

THE ponds REFLECTION

Issue number 1
month February
year 2019

PRINCIPAL'S REPORT



Welcome 2019

I warmly welcome all old and new families to The Ponds Community and our fabulous school. We send the newsletter out once a fortnight headed by a member of the Senior Executive Team. This week we had Year 7 Information Night and Year 11 Assessment Information Night. Both of these were well attended and supported parents to understand what happens in the transition from Stage 2-3 and then from Stage 5-6.

Thank you ...

a) Uniforms

Before anything, I would like to thank the WONDERFUL parent volunteers who enabled you to access uniforms in the holidays. (I know that many other schools opened for 3 hours up to 12 hours). Our uniform coordinator Jo Leaver was in for at least seven days and opened 5 full days to assist the community get their uniforms. She has battled suppliers and shown great forbearance trying to ensure the right stock arrives at the right time. This is a great service and convenience not offered at all schools. I am so proud of the seniors who have dressed with pride in their new uniforms and look fabulous.

DEEP GRATITUDE TO THE UNIFORM SHOP VOLUNTEERS... without them your children would not be in uniform. The convenience of an on-site shop can only exist with volunteers. These include in alphabetical order: K Ciantar, N Christie, R Ferguson, S Foo, A Garbet, G Kerslake, S Kumar, L Leaver and C Partridge.

If you would like to volunteer, it is great way to get to know other parents and be a part of the school community.

b) Staff

Thank you to the General Assistants who worked tirelessly on site through the heat of January to get the new classrooms ready, the grounds cleaned and new work completed. An update of facilities upgrades will be delivered at the P&C meeting.

All new teachers completed an induction day in the holidays. Their attendance and the commitment of existing staff to help them settle in was appreciated. This day was a resounding success and new staff have commented on the value of the day and how supported they feel at The Ponds High School.

Many teachers also gave up time to prepare and be organised to support staff and students. A positive vibe hums in the school community.

P&C

Next Monday night is the first P&C meeting at 7:15 in the Learning Hub (Library). Everyone is welcomed to attend and we remind you this is not a fundraising committee.

In this meeting come and meet our new Deputy Principal Mr Bradley Cook and hear about all the changes from 2018-2019 and the school update from Mrs Weal. Come with questions, suggestions and concerns. We are happy to answer all we can. A draft P&C topics agenda will be tabled and other topics of concern can be added.

The second meeting this term has an exciting school theme. Even if your child is in Year 7 this night will give parents insight into Career paths, planning and options at the other end of school. If you have a child in Year 8 who does not like school and wants to trial trades and other options this will also show you what is possible. Guest speakers are Mr Baird, our Careers Adviser, and Ms Isakov, our Stage 6 Head Teacher. Mark the date 18 March in your diary.

Year 7 Information evening

This week we held Year 7 information evening and the student speaker was Alexandar from 8C. His words of advice were inspirational.

I have included extracts from his speech for your pleasure:

"The start of Year 7 seems like yesterday and since then I have had numerous amazing experiences, including meeting new friends, camp and sports carnivals. One of my favourite things was the subjects. We had lots of cool subjects that were informative, hands on and the teachers were passionate about the subjects they teach. I managed to build my own instrument that made noises some may argue were musical. I painted a picture of my hero.... And it actually resembles him.... I have had the chance to use tons of cool equipment such as 3D printers, arduinos and fascinating sports resources. In Science I blew up stuff and in English I learnt big words..... anthropomorphism and pathetic-fallacy....."

And now for Alex's simple advice...

Be Respectful. It may seem like common sense but it is a basic thing that goes a long way. Respect is like a mirror, what you put in come straight back out.

Pick the right friends because, as Albert Einstein says, "Stay away from negative people, they have problems for every solution!"

Be organised, get your work done early and hand in your homework.

...and for those of you who do not enjoy school. I say you have to go anyway, so you may as well make the most of it and do your best.

I think I will get Alexandar to write my next speech.

Update on Technology from Parent Information Evening

The Parent Portal is now rectified, the problem with Sentral has been fixed. The minor issues with CANVAS are on the way to being ironed out. I thank Ms Rose and Mr Skelton for the hours on the phone and the behind the scenes work to fix these issues. A link to the Skool Bag app has been sent to new parents and Year 7 parents.

Peer support

Year 10 Peer Support leaders gave up a day of their holidays to come and support Year 7 students. The activities were fun and informative. Peer support continues throughout Term 1 to support building knowledge and relationships between Year 7 students and also between Year 7 and 10 students. Thank you to Mr Thomas and the team for the Peer support organisation

Swimming carnival

On Thursday this week we held House meetings and it was great to see the students who have stepped in to be House Captains. The swimming carnival is a great opportunity to hang with friends, get in the water have a swim and show you are part of something bigger than yourself.

Year 11 attendance will be recorded on their reports to show prospective employers of their willingness to be involved. The aim this year is to get a full team to Zone so we have a chance at taking out the Zone Champion School for the first time. We also look forward to seeing our star performers compete and smash out some more records. I know one house has a secret song they aim to use as a cheer! That will be entertaining. Wear your house colours, bring your teddies dressed up, bring a picnic lunch, wear your sunscreen, participate and have fun!!!

Hawkesbury



Lachlan



Murrumbidgee



Nepean



Head Teacher Stage 6 Update

Year 11 students have had a productive start to 2019 and are to be commended for the diligence in which they have settled into the rigour of senior study.

Thank you to students and parents who attended the Year 11 Assessment Evening. We hope that the



information relayed regarding: Year 11 assessment; school and NESA processes; HSC eligibility; and the insights into Early Entry for university, was valuable. The *Preliminary Assessment Handbook 2019*, the individual forms within it, as well as a PDF of the PowerPoint from the evening, are available on the school's website. Please note that for any student who was unable to attend on the evening, they are still required to obtain a printed version of the handbook. Students are to see Ms Isakov to obtain a copy.

Friday of Week 2 was the last day for students to submit *Stage 6 Change of Elective Applications*. Numerous conversations have been had with students to ensure that Stage 6 courses and course changes reflect individual student's interests, ATAR requirements and career aspirations. The positive manner and seriousness with which students have participated in these conversations is testament to their maturity and commitment to their learning.

Year 11 students will get busier, especially as homework increases and assessments are issued. Please join us in encouraging students to:

- Use the diaries provided by the school to keep track of task, assignments and other deadlines. Students should bring these to school every day and refer to them in the evening to help get and stay organised.
- Start assessments as soon as they are received.
- Revise course work regularly to avoid the stress of last minute cramming.
- Refer to the Preliminary Assessment Handbook 2019 to ensure processes are followed
- Seek assistance from teachers, Head Teachers, Year Advisers, Librarian, Careers Adviser and other staff at the school.
- Talk with you, the parents and carers, about their day at school; their strengths; their challenges; and aspirations.
- Use the study help offered by the Library on Tuesdays Period 6 and on Wednesdays Periods 1 and 2.

