summer dress is no longer worn in Year 11.** There is a delay with arrival of the girls' skirts and I am hoping we will received them in mid November.

Our male students will remain in the same white shirt as they have now and change into **Black Tailored school trousers** or **Black Tailored school shorts** with the school logo. This uniform will be worn all year.

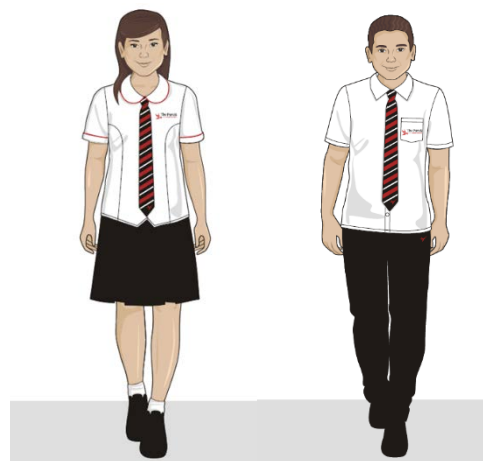
Both male and female students will be required to wear the new Senior Tie all year.

It is recommended that boys and girls try on the new uniform before purchasing. Depending on the arrival of these uniforms, we may also have a uniform session on a Saturday morning to assist families.

## Sports Uniform in Year 11

Generally, there are no PE classes in Year 11. However, there will be an option for some students to participate in a sports class if the timetable permits. Sports Uniforms will still be required for some subjects and excursions (at the discretion of the teacher and course requirements) and all students representing the school in sport. Sports uniforms or House colours can be worn at the School Carnivals.

If you have questions regarding uniforms, please contact me at [uniforms.theponds@gmail.com](mailto:uniforms.theponds@gmail.com)





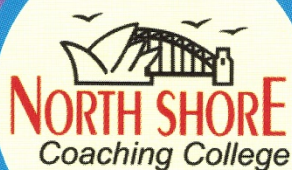
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## A-Maze-In Mind


### 6 Week Mental Health Awareness, Education and Support Program

For more information contact Wendy:  
 ☎ 0452 117 660  
 ✉ [wendy@amazeinlifecounseling.com.au](mailto:wendy@amazeinlifecounseling.com.au)


Face to Face Timetable	
Saturday	10:00am - 11:00am
	11:30am - 12:30pm

On-Line Timetable	
Monday	4:00pm - 5:00pm
	7:30pm - 8:30pm
Wednesday	4:00pm - 5:00pm
	7:30pm - 8:30pm
Thursday	7:00pm - 8:00pm



Participants in the Face to Face Program receive the additional benefit of spending time with our therapy dog, Angel.



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# ENGLISH & MATHS TUITION

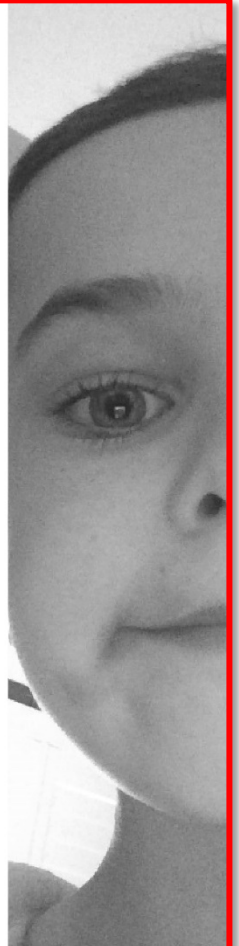
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**HIGH SCHOOL**

# RAGE

## A 4 week anger management course for young people.



### RAGE program outline:

- WK 1: 1/11/18 - The Many Faces of Anger**  
**WK 2: 8/11/18 - The 4 Ts of Anger, Healthy Expressions of Anger**  
**WK 3: 15/11/18 - Getting Through the Guilt of Anger**  
**WK 4: 22/11/18 - Relaxation, Exercise & Diet, Summary & Awards**

**Thursdays 10:30am - 12:30pm @ High Street Youth Health Service**

The RAGE program is a 4 week program that introduces the topics of: reflecting on anger, recognizing anger symptoms & identifying the different faces of anger.

RAGE is a strengths-based anger management program.

It is a solution focused program that is hands on, practical and also fun for participants.

The Program is run by trained staff in a youth friendly setting at High St Youth Health Service.

RAGE is the intellectual property of RCI

### Suitable for young people who:

**Want help dealing with anger or violence**

**Have been suspended from school**

**Have been in trouble for anger or violence**

**Want to improve relationships with family & friends**

**This program is for 12 – 18 year old young people**

**Registrations required.**

### **Contact Christian:**

**High St Youth Health Service**

65 High St

Harris Park NSW 2150

**Phone: (02)8860-2500**

**Fax: (02)9687-2731**



**Health**  
Western Sydney  
Local Health District