



THE ponds REFLECTION

Issue number 1
month February
year 2020

PRINCIPAL'S REPORT



Welcome

Welcome back to all students and families and a special welcome to all new arrivals. A lot of work was completed during the holidays including an extra canteen window, 3 shade structures, a soundproofing wall in the Music area, a computer room set up and other minor works. Thanks you to all those who contributed to this happening.

Summer Heat

It has been a devastating summer with extreme heat and bushfires. We have been lucky to remain relatively unscathed but I am sure many of you will know people severely affected. The Year 12 Christmas Appeal donated money to the bush fire cause and I am sure many of us can assist by reducing our own carbon footprint.

Year 7

It is very pleasing to see how well Year 7 have settled in and are enjoying school, including lessons and peer support. There was a strong turnout at the Information Evening held last Thursday and interesting questions asked by parents. The Year 8 speaker, Tanvi from 8.2, was excellent and offered amazing advice about remaining organised and being positive in Year 7. It is also great to see Year 7 students putting their hand up to be Junior Sport Captains.

Year 11

The Information Night for Year 11 was also held last Tuesday. Parents who did not attend are greatly encouraged to thoroughly read the Assessment Booklet as there are strict regulations designed by NESA governing assessment requirements for ROSA and the HSC.

P&C

The P&C meets in Weeks 3 and 8 of each term. We welcome any new members and reiterate that it is not 'come and we will give you a job'. It is come and learn about aspects of the school. The topic for Monday night is Sport at TPHS. Year 7 parents are especially welcome to attend.

Closing Remarks

I hope everyone has a productive 2020 and the year brings success, engagement and fulfilled dreams. If things are not going well please contact the school and speak to the appropriate teacher. Below is the initial person to contact.

| CONCERNS | CONTACT |
|--------------------------|--|
| Class | Class Teacher |
| Ongoing class | Head Teacher |
| NESA | Stage 5 or 6 Head Teacher |
| Across classes | Stage 4/5/6 Head Teacher |
| Aboriginal & Anti-Racism | Ms Kelly - Library |
| Careers | Ms Rumi-Badger |
| Ensemble Groups | Ensemble Group Leader |
| Financial | Mrs Tracey Wilkinson – Front Office |
| IT | IT Help Desk - Library |
| Learning & Support | Ms Shimell |
| Welfare | Year Adviser/Trusted Teacher |
| Ongoing Welfare | Stage Head Teacher/Counsellor/Welfare Head Teacher |

School Improvements



Senior Area has 3 new shade structures.

An extra window has been added to the Canteen to serve students faster.



PICK UP and DROP OFF



Parents should not be stopping (picking up or dropping off students) on or near the pedestrian crossings around the school site ie. Wentworth St and/or Riverbank Drive, as this obscures the vision of drivers, pedestrians and the crossing attendants.

Can TPHS students who are picking up younger siblings from Riverbank Public School, please meet their siblings after school under the shelter between the school sites and then exit via the pathway adjacent to TPHS hall to the Wentworth Street gate.

Bicycles and Scooters



Students are reminded to ride their bicycles and scooters safely and responsibly. Students **must wear helmets**, walk their bicycle/scooter when on school grounds, be mindful of pedestrians and cars, and follow all road rules which apply to riding bicycles and scooters. In the interest of the safety of students and members of the community, students are reminded that they are required to be responsible and respectful when riding their bikes and scooters.

Students are reminded that the bike racks are at the front of the school and are to only access the bike racks from the bus bay gates. In the interest of the safety of students and parents/carers, **TPHS students are not permitted to travel through Riverbank Public School.**

Uniform and Lateness

Students are reminded that they are expected to arrive to school in time to attend their first lesson at 8:30am. Students who arrive late **need to present a note written and signed by a parent/carers** to the Front Office to explain the student's lateness. Similarly, it is expected that students attend school each day in the correct uniform (including correct shoes and hats). PE uniform is permitted for Years 8, 9 and 10 on Sport days (Wednesday) or if a student has a practical PE lesson during Period 1. Students must then change back into their school uniform after their practical PE lesson.