We are looking forward to sharing the journey of Year 11, 2019, with you.

Ms Natalie Isakov
Head Teacher Stage 6



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NOTE TO PARENTS

School Procedures Update

Early Leave Procedure

Any student wishing to leave the school premises during normal school hours must provide a note signed by a parent/caregiver requesting permission for the student to leave at the stated time.

1. This note is to be taken to the Student Window **BEFORE SCHOOL**. They will be entered on the attendance system before 9:30 am. Teachers will see the student is an early leaver when they mark their roll.
2. The student will ask the teacher politely if they may leave class at the designated time.
3. The student will report to the Student Window and collect their printed Early Leave Receipt.
4. Students need to keep the Early Leave Receipt with them as evidence that they have permission to be absent from the school, in case they are questioned by teachers or police.

Parking Reminder

Parents are reminded that the bus bay is not a kiss and drop zone and that Rangers and Police will be patrolling. Do not stop in the bus zone from 8-9:30 am or from 2:30-4 pm.



IMPORTANT DATES

Term 1 2019

Week 3

Monday 11 February

P&C Meeting 7:15pm

SPORTS CARNIVAL FEES ARE NOW DUE

Wednesday 13 February

Grade Sport Season 1 Trials

Week 4

Monday 18 February

SCHOOL PHOTOS

Tuesday 19 February

Open Night Y4 6 into 7 - 6pm Gym

Thursday 21 February

TPHS Swimming Carnival

Week 5

Monday 25 February

SCHOOL PHOTOS CATCH UP

Macquarie Cup Soccer

Tuesday 26 February

Multicultural/Harmony Day Assembly

Macquarie Cup Rugby League

Thursday 28 February

Year 7 Vaccinations





Maths @ The Ponds -

The Flipped Classroom

The Maths Faculty is looking forward to the year ahead and the new challenges that it brings, including our first senior cohort. Our Mathematics Program is rich in critical thinking and problem solving tasks, as well as focusing on the essentials of numeracy.

In Stage 4 and 5, we deliver the course differently, using the 'Flipped Classroom' approach.

What is the flipped classroom?

The flipped classroom switches around the traditional order of teaching with the purpose of creating a more in depth and supportive environment in the classroom when the teacher is present and able to help students. It allows for students to receive a more individualised education where the actual face-to-face time with them is being used effectively. This results in them understanding the content at a higher and deeper level than before. In addition, it challenges students to learn how to take charge of their learning and manage their time, becoming resourceful learners. Most importantly though, it provides time for more “higher order thinking” discussion and questioning during class time, helping students to become reflective communicators and to think more deeply about the content they are learning. The book written by Jon Bergmann and Aaron Sams is a great resource if you would like to gain further understanding and look at the research behind this concept.

In the traditional mathematics classroom, the teacher spends most of the time presenting new content in a lecture format, students practice with the teacher, then, if time permits practice on their own. The students are assigned practice problems for homework and are expected to show their understanding of the content learned in class. The next day, homework is reviewed and new content presented, the cycle is repeated.

In The Flipped Classroom...

Prep (Homework): In the flipped math classroom, the lecture is taken out of the classroom and presented to the students through media content. For Prep, students will view an eight to ten minute video or a series of small videos, before coming to class each day, on mathematics content, to probe their thinking and spark interest. They will be required to complete a set of comprehension questions from the video, practice examples on HOTMaths (these are demonstrated examples, scaffolded examples and then individualised questions). Students are encouraged to summarise videos and question what they do not understand. It is essential for students to ask in class to explain anything that they were unsure of when watching the videos or completing HOTMaths.

The Prep that is required to be completed is set out on a template and in the student booklets. As you can see from the template on the next page there are 3 things required of students as part of their homework:



1. **Watch** a video/series of videos.
2. **Explore** concepts on HOTMaths and answer ONE level of questions (up to 10).
3. **Answer** comprehension questions based on the video or HOTMaths notes.

When students are set PREP, it involves completing ALL requirements on the page, NOT merely watching a video or jumping ahead to the comprehension questions. The videos and HOTMaths are required for understanding!

PREP 1	
PART 1: INSTRUCTIONAL VIDEO(S)	WATCH
Watch the following videos which can be found on Moodle:	
Lesson 1a: What is Statistics?	
Lesson 1b: What is a variable in Statistics?	
Now watch the following two videos which can be found at:	
Australian Bureau of Statistics - http://www.abs.gov.au/websitedbs/a3121120.nsf/home/statistical+language+-+what+are+variables	
Stat Trek - Teach yourself statistics - http://stattrek.com/descriptive-statistics/variables.aspx	
PART 2: HOTMaths	DO
Course: NSW AC Years 7 & 8	
Topic: Analysing data displays	
Lesson: Collecting and describing data	
<ol style="list-style-type: none">1. Read the notes for this lesson.2. Attempt the Walkthrough for this lesson.3. Watch Demonstration 1 for this lesson.4. Choose ONE level of questions to complete FOR EACH LESSON. Try to challenge yourself and aim to get above 90% correct in the highest level possible.	
PART 3: COMPREHENSION QUESTIONS	ANSWER
<ol style="list-style-type: none">1. What is another name for categorical data?2. Name the two types of numerical data.3. What is a variable?	



HOTMATHS in Stage 4 and 5

www.hotmaths.com.au

Username and Password will be given to students by their classroom teacher.

New students are to see the Head Teacher to set up a HOTmaths account.

Classwork: Then in class the next day, in place of the lecture, students spend a specified amount of time reviewing concepts from the video(s) and clear up any raised misconceptions or difficulties. The remainder of class time is spent deepening understanding of content by having high achieving students move forward, or providing further review by using hands-on activities and manipulatives, or slowing down the lesson to meet the needs of struggling students through intervention. Investigations, higher order thinking tasks, group work, class discussions as well as drill and practice occur. In this way we are able to make the best use of face-to-face time with students. The students will be deeply rooted in the learning cycle emphasizing three stages: Exploration, Explanation and Application. We will facilitate this process as students engage in the content with one another, the videos and the teacher.

For each topic, students receive a Booklet (Stage 5:5.2 and 5.3 – receive an electronic copy.

The booklets include:

1. Vocabulary for the topic
2. The topic broken down into lessons. Each lesson is a mathematical concept, not necessarily a period of work.
3. Each lesson is further broken down into:
 - a. Prep
 - b. Notes
 - c. Activities/Investigations – **MUST BE COMPLETED IN CLASS**, under teacher instruction. Students going ahead, should skip these pages until directed by their teacher.
 - d. Questions – Students often choose to go ahead with this part, but should only do so **AFTER** completing the Prep.
4. Summary and Review Questions.

Hopefully, the above gives you some insight into the 'flipped classroom', please contact the classroom teacher or Head Teacher about any concerns with your child's Mathematics instruction at The Ponds High School.

Stage 5 students studying the 5.2 or 5.3 course should have by now bought textbooks from Box of Book or the front office depending on which course they are studying. The book pack includes a hardcopy, a digital copy and HOTmaths.

Stage 6 Mathematics courses are in full swing, with students already intensely working on their studies. In Year 11 Mathematics there are four courses available to students: Mathematics Standard 1 or 2, Mathematics Advanced and Mathematics Extension 1.

In Year 12 there will also be Mathematics Extension 2, offered to students excelling in the Extension course in year 11.





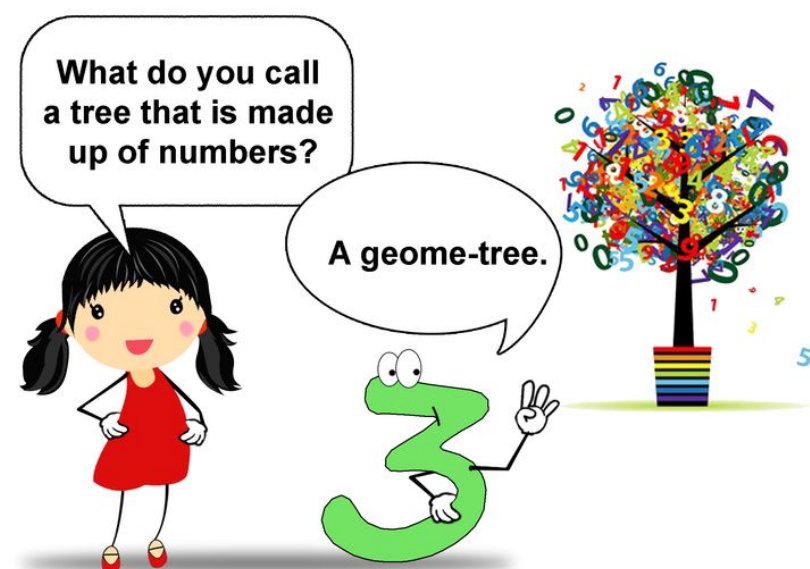
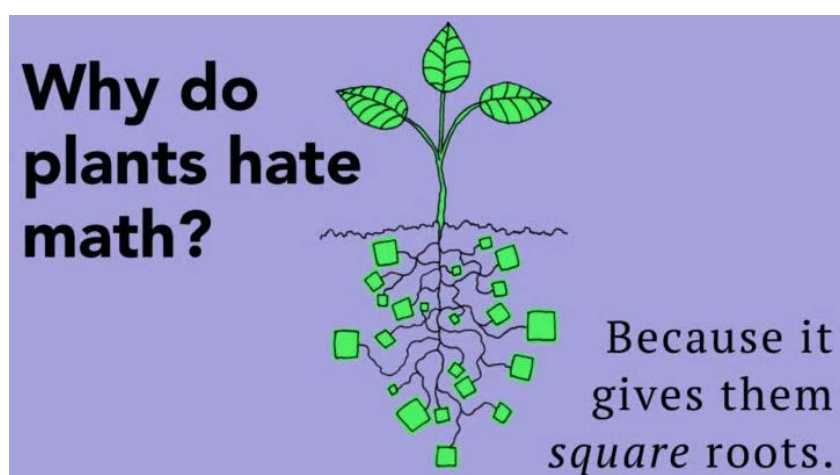
P.A.S.S. (Peer Assisted Study Sessions)

In 2019, the Mathematics department will be offering year 7 students the opportunity to receive extra maths help during recess in the Maths open space in D block. The help will be provided by seniors and highly capable Year 10 students. The sessions will be held at recess on Mondays, Tuesdays and Wednesdays, starting in Week 3. There will always be a Mathematics teacher present at these sessions.

Students have settled in exceptionally well to 2019, so we are looking forward to a great year with many positive learning experiences. If you have any questions or concerns, feel free to contact me at your convenience.

Mrs Silvia Fernandez

Rel. Head Teacher, Mathematics



ENGLISH

Debating Club

Welcome to 2019! The Ponds High School runs two competitions for Debating and various competitions for Public Speaking. The Premier's Debating Challenge is an inter-school competition, where we compete against other schools in the region. The Ponds High School Debating Challenge is an inter-stage competition where students compete across grades.



For junior students, this will provide a fantastic opportunity to develop their critical and analytical thinking skills, elocution and confidence. In addition to competition opportunities, senior students will benefit from leadership training to develop their skills in a variety of areas.

In 2018 Stage 4 debaters reached the Quarter Finals of The Premier's Debating Challenge, whilst Stage 5 debaters won The Ponds High School Debating Challenge.

The school has been an active participant and supporter of Language Arts.

Stage 4 debaters meet	Tuesday afternoon from	3:00 – 4:00 in room E 19
Stage 5 and 6 debaters meet	Wednesday afternoon from	3:00 – 4:00 in room E 19

For The Premier's Debating Challenge there is a maximum of two teams per stage so places are limited. The Ponds High School Debating Challenge can accommodate more teams, however, places are also limited. For more information, please see Mrs Caro in the English Faculty.

Public Speaking Club

The Ponds High School enters a variety of competitions to enhance student learning opportunities. Competitions entered include both, impromptu and prepared speeches. Interested students, please see Mrs. Caro from the English Faculty. Meetings for Public Speaking will be held fortnightly, **Monday Week A in room E 19 during Recess.**

Mrs Rosylène Caro
Debating Coordinator



SCIENCE

Last year, the Science Faculty trialed an exciting new science program called 'Stile'. After positive feedback from both students and teachers, we have decided to adopt the program in 2019 for Years 7 - 10.

Stile's mission is to improve scientific literacy and help prepare students for the increasing number of STEM-related jobs that await them.

Built by a team of Australian teachers and scientists, Stile uniquely engages students by bringing the real-world relevance of science into the classroom, and teaching the key scientific concepts behind it. The resource encourages students to critically analyze, evaluate and apply the concepts presented.