In the event of lateness or students out of uniform, a lunch detention will be issued. It has been very pleasing to see that the majority of students are always prompt to class and in the correct uniform, including wearing the correct shoes (lace up, black, hard leather).



SCHOOL ZONE ROAD SAFETY

Here are some safety tips for driving and parking within school zones, as well as road rule information to help keep your children safe.

NO STOPPING AND BUS ZONES

Never stop in a No Stopping Zone as you will obstruct sight lines for other drivers and pedestrians, which puts students at risk.

Bus Zones are purely for the use of commercial buses and no other vehicles.



WALKING TO SCHOOL

- Plan your trip to school and use safe crossing locations.
- Do not use your mobile phone while helping your child to cross the road.

DRIVING SAFELY

- Check all passengers are buckled up.
- Stick to the 40km/h speed limit.
- Always look out for pedestrians, especially at crossings and intersections.
- Avoid u-turns and three-point-turns within the school zone.
- Look for buses pulling out and always pass a bus with flashing orange light at 40km/h.

PARKING TIPS

- Remember there is no parking available for parents at TPHS Staff Carpark.
- Do not drop-off or pick up students at the Staff Carpark entry
- Always follow the road rules. Remember, road rules around schools are there to keep you and your children safe.
- Make sure children enter and exit your vehicle on the footpath-side when getting in and out of your car.
- Never stop on a pedestrian crossing or double park as you will obstruct sight lines for other drivers and pedestrians putting them at risk.
- Park safely, even if it means walking further to the school gate to drop-off and/or pick-up your child.
- If you park across the road, walk over to meet your child. Never call them across the road to you.



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NOTE TO PARENTS

FORGOTTEN ITEMS AT HOME

We do not send items to class, or call for students to come to the Front Office to collect forgotten items - as sending message disrupts the classroom learning.

Building Resilience and Independence

Last week a teacher reported that her class had been interrupted 6 times in one lesson of 55 minutes for students receiving forgotten lunches, pencil cases, sports uniforms and homework.

While it is very nice that parents are prepared to support their children with their missing and forgotten items, the message is that students do not have to think for themselves.

Clearly, this interrupts learning and is not the best use of the Front Office staff's time. For this reason, we request that you encourage independence and support the school in following up on consequences.

This means only bringing emergency items such as medication to the School Front Office.

Instead support your children by providing a checklist on the back of the door and encourage them to get organised and pack their school bag the night before.

Check List:

Before you leave home for school you should have:

Books for the correct day

Charged computer

TPHS Hat

PE Uniforms – if needed

Hard shoes – if you have Science or Technology (on a sports or mufti day)

Equipment – calculator, protractor, coloured pencils, pens, pencils, apron, BAD, etc

Lunch

Permission Notes due

Homework and Assignments due

Thanks you for your support in encouraging your children to be independent and self-reliant.



IMPORTANT DATES

Term 1 2020

Week 3

Monday 10 February

P&C Meeting 7:15pm

Tuesday 11 February

Year 11 Varsity Jacket Try On P5-6

Year 12 Extension English Incursion

Friday 14 February

LAST DAY TO RETURN SCHOOL CARNIVALS PERMISSION NOTE

Week 4

Monday 17 February

SCHOOL PHOTOS

Tuesday 18 February

Open Night Year 6 into 7 - 6pm Gym

Thursday 20 February

TPHS Swimming Carnival

Week 5

Monday 24 February

SCHOOL PHOTOS CATCH UP

Year 10 Geography Excursion

Tuesday 25 February

Multicultural/Harmony Day Assembly

Wednesday 26 February

Year 10 Geography Excursion

Thursday 27 February

Year 7 Vaccinations

Friday 28 February

Year 8 Brewongle Excursion



NSW SCHOOL VACCINATION PROGRAM – SCHOOL NEWSLETTER TO PARENTS/GUARDIANS

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2020 the following vaccines will be offered:

| YEARS | VACCINE | NUMBER OF DOSES |
|---------|---|---------------------------------|
| Year 7 | Human papillomavirus (HPV) vaccine | 2-doses at least 6 months apart |
| | Diphtheria-Tetanus-Pertussis (whooping cough) vaccine | Single dose |
| Year 10 | Meningococcal ACWY vaccine | Single dose |