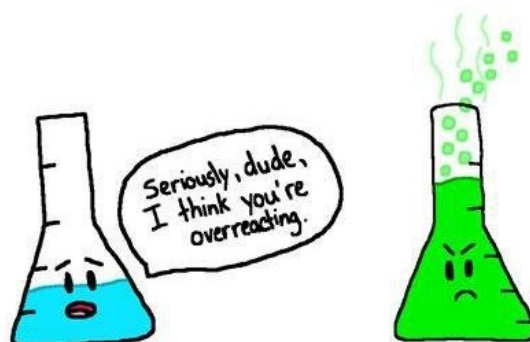
Stile is an online resource; it features rich explanations, videos, illustrations and simulations that are engaging for students. While it doesn't come with an accompanying hard-copy book, all lessons can be easily printed should students wish.

To cover the costs of participating in this program we have had to increase subject fees slightly. Payment of these fees will ensure continued student access.

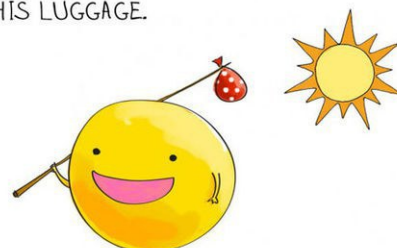
I encourage parents to log in with their child and take a closer look at Stile, their work and the associated feedback they've received from their teacher. You can head to <http://stileapp.com> and your son or daughter will have a username and password to login.

Mr Dean Ward

Head Teacher Science



A PHOTON CHECKS INTO A HOTEL AND IS ASKED IF HE NEEDS ANY HELP WITH HIS LUGGAGE.



"NO, I'M TRAVELLING LIGHT."

5th Annual Swimming Carnival



Key details for students and parents:

Date:	Thursday 21 February 2019 (Week 4)
Venue:	Mt Druitt Swimming Centre
Transport:	Chartered buses to and from school
Time:	All students are required at school for an 8:30am roll call in their normal roll call classes. Students will return to school by 3pm
Payment:	Cash or cheque (at office), Mastercard/Visa (telephone only) or online (via invoice)
Forms:	Permission must be returned to their PDHPE class teacher ASAP (office for Year 11)
Canteen:	Limited canteen facilities are available at the pool – a full packed lunch is advised
Uniform:	<ul style="list-style-type: none"> House coloured shirt and bandana (issued to Year 7 at House Meetings; all other students can purchase replacement bandanas from the school canteen at a cost of \$5); otherwise, wear school sports uniform Swimwear can be worn to school and sneakers must be worn during transit.
Competitive Races:	<ul style="list-style-type: none"> 50m races for all strokes - freestyle, backstroke, breaststroke and butterfly 100m & 200m freestyle 4 x 50m relay Pre-event registrations required for 50m butterfly and 200m freestyle (sign up outside PDHPE staff room above the school canteen) The age group you swim in is the age you turn this year
Novelties:	<ul style="list-style-type: none"> Lizard lane (main pool), novelty races (training pool) and house dance/sing offs!
General:	<ul style="list-style-type: none"> It is compulsory for ALL students to attend the carnival It is a great day full of fun, competition, making new friends and memories Be sure to bring a towel, change of clothes, hat, sunglasses, sunscreen, lunch, water bottle and goggles. Be sun safe! Slip on clothing, slap on a hat, slide on some sunglasses and seek shade whenever you are not in water. Slop on sunscreen every 2 hours. Be heat safe! Hydrate regularly with water, no sugary or caffeinated drinks. Expensive electronic devices (e.g. mobile phones) are NOT recommended. Family members are welcome (via own transport and spectator fees apply) The carnival will go ahead regardless of wet weather

Hawkesbury



Lachlan



Murrumbidgee



Nepean



Student Profile - An Aussie in Kenya

Over the course of three weeks, I had the opportunity to visit Kenya and participate in the Global Encounters Expedition Camp. Global Encounters is an international program restricted to Ismaili Muslim youth focused on service, leadership development, cultural exchange, and global citizenship. Over the past seven years, nearly 1,000 participants from 33 countries have made lifelong friendships with their peers from around the globe, contributed over 30,000 volunteer hours to local schools and communities, and transformed the way they think about the world.



During my time in Kenya, I had the opportunity to volunteer at the Mji Wa Salaama Children's Home, an orphanage for Mombasa kids ages 0-19, and learn about their way of life. While I was there, I met such intelligent and motivated children who had great aspirations in life but not the proper resources to get there. During the course of my trip, I was given two assignments. As part of my first assignment, my team and I had to develop a project for the orphanage, which was sustainable and helped develop their way of life.

Before starting our assignment, we had the opportunity to have a core session about service. In this session, we learned one core idea about service.

Know what they need before you give. We learned that there is no use in giving something to someone if they do not need it or do not have the resources to use it.

With this in mind, my team and I spent a couple of days, on-site, interviewing and spending time with the children, mamas and papas, trying to develop a project. After talking to the children, we found that many did not want anything materialistic from us, but that they only wanted one thing - to spend time with us and get to know us. For our assignment, we decided to create a 3-day camp, in which the children participated in workshops within subjects such as Art, Drama, Maths, English, Science and PE.



In order to keep this sustainable, we trained the older children of the orphanage and created a project outline, so they could continue this in the future. The aim of our project was to enhance skills and help the children with self-confidence as well as create a time for them to enjoy and more importantly put a smile on their faces. Leaving was hard, but we knew we had achieved our goal and created a spark of happiness.

My second assignment was to create a thesis question, from which I had to develop a speech to present in my final days in Kenya. I was given guidance by educators at the Aga Khan Academy - to interview locals, the children at our orphanages, our fellow peers from around the globe as well as staff. My question was focused on child abandonment and the global perception of the average Kenyan orphan. This not only helped me explore a topic which I have never been exposed to but also helped in self-confidence and being able to interview and address an issue to an audience. Global Encounters aims to develop skills through this assignment and prepares high school students for future years by helping them step out of their comfort zone.



Kenya is full of rich culture and history, and I got the opportunity to explore this with visits to local places such as Fort Jesus, Old Town Mombasa, and Bamburi Beach. While I was in Mombasa, I experienced a one on one oral history session with local elders of the community, which enhanced my knowledge not only about Kenya but also about world

topics. Another big experience in Mombasa, was visiting the works of the AKDN - a network of private, non-denominational development agencies founded by the Aga Khan, which work primarily in the poorest parts of Asia and Africa - focusing on improving health, education, culture, rural development, institution building and the promotion of economic development. We explored the impact the AKDN has on the Kenyan community by visiting the Aga Khan University Hospital, National Media Group printing press and staying for a week at the Aga Khan Academy in Mombasa.

Although I did not get to spend the holidays and New Year with my family and friends in Australia, I became part of a new family and created many new memories with youth from around the globe during this experience.

I highly encourage you to participate in volunteering activities whether that be in a country such as Kenya or anywhere around the world or even in your own local community, to create a change, create a sustainable project and to create a smile because change starts with YOU!

Diyaa Alibhai



CAREERS

White Card

Congratulations to the eleven boys who managed to complete their white card this week. The course was run by Catch Training. The trainer was engaging and personable and the boys learnt a lot about safety in the work place. These students are now certified to enter a work site and participate in activities safely. Students will need to collect their certificate from the Careers Office at their leisure.



Barista Course: March 1

The Careers Office has engaged the services of CBD Training to run a Barista Course for our students. The course has been heavily discounted from \$149 to \$99. If you are interested, you will need to see Ms Sanderson for an excursion note. These will be available from Wednesday 13 February.



Big Day In at UTS

The Careers Department in collaboration with the TAS Department is offering an opportunity for students to learn about the IT industry. The excursion will be held on **Thursday 21 March 2019**. Students will listen to leading speakers from: **Animal Logic; Westpac; Adobe; WiseTech Global; TechnologyOne; Defence Force Recruiting** and many more. These speakers will address the future of technology and how students can get involved. Students will have the opportunity to visit exhibitor stands to learn about where a career in IT can take them. If interested please ask the Mr Baird or your TAS teacher: <http://www.thebigdayin.com.au>

How important is the Preliminary HSC Year?

On Tuesday at the Year 11 Assessment Information Night, the Careers presentation discussed useful links on the Careers Webpage. The emphasis of this talk was centred on the importance of year 11 Assessments to Early Entry and to future Careers. The following links were referenced and will help students to see the relevance of Year 11.

- The School webpage: www.thepondshighcareers.com has information on **early entry** opportunities: <https://www.thepondshighcareers.com/?page=uni-info> This is a good start but not an exhaustive list. It is a good idea to check with the webpage of universities and colleges of specific interest.
- SRS – School's Recommendation Scheme
- Global Leadership Entry Program
- Dux and Leaders Entry Program
- E12
- EAS Equity Access Scheme
- Alternate Entries: <https://sydney.edu.au/study/admissions/admission-pathways.html>
- Get to Open Days: <https://sydney.edu.au/study/admissions/admission-pathways.html>
- <https://www.thepondshighcareers.com/?page=open-days>

What next: The study assist document is designed to help with understanding university pathways as well as fees associated with different courses.

https://www.studyassist.gov.au/sites/studyassist/files/beyond_school_study_guide.pdf

- 'UAC Steps to University': <https://www.uac.edu.au/future-applicants/year-11-and-12-students>
- PACTS: Parents As Career Transition Support: This program will be offered to parents to support the robust discussions about the future of each individual.
- Those that may be interested in being the first port of call for their sons and daughters may like to attend a **PACTS** Session. This is run by myself and will happen during parent teacher evening in Term II.
- To make sure that you do not miss important information you should follow the Careers Calendar: <https://www.thepondshighcareers.com/?page=calendar-of-events> and Careers News: <https://www.thepondshighcareers.com/?page=newsletter>

Course Searches can be found at <https://www.jobjump.com.au/> The password is **ponds**.

If you have explored these options or just want a chat to ease anxiety you can book an appointment by going to Career Bookings in either the parent or student portal:

<https://www.thepondshighcareers.com/?page=appointment-booking>

Study Medicine & Health at the University of Sydney

At the University of Sydney, students can choose from the largest range of health degrees of any Australian university. We are world leaders in medicine and health and our students graduate in demand. We offer admissions pathways, including for double degree medicine and dentistry, and publish guaranteed ATARs for some of our courses. For more information go to: <https://bit.ly/2Mg8twF>

University of Sydney 360-degree tour

Enjoy looking across all parts of the university in any direction you choose. Look at what university life is like across the lecture rooms, activities, research labs, sport and much more: <http://tour.sydney.edu.au/>



University of Sydney - Veterinary Science, Environment, Agriculture, Science Camden Open Day 7 June

Camden Campus, 410 Werombi Road, Camden

Camden Open Day is a full day program especially designed for high school students in years 9- 10 interested in the environment, agriculture, science and veterinary science.

<https://sydney.edu.au/science/industry-and-community/community-engagement/camden-open-day.html>

Languages at Sydney: Go Global 2019

1 March – 10:00am to 2:00pm

An initiative by the University of Sydney's School of Languages and Cultures, Languages at Sydney Go Global includes two language-specific immersion sessions (catering for beginners to advanced) and an introduction to languages at the SLC. All students and teachers need to submit individual registrations

<https://www.eventbrite.com.au/e/languages-at-sydney-go-global-2019-registration-51183100030>

UTS - Engineering Link Project 2019

3 and 4 October

An ELP lasts for two days, with each day following a similar format. Students select a discipline they are interested in and they spend the day working in that area. Projects are offered to Year 10, 11 and 12 students, depending on the location. Over the course of each day, the students complete a proposal detailing the problem, test results and the recommended solution which is assessed by the guest engineer. The students then build their final solution and test it, usually to destruction, before debriefing again with the engineer. During the Project, the students tour the host university, inspecting facilities and observing current research projects and highlights of each faculty.

<https://telg.com.au/programs/elp/>

Macquarie University - Save These Dates and Register Your Interest

April 2019 – Year 12 Info Evenings (on-campus and off-campus)

17 - 18 April – Macquarie in a Day

May – Year 10 Subject Selection Evenings (on-campus and off-campus)

17 August - Open Day

<https://www.mq.edu.au/study/high-school-students/events>



Study Medicine

19 February deadline update for 59 Australian university degrees leading to medicine

The new medicine year starts with a bang – the excitement of medicine entry offers, university orientation and commencement. See the latest listing of deadlines (end January and February) detailing this information for all medical programs in Australia by going to the link below.

You can find Study Medicine on Twitter, Facebook or email: admin@studymedicine.com.au

<https://www.studymedicine.com.au/deadlines/>

UCAT - No Need To Panic

A good article via My Health Career published by UCAT NIE – The National Institute of Education nie.edu.au
The shift from UMAT to UCAT took place without much warning with only the University Admission Offices made aware of the change. Check: <https://www.myhealthcareer.com.au/medicine/ucat-panic>

Australian Catholic University -University Experience Workshops 2019

9 July - Strathfield Campus - 11 July - North Sydney Campus - 1 October - Canberra Campus

Would you like a taste of university life before you enrol to study at ACU? Attend our free university experience day. Tailored to your study area of interest, the day gives insight into on-campus life. Experience, before you enrol.

If you are considering university study in the next year or two, you can sample life as a university student by registering for a university experience program.