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to you by your child's school. To consent to the vaccination of your child, parents/guardians are advised to:

- read all the information provided;
- complete the consent form, including signing your name next to each of the vaccine/s you would like your child to receive;
- return the completed consent form to your child's school;
- ensure that your child eats breakfast and has food available to eat on the day of the school vaccination clinic

Parents/guardians who wish to withdraw consent for any reason may do so by writing to the school Principal or phone the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx.

Students who return a consent form to school but are absent on vaccination day, will be caught up on subsequent school vaccination clinics, during Year 7 or 8 (for HPV and dTpa vaccines) and during Year 10 or 11 (for Meningococcal ACWY vaccine).

A Record of Vaccination will be provided to each student vaccinated at each clinic. You should ensure that this record is kept for future reference. Please do not assume that your child has been vaccinated if you do not receive this Record of Vaccination. Vaccination records will be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

For further information:

Australian Government Department of Health website

<https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-to-expect>

<https://www.health.gov.au/resources/videos/getting-your-meningococcal-acwy-vaccination-at-school-what-to-expect>

NSW Health website <https://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

Contact Parramatta Public Health Unit on 9840 3603

Preparing for the School Day:

The evening **BEFORE** school:



- ☐ Check **Student Diary** for homework / tasks
 - Complete homework
 - Work on assessment task/s



- ☐ Charge your **computer**



- ☐ Check **timetable** for the following day

- ☐ **Pack your bag** with equipment for the next day

What items are required?



- pencil case
- books – what subjects?
- PE uniform / runners
- Apron
- Homework /Assessment Tasks due



- ☐ Prepare the **correct uniform** and place it out for the day ahead. Check:

- Shirt
- Skirt / dress / shorts / pants
- School socks
- Tie (Winter – boys/seniors)
- School cardigan / jumper
- School sport jacket
- Black leather shoes



- ☐ In the morning:

- Double check your timetable and bag
- Pack your computer device
- Dress in the correct uniform
- Pack your lunch



Have a great day!

SPORT



There are a multitude of opportunities on offer for students at the Ponds High School to experience sport. On Wednesday afternoon, Years 8, 9 and 10 have the opportunity to participate in Recreational Sport or to compete against other schools in the Macquarie Zone in Grade Sport. The Grade Sports on offer vary throughout the three seasons of the calendar year and are determined by the Macquarie Zone Committee.

The school carnivals: Swimming, Cross Country and Athletics are stepping stones to higher levels of competition but are also there to increase student participation and build school house spirit. Our first carnival for the year will be the Swimming Carnival and will be held on Thursday 20 February.

Students in Years 7-12 are also given opportunities to represent their school, zone, region and state through the NSW Combined High Schools run competitions. The trial, age and gender criteria and the competition guidelines are all governed by the NSW Combined High Schools and will vary between sports. Some sports may trial students through gala days and some may hold individual trial sessions outside of school hours. As these opportunities arise throughout the year, students will be notified via the Daily Notices, giving them the chance to represent themselves and the Ponds High School at a higher level.



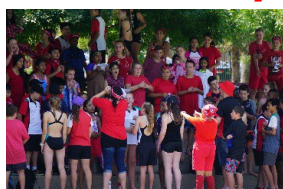
6th Annual Swimming Carnival



Key details for students and parents:

| | |
|---------------------------|--|
| Date: | Thursday 20 February 2020 (Week 4) |
| Venue: | Mt Druitt Swimming Centre |
| Transport: | Chartered buses to and from school |
| Time: | All students are required at school for an 8:30am roll call in their normal roll call classes. Students will return to school by 3pm |
| Payment: | Cash or cheque (at office), Mastercard/Visa (telephone only) or online (via invoice) |
| Forms: | Permission must be returned to the Front Office by FEBURARY 14 2020. Students without a signed Permission Note will NOT be able to attend on the day. |
| Canteen: | Limited canteen facilities are available at the pool – a full packed lunch is advised |
| Uniform: | <ul style="list-style-type: none"> House coloured shirt and bandana (issued to Year 7 at House Meetings; all other students can purchase replacement bandanas from the school canteen at a cost of \$5); otherwise, wear school sports uniform Swimwear can be worn under the Sports Uniform and sport shoes must be worn during transit. |
| Competitive Races: | <ul style="list-style-type: none"> 50m races for all strokes - freestyle, backstroke, breaststroke and butterfly 100m & 200m freestyle 4 x 50m relay Pre-event registrations required for 50m butterfly and 200m freestyle (sign up outside PDHPE staff room above the school canteen) The age group you swim in is the age you turn this year |
| Novelties: | <ul style="list-style-type: none"> Novelty races for Year 7 to 12 (training pool) and house dance/sing offs! |
| General: | <ul style="list-style-type: none"> It is compulsory for ALL students to attend the carnival It is a great day full of fun, competition, making new friends and memories Be sure to bring a towel, change of clothes, hat, sunglasses, sunscreen, lunch, water bottle and goggles. Be sun safe! Slip on clothing, slap on a hat, slide on some sunglasses and seek shade whenever you are not in water. Slop on sunscreen every 2 hours. Be heat safe! Hydrate regularly with water, no sugary or caffeinated drinks. Expensive electronic devices (e.g. mobile phones) are NOT recommended. Family members are welcome (via own transport and spectator fees apply) The carnival will go ahead regardless of wet weather <p>PARENTS: Are welcomed to attend and may take their child home after the child is signed off by a teacher.</p> |

Hawkesbury



Lachlan



Murrumbidgee



Nepean



BASKETBALL CLUB



Are you interested in learning how to play basketball?

If so, then come and join us at The Ponds High School's Basketball Club.

It doesn't matter if you are an experienced player or if you haven't played before.



Please bring your sports clothes, shoes and a bottle of water.

Come along and join in the fun!

Thursdays after school from 3:00 - 4:30pm in the gym.

Mr Hwang and Mr Burns
Basketball Coaches





Maths @ The Ponds

The Mathematics Faculty is looking forward to the year ahead and the new challenges that it brings, including our first senior cohort sitting the HSC. Our Mathematics Program is rich in critical thinking and problem solving tasks, as well as focusing on the essentials of numeracy.

Stage 4

In Stage 4, we deliver the course differently, utilising the 'flipped classroom' approach.

What is the flipped classroom?

The flipped classroom switches around the traditional order of teaching with the purpose of creating a more in-depth and supportive environment in the classroom when the teacher is present and able to help students. It allows for students to receive a more individualised education where the actual face-to-face time with them is being used effectively. This results in them understanding the content at a higher and deeper level than before. In addition, *it challenges students to learn how to take charge of their learning and manage their time, becoming resourceful learners*. Most importantly though, it provides time for more "higher order thinking" discussion and questioning during class time, *helping students to become reflective communicators and to think more deeply about the content they are learning*. The book written by Jon Bergmann and Aaron Sams is a great resource if you would like to gain a further understanding and look at the research behind this concept.

In the traditional Mathematics classroom the teacher spends most of the time presenting new content in a lecture format, students practice with the teacher, then, if time permits practice on their own. The students are assigned practice problems for homework and are expected to show their understanding of the content learned in class. The next day, homework is reviewed and new content presented, the cycle is repeated.

In The Flipped Classroom

Prep (Homework): In the flipped math classroom, the lecture is taken out of the classroom and presented to the students through media content. For Prep, students will view an eight to ten minute video or a series of small videos, before coming to class each day, on mathematics content, to probe their thinking and spark interest. They will be required to complete a set of comprehension questions from the video, practice examples on HOTMaths (these are demonstrated examples, scaffolded examples and then individualised questions). Students are encouraged to summarize videos and record questions that they don't understand to ask their teacher. It is essential for students to ask in class to explain anything that they were unsure of when watching the videos or completing HOTMaths.