As a program participant, you will spend a day at your local campus where you'll be able to:

- participate in hands-on workshops related to your degree of choice
- meet staff and current students
- explore your local ACU campus
- learn about industries and careers
- get helpful tips on preparing for university
- soak up the campus atmosphere.

https://www.acu.edu.au/student_experience/student_life/experience_uni_before_you_start/university_experience

Australian National University -Schools Enrichment Program

The ANU Schools Enrichment Program gives students in years 10 to 12 an amazing opportunity to experience what it is like to learn at Australia's national university. They will see what studying at ANU is all about by participating in workshops delivered by some of our leading researchers, designed to deepen their knowledge and interest in the field. Workshops cover a range of disciplines across our academic Colleges from Fine Arts to Astrophysics and everything in between. Talk to your Careers Adviser.

<http://www.anu.edu.au/study/information-for/career-advisors/schools-enrichment-program>

Charles Sturt University - Getting Prepared for the Jobs of the Future

At Charles Sturt University (CSU), we are constantly working to make sure our students learn at the cutting edge of technological change in their chosen profession. Technology and its impact on everything from agricultural supply chains to classroom teaching techniques is now integrated into courses.

Find out here about a few new and evolving courses that we have developed to put you at the forefront of technological change. Or even offer a path to a brand-new career.

<https://insight.futurestudents.csu.edu.au/getting-prepared-jobs-future/>

International Science School - 7 to 20 July

Every two years the ISS gathers 140 top science students from Australia and overseas for a two-week residential program of talks by world-renowned scientists, laboratory tours, hands-on activities and social events. Are you going to be in Year 11 and 12 in 2019? Do you love science? If so, you have to apply for the Professor Harry Messel International Science School (ISS)!

Every two years the ISS gathers together 140 top science students from Australia and overseas (China, Japan, India, New Zealand, Thailand, the USA and the UK) for a two-week residential program of talks by world-renowned scientists, laboratory tours and hands-on activities... not to mention a swag of social events like the Sydney Harbour cruise and ISS talent quest!

<https://sydney.edu.au/science/industry-and-community/community-engagement/international-science-school.html>

How We Got In: Our Journeys to the World's Leading Universities

The choice you make after high school is likely to be the first life-changing decision you'll make. If you're feeling like there must be other options out there than local unis then this event is for you! Hear from Australian students who have just been offered a place at some of the most prestigious universities in the world.

Hornsby - 2 March. 10:30am to 12:00pm - <https://bit.ly/2MIQEGI>

TAFE & Apprenticeships

Enrol now with TAFE NSW

TAFE NSW is taking enrolments now! Put yourself in the drivers' seat this year and upskill to create more career opportunities. Or perhaps you know of a student that would like to further their education in an adult learning environment. With over 1,200 courses from degrees to diplomas and short courses, TAFE NSW has you covered: <https://www.tafensw.edu.au>

Free Pre-Apprenticeship Courses

February

Apprenticeships R Us, alongside My Trade Start is currently running automotive pre-apprenticeship courses that are NSW Government funded for individuals aged 15-24. These courses are held all over Sydney and run for a duration of two weeks, followed by a work placement. Individuals can stay enrolled in school whilst completing the course.

Auburn, Rooty Hill, Hornsby and Campbelltown. Contact Apprenticeships R Us today on 02 9891 6900, spots are filling quickly.

Benefits of Group Training:

- You are paid while you learn and undertake your apprenticeship.
- Because you are employed by Apprenticeships Are Us, we will work with you to find another placement to continue your apprenticeship/traineeship, should your host employer be unable to continue employing you.

For more information call: 9891 6900 or visit: <https://www.apprus.com.au/>

WORKSHOPS AND COURSES

NIDA Courses

From 9 February onwards

215 Anzac Parade, Kensington

Practical, skill-based learning led by industry experts across a range of performing arts disciplines. NIDA courses for students are designed to support and inspire young people at any stage of their creative development. Each term we focus on a specific area of performance practice to ensure students have a varied experience and learn a range of essential creative skills.

[Drama for Grades 7-10, NIDA Kensington](#)

[Acting on Screen Grades 7-10, NIDA Kensington](#)

[Acting on Screen Grades 11-12, NIDA Kensington](#)

<https://www.open.nida.edu.au/courses/who/young+people>

Study Interior Design Entirely Online

Whilst enrolments for Sydney Design School are now closed you can still study their world-class courses online. As their official online partner, Interior Design Online gives you access to their accredited career qualifications. Find out more today on our website below or call our team on 02 9460 8664.

<https://www.interiordesignonline.edu.au>



Taronga Zoo Meet the Keeper

Friday 22 March, Thursday 28 March, Friday 25 October and Thursday 31 October

Meet a Keeper is a full day program and is available to Years 9, 10 and 11 students who have expressed a serious interest in zoo keeping as a career. The unique program begins with a seminar presented by a talented panel of Taronga Keepers, Educators and staff members in which students can learn about all aspects of caring for animals including the qualifications required, core responsibilities of a Zoo Keeper, future career opportunities and more.

<https://taronga.org.au/education/full-day-programs/meet-a-keeper>



Budding Film Careers - Tropfest 2019 Talks and Festival

9 February - 1:00pm

Western Sydney University, Parramatta City Campus
Level 9, Peter Shergold Building, 169 Macquarie Street, Parramatta

This Saturday - February 9 is all about Tropfest with a full day of entertainment in Parramatta, from panel talks with industry leaders to pumping live music performances and of course short films! So round up your mates and make a day of it!

PLUS! A TropTalk panel involving elites of the film industry including Nash Edgerton (Gringo, Mr Inbetween) and Michele Bennett (Chopper, Drift). <https://tropfest.org.au/2019/02/04/tropfest2019-event/>
And <https://www.trybooking.com/book/event?eid=453915>

Defence Jobs Near To You Information Sessions

- 11 February – Sydney – Gap Year
 - 12 February – Canberra - Women in the Defence Force
 - 12 February – Port Macquarie – Defence Careers
 - 13 February – Tweed Heads – Army Reserve
 - 13 February – Kempsey – Defence Careers
 - 14 February – Woy Woy – Defence Careers
 - 14 February – Wollongong – Defence Careers
 - 14 February – Sydney – STEM and Defence
 - 14 February – Coffs Harbour – Defence Careers
 - 16 February – Newcastle – Defence Careers
- <https://www.facebook.com/pg/DefenceJobsAustralia/events/>



LOTE

Would you be interested in hosting a Japanese student for 2 weeks in July/August?

The Ponds High School has been selected to host some students from Japan. We have a group of girls and boys, who will be visiting. They arrive on Wednesday 24 July and will depart from the school on Wednesday 7 August.

We are looking for families who would be interested in billeting the students in their homes.

If you are interested in this great opportunity, or if you would like some more information, please contact Mrs Amanda Singh, Japanese Teacher, by email: amanda.singh6@det.nsw.edu.au

Mrs Amanda Singh

Japanese Teacher



CANTEEN VOLUNTEERS NEEDED FOR 2019

The canteen is operated by Mrs Heather Lane and casual staff, who are employed by the school, plus parent volunteers who are rostered on to help once a month.

All profits made in the Canteen are returned to the school for distribution throughout the school for additional services.

Thank you to all the volunteers who are currently on our roster. Voluntary assistance is always required and very much appreciated. If you would like to become involved with the school in this way and have a spare day per month please contact the canteen on tphscanteen@gmail.com or via the Front Office on 9626 3562. We still have some vacancies if you would like to help this term. Tea, coffee and lunch is provided. If you unable help for a full day, we are happy for volunteers to help during recess and lunch serving time.

Helping in the canteen is a great way to be involved in the school community

The canteen is open each day before school from 8am for breakfast and at recess and lunch providing a variety of healthy food.

Parents can order lunches online through www.flexischools.com.au. Flexischools is the only way to order lunch. Snacks and noodles can be purchased over the counter at recess and lunch, but all lunch orders must come through Flexischools. Cut off time for orders is 9am, orders can be made at any time of the day or night. However, accounts must be in credit to enable and order to be placed. There is even an App available.

New Products for Term 1
Creamy Chicken Pasta Salad
Salad Box plus Tuna

Mrs Heather Lane
Canteen Manager



THE PONDS HIGH SCHOOL 2019 Canteen Menu



OPEN BEFORE SCHOOL 8:00 AM - 8:30 AM

Toasted Cheese Sandwich \$2.30

Toast \$1.20 per slice Butter/Vegemite/Honey

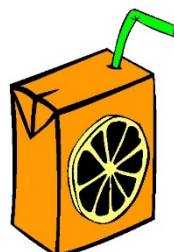
MILK & JUICES AVAILABLE EVERY DAY BEFORE SCHOOL

*** LUNCHES NEED TO BE ORDERED USING FLEXISCHOOLS BEFORE 9:00 AM ***

SANDWICHES (White or Wholemeal)		HOT FOOD	
Butter	1.60	Beef Burrito	4.00
Vegemite	1.80	Chicken Chilli Strip	1.70
Cheese	2.30	Chicken Chilli Dog	2.50
Cheese & Tomato	2.80	Chicken & Corn Roll	2.20
Chicken	3.30	Chicken Goujons (6 pack)	3.20
Chicken, Lettuce & Mayo	3.90	Fantastic Noodles Chicken, Beef or Oriental	3.00
Egg & Lettuce	3.30	King Size Sausage Roll	3.50
Curried Egg & Lettuce	3.30	Pies – Meat	4.00
Ham	3.30	Lasagne (meat or vegetable)	4.00
Ham & Tomato	3.80	Pizza Slabs (Cheese, Meat Lovers)	4.00
Salad (Lettuce, Tomato, Carrot, Cucumber)	3.60	Spinach & Ricotta Roll	3.00
(Beetroot available if ordered)		Soup	3.00
		Toasted Cheese Sandwich	2.30
EXTRAS			
Mayonnaise, Tomato Sauce	30c	Sauce Sachets	30c
Cheese, Tomato, Lettuce, Cucumber, Carrot	50c	- Tomato, BBQ, Sweet Chilli, Hot Chilli	
SALADS			
Salad Box Small	3.00		
Salad Box Large	4.00		
Salad Box plus Ham	5.00		
Salad Box plus Chicken	5.00		
Salad Box plus Egg	5.00		
Salad Box plus Tuna	5.00		
Creamy Chicken and Pasta Salad	3.00		
Tuesday			
Chicken Teriyaki Sushi	4.00		
Tuna & Cucumber Sushi	4.00		
Fresh Fruit chopped	1.00		
Vallia Yogurt	2.60		
SNACKS			
28g Smiths Chips (Honey Soy, Plain)	1.50		
Recreos	50c		
Pretzels	1.00		
Gingerbread Man	2.00		
Pirahna Snaps BBQ, Lite & Tangy Salsa (GF)	1.50		

Products and prices are subject to alteration

Sandwiches, rolls, fruit salad, water & plain milk are all subsidised by other items to keep the prices lower.



UNIFORMS NEWS

Thank You to ...

Firstly a very big 'thank you' to the volunteer mums who have worked tirelessly in the Uniform Shop during the holidays and the first weeks of term.

In January, the Uniform Team fitted the remaining 146 Year 7 students, our Year 11 Students, who look fabulous in their new Senior Uniforms, as well as many current and new students.

Our school cannot say thank you enough to these mums.

Flexischools www.flexischools.com.au

Flexischools is our on-line ordering service for Uniforms and Canteen. To access this service, please register on the above web page and nominate your student's new class. All classes need updating for 2019 and each sibling should be registered individually. Uniform Orders are organized by class name, Canteen orders by year group.

The cutoff time to place a Uniform Order is 4:45pm on Tuesdays. Orders placed before the cutoff are packed the next day, names are placed on the Uniform Notice Board and students can collect their orders during Recess or Lunch. Students are responsible for collecting their uniforms, reminder notes are not sent out.

If the Uniform cutoff time is missed, orders will be ready the following Uniform Wednesday. Items are blocked on Flexischools if they are out of stock or extremely low.

Please do not send Uniform Orders through the School Online Payment System, it is not linked to the uniform menu.

Refunds and Exchanges

The Uniform Shop **does not provide refunds**. Exchanges can occur within 4 weeks from purchase. Exchanged items must still have the tags on, be in the original packaging, not have been washed and be able to be re-sold. Exchanged items can only be exchanged like for like, eg dress for dress, shirt for shirt.

Uniform Shop Hours

The Uniform Shop is open every

Wednesday during school terms from 8:00am to 3:15pm and

Thursday morning from 8:00am to 11:00am during Terms 1 and 4.

uniforms.theponds@gmail.com

Jo Leaver

Uniform Store Manager



2019 THE PONDS HIGHS SCHOOL CLUBS

Here are the Clubs and Groups at The Ponds High School, join in!