The Prep that is required to be completed is set out on a template and in the student booklets. As you can see from the template on the next page there are 3 things required of students as part of their homework:

1. Watch a video/series of videos.
2. Explore concepts on HOTMaths and answer ONE level of questions (up to 10).
3. Answer comprehension questions based on the video or HOTMaths notes.

When students are set PREP, it involves completing ALL requirements on the page, NOT merely watching a video or jumping ahead to the comprehension questions. The videos and HOTMaths are required for understanding!





PREP 1

PART 1: INSTRUCTIONAL VIDEO(S)

WATCH

Watch the following videos which can be found on Moodle:

Lesson 1a: What is Statistics?

Lesson 1b: What is a variable in Statistics?

Now watch the following two videos which can be found at:

Australian Bureau of Statistics -

<http://www.abs.gov.au/websitedbs/a3121120.nsf/home/statistical+language+-+what+are+variables>

Stat Trek - Teach yourself statistics - <http://stattrek.com/descriptive-statistics/variables.aspx>

PART 2: HOTMaths

DO

Course: NSW AC Years 7 & 8

Topic: Analysing data displays

Lesson: Collecting and describing data

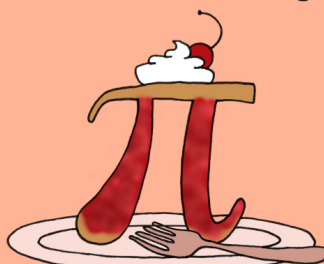
1. Read the notes for this lesson.
2. Attempt the Walkthrough for this lesson.
3. Watch Demonstration 1 for this lesson.
4. Choose ONE level of questions to complete FOR EACH LESSON. Try to challenge yourself and aim to get above 90% correct in the highest level possible.

PART 3: COMPREHENSION QUESTIONS

ANSWER

1. What is another name for categorical data?
2. Name the two types of numerical data.
3. What is a variable?

Why shouldn't you let advanced math intimidate you?



It's really as easy as *pi*!



HOTMATHS in Stage 4

www.hotmaths.com.au

Username and Password will be given to students by their classroom teacher.

New students are to see the Head Teacher to set up a HOTmaths account.

Classwork: In class, in place of the lecture, students spend a specified amount of time reviewing concepts from the video(s) to clear up any raised misconceptions or difficulties. The remainder of class time is spent deepening understanding of content by having high achieving students move forward, or providing further review by using hands-on activities and manipulatives, or slowing down the lesson to meet the needs of struggling students through intervention. Investigations, higher order thinking tasks, group work, class discussions as well as drill and practice occur. This makes the best use of face-to-face time with students. The students can then be deeply rooted in the learning cycle emphasizing three stages: Exploration, Explanation and Application.

For each topic, students receive a Booklet (hardcopy and an electronic copy is available on Canvas).

The booklet includes:

1. Vocabulary for the topic
2. The topic broken down into concepts, "Lessons". Each lesson is a mathematical concept, not necessarily a period of work.
3. Each topic is further broken down into:
 - a. Prep
 - b. Notes
- c. Activities/Investigations – MUST BE COMPLETED IN CLASS, under teacher instruction. Students going ahead, should skip these pages until directed by their teacher.
- d. Questions – Students often choose to go ahead with this part, but should only do so AFTER completing the Prep.
4. Summary and Review Questions.

Hopefully, the above gives some insight into the 'flipped classroom', please contact the classroom teacher or head teacher about any concerns with your child's Mathematics instruction at The Ponds High School.

Stage 5

Stage 5 students are studying either Mathematics 5.1, 5.2 or 5.3. Those studying 5.1 will only need access to Canvas and the topic booklets handed out in classes by teachers. The course fee covers the printing costs for these booklets. Students studying the 5.2 or 5.3 course should have by now bought textbooks from Box of Book. The book pack includes a hardcopy, a digital copy and HOTmaths access (Cambridge GO).