CLUB/GROUP	DAY	TIME	CONTACT	CLASSROOM
BAND	Wednesdays	07:30 - 08:30 am	Mr Golotta	Music Performance Space
BASKETBALL	Thursdays	03:10 – 04:30 pm	Mr Thomas & Mr Hwang	Gymnasium
CHESS	Tuesdays	12:43 – 01:14 pm	Mr Kinsey	D.G.17
CHOIR	Week A Tuesday Week B Monday	12:43 – 01:14 pm	Ms Peroni	D.1.08
DANCE: Senior Ensemble	Tuesdays	07:45 – 08:25 am	Ms Duynhoven	D.1.03
DANCE: Junior Ensemble	Thursdays	12:43 – 01:14 pm	Ms Duynhoven	D.1.03
DANCE: Boys Dance Crew	Mondays	10:26 – 10:57 am	Ms Duynhoven	D.1.03
DEBATING: Stage 4	Tuesdays	03:00 – 04:00 pm	Mrs Caro	E19
DEBATING: Stage 5-6	Wednesdays	03:00 – 04:00 pm	Mrs Caro	E19
ENVIRONMENTAL	Thursdays Week B	12:43 – 01:00 pm	Ms S Jay	A.1.18
ESL ENGLISH	Thursdays	03:00 – 04:00 pm	Ms S Zhang	D.1.11
GUITAR	Mondays	07:45 – 08:30 am	Mr Golotta	Music Performance Space
HOMEWORK	Tues, Wed & Thu	03:00 – 04:00 pm	Supervising Teacher	The Learning Hub
JAPAN	Mondays	10:26 – 10:57 am	Ms Singh	E.12
JAZZ BAND	Fridays	07:45 – 8:25 am	Mr Kinsey	Music Performance Space
MathPASS Year 7 Math	Mon-Wednesday	10:26 – 10:57 am	Mr Tolentino	Math Open Space
PUBLIC SPEAKING	Mondays Week A	10:26 – 10:57 am	Mrs Caro	E19
SOC. JUSTICE INTERACT	Thursdays Week A	12:43 – 01:14 pm	Ms Semaan	Math Open Area
UKELELE PUGS	Fridays	07:45 – 08:20 am	Mr Golotta	D.1.22



School Opal Card

As part of our campaign against fare evasion, and our on-going commitment to provide the level of service needed to transport students to and from your school, Busways conducts regular checks of School Opal card.

All students must be in possession of a valid Opal card or pay a fare.

Students in possession of an Opal card must also tap on/off with their card when boarding our buses.

This is important, because the Opal data collected determines the level of service we are able to provide to your school. If students don't tap on and off, the services will appear underutilised and may be considered for cancellation based on low passenger numbers.

To apply for a School Opal card or to report a lost or stolen card, go on-line to www.opal.com.au/en/about-opal/opal-for-school-students/

Students who are ineligible for School Opal will need to purchase a Child/Youth Opal card or pay a fare to travel on our buses.

Thank you in advance for your assistance and support.

♥ I H A
| R T
PILATES

NEW TO THE PONDS
BEGINNERS & BEYOND

CLASSES ARE HELD IN
THE PONDS HIGH SCHOOL
FITNESS LAB

(NEXT TO THE BASKETBALL COURTS)
180 RIVERBANK DRIVE, THE PONDS

Pilates Classes

ALL
CLASSES
\$15

CLASSES BEGIN
ON TUESDAY
THE 19TH
OF FEBRUARY

TUESDAY
LADIES ZONE
7-8PM

THURSDAY
TALKING TEENS
[GIRLS 12-18YRS]
6-7PM

SATURDAY
LADIES
& GENTS
6.30-7.30AM

CALL MARIANNA
0499 557 862

FOR MORE INFORMATION OR
TO BOOK A CLASS GO TO
WWW.IHARTPILATES.COM.AU



AUSTRALIA'S LEADING CHILDRENS SOCCER PROGRAM

MINIS

For boys and girls
aged 2.5 - 3 years

PRESCHOOL

For boys and girls
aged 3 - 5 years

JUNIOR

For boys and girls
aged 6 - 8 years

PREMIER

For boys and girls
aged 9 - 11 years

HOLIDAYS

Exciting school
holiday programs

BIRTHDAYS

Soccer themed
birthday parties

Classes now running at The Ponds High School

www.soccajoeys.com.au | 1300 781 735



CREATIVE DANCE ACADEMY

WINNERS OF THE 2018 BUSINESS AWARDS
for "Best Performing Arts Studio"

Past & Present students include:

- Bec Cartwright star of tv's "Home & Away" and winner of "Dancing With The Stars"
- Students cast in musical productions such as the critically acclaimed "Billy Elliot"
- Current student as finalist in tv's reality series "Dance Boss"
- Students working overseas as performers for International Ballet Companies & Disney productions

Children accepted from 2 years to Advanced levels and are all trained in R.A.D. Classical Ballet, L.G.T.D.A Newcastle Tap, Elite Competition work & professional shows.

Let's DANCE

- Mini Magic Combo Classes
- Dance&Fun Combo Classes
- Fairy Ballet Classes
- \$15.00 - 1 hour "For Fun" Combo Classes
- Classical Ballet
- Lyrical / Contemporary
- Jazz / Street Dance
- Tap
- Acrobatics

10% Discount on the 1st months tuition for all NEW students on presentation of this flyer.

0401 968 606
Amanda Page & Kelli Burke

info@creativedance.com.au
www.creativedance.com.au

CDA
CREATIVE DANCE ACADEMY

• VINEYARD • McGRATHS HILL • STANHOPE GARDENS •
• NORTH RICHMOND • CRANEBROOK • JORDAN SPRINGS • WILBERFORCE

Math's Inn

HSC MATHS

Join the exclusive maths club for extension level HSC maths. More than 25 years of teaching experience.

For further enquiries, see contact details below:

Email (Preferred): maths.inn4u@gmail.com Or message at: **04 254 20004**



PCYC | POLICE CITIZENS YOUTH CLUBS NSW

#SID2019



Safer Internet Day 2019

Tuesday 5 February

Together for a better internet



DATE: Tuesday 5th February, 2019

TIME: 7:00pm - 8:00pm

EVENT: FREE internet safety presentations delivered by NSW Police at all 64 PCYC locations across NSW. Suitable for children 8 - 18 years of age and their parents.

Please contact your local club for more info!

Find your local club at www.pcychnsw.org.au.



THE 4 Rs

-  **Respect**
-  **Responsibility**
-  **Reasoning**
-  **Resilience**



Office of the eSafety Commissioner

esafety.gov.au/saferinternetday

Riverstone Junior Rugby League Football Club

All ages-Under 6 through to A Grade. Active kids Voucher accepted Fees listed on Razorbacks website

www.riverstonerazorbacks or
www.PLAYNRL.com

Come along on Tuesday &
Thursday nights 5:30pm to
6:30pm Starting 05/02/2019

Please contact Secretary:
Steven Koberler
0401 387 996



SAINTS

Come and Try Day!

Players from 4yrs+

No playing experience
necessary

Wednesday 13th February - 6pm

Jonas Bradley Park, The Ponds

Come along and try Netball!

Help with registration provided on the day.

For questions, contact our Registrar Jen Wolfgramm on 0400311522 or
registrar.saints.netball@gmail.com



Training at Jonas
Bradley Reserve,
The Ponds

Games at International
Peace Park Blacktown