FLIPPED

Stage 6

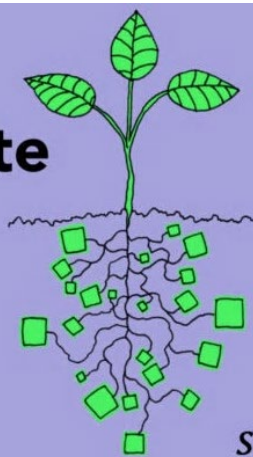
Stage 6 Mathematics courses are in full swing, with students already intensely working on their studies. In Year 11 Mathematics, there are four courses available to students: the new Numeracy Pilot Program, Mathematics Standard, Mathematics Advanced and Mathematics Extension 1. In Year 12, students studying Mathematics Standard have to choose either course 2 (ATAR) or 1 (non-ATAR), and Mathematics Extension 1 students who are excelling may choose to study Mathematics Extension 2.

Students are settling in well to 2020, so we are looking forward to a great year with many positive learning experiences. If you have any questions or concerns, feel free to contact me at your convenience.

Mrs Silvia Fernandez

Head Teacher, Mathematics

Why do plants hate math?



Because it gives them *square roots*.

What do you call a tree that is made up of numbers?



A geome-tree.



CAPA



Back Row from left to right: Mrs Morrison, Mrs Jack, Mr MacFarlane, Miss Duynhoven, Mrs Jones, Mrs Clemson, Ms Petroni
Front Rows from left to right: Mr Kinsey, Miss Fong and Mr Golotta

I would like to introduce you to our Creative & Performing Arts Department.

My name is **Mrs Morrison** and I am a Visual Arts and Photography teacher. I also coordinate the Promotions team and am the Relieving Head Teacher CAPA.

Mrs Jack is a Visual Arts Teacher, TPHS Literacy Coordinator and Stage 4 Head Teacher.

Mrs Jones is one of our Year 7 Advisors, an Art Club Coordinator and is teaching Visual Arts.

Mrs Clemson is one of our Art Club Coordinators and is teaching Visual Arts.

Miss Fong is teaching across the CAPA faculty, teaching Visual Arts and Music. She will also be coordinating the String Ensemble, Drawing Club and is one of the Multicultural Team coordinators.

Mr Golotta is a Music teacher, Year 9 Year Advisor and our Band, Guitar Group and Ukulele Group Conductor.

Miss Duynhoven is teaching across CAPA this year with Dance, Drama and Visual Arts. She is coordinating our four extracurricular Dance programs this year.

Mr Kinsey is teaching Music and is also coordinating our Jazz Ensemble and Drumming Group this year.

Ms Petroni is a Music and Drama teacher who is also our Choir Conductor and Drama Club Coordinator

Mr Macfarlane is our newest member of the CAPA staff, joining us this year and is teaching Music and Drama.

All of our hardworking CAPA staff are involved in many aspects of our school community and are also currently working to develop links within our Community of Schools. We are in the process of organising our extracurricular programs for 2020, so keep an eye out for audition and joining notifications in the Daily Notices read out in Roll Call ☺

2020 THE PONDS HIGHS SCHOOL CLUBS

Here are the Clubs and Groups at The Ponds High School, join in!

| CLUB/GROUP | DAY | TIME | CONTACT | CLASSROOM |
|------------------------------|----------------------------------|--------------------------------------|-----------------------|----------------|
| ART \$5 p/t | Wednesdays | 03:00 – 04:00 pm | Mrs Jones/Mrs Clemson | A.G.46 |
| BASKETBALL | Thursdays | 03:00 – 04:30 pm | Mr Burns/Mr Hwang | Gymnasium |
| CHOIR \$10 p/t | Week A Thursday Week B Friday | 10:26 – 10:57 am | Ms Petroni | D.1.08 |
| DANCE: Bollywood | Wednesdays | 03:00 - 04:00 pm | Ms Shah | Fitness Centre |
| DANCE: Senior Ensemble | Mondays | 10:26 – 10:57 am | Ms Duynhoven | D.1.03 |
| DANCE: Junior Ensemble | Thursdays | 12:43 – 01:14 pm | Ms Duynhoven | D.1.03 |
| DANCE: Boys Dance Crew | Tuesdays | 10:26 – 10:57 am | Ms Duynhoven | D.1.03 |
| DANCE: Boring It On Crew | TBA | | | D.1.03 |
| DEBATING: | Fridays | 03:00 – 04:00 pm | Mrs Caro/Ms Still | E.13 |
| DRAMA \$10 | Week A Wed Week B Mondays | 12:43 – 01:14 pm 10:26 – 10:57 am | Ms Petroni | D.1.08 |
| DRAWING | Wednesdays | 12:43 – 01:14 pm | Ms Fong | A.G.45 |
| ENVIRONMENTAL | Week B Thursdays | 12:43 – 01:14 pm | Ms S Jay | F.03 |
| GAMES | Fridays | 03:15 – 05:00 pm | Ms Pearce/Mr Highman | Library |
| HOMEWORK | Tues, Wed & Thu | 03:00 – 04:00 pm | Supervising Teacher | Library |
| JAPANIME | Tuesdays | 12:43 – 01:14 pm | Ms Singh | E.16 |
| LEGO LEAGUE | Tuesdays | 12:43 – 01:14 pm | Mr Skelton/Ms Bell | D.1.15 |
| PUBLIC SPEAKING | Fridays | 12:43 – 01:14 pm | Ms Garrity | E.17 |
| MUSIC: BAND \$40 p/t | Thursdays | 07:30 – 08:20 am | Mr Golotta | Music Space |
| MUSIC: DRUMMING | Wednesdays | 07:45 – 08:20 am | Mr Kinsey | D.1.23 |
| MUSIC: GUITARS \$10 p/t | Mondays | 07:45 – 08:20 am | Mr Golotta | Music Space |
| MUSIC: JAZZ \$10 p/t | Fridays | 07:45 – 08:20 am | Mr Kinsey | Music Space |
| MUSIC: STRINGS \$10 p/t | Tuesdays | 07:30 – 08:20 am | Ms Fong | D.1.08 |
| MUSIC: UKELELE PUGS \$10 p/t | TBA | TBA | Mr Golotta | Music Space |
| SOC. JUSTICE INTERACT | Tuesdays | 12:43 – 01:14 pm | Mrs Cooke | D.1.33 |



UNIFORMS NEWS

Welcome to Term 1, 2020 and welcome to all our new families.

It has been a very busy start to the year especially in the Uniform Shop.

I would like to extend many thanks to our volunteer mums and students who have given up many hours in the holidays and the start of term to help with uniforms and assist with preparation for the new school year.

With many thanks to Karen Ciantar, Nada Christie, Rachel Ferguson, Anthea Garbert, , Gabrielle Kerslake, Sharon Kumar, Gaby Moore, Preece Marudai, Elizabeth Ward, Tara Wickman and Tracey Wilkinson.

Our Year 12 Leadership Team of Mia, Lara, Diyaa, Kortana, Hemisha, Sana and Cherkia and our student helpers, Madeline, Year 10, Lana Year 9 and Summer Year 8.

Your help is truly appreciated.



Some of our wonderful volunteer mums

Our Year 12 Leaders



How the Uniform Shop Operates.

The Uniform Shop is open every Wednesday from 8:00am to 3:15pm during the school terms and Thursday mornings from 8:00am to 11:00am during Term 1 and Term 4. We do not open in any school holidays apart from the few days in January.

We do not provide refunds. We can exchange items but only 'Like for like' eg shirt for shirt, dress for dress and generally within 4 weeks of purchase. We do not exchange one item, pay/refund the difference to receive another item.

If items need to be exchanged, please return them in the original packaging with tags still on. Returned items must be in a condition to be re-sold.

FlexiSchools

Flexischools (www.flexischools.com.au) is the schools online ordering system for Canteen and The Uniform Shop. Canteen lunches must be pre-ordered on Flexischools but students can still buy drinks and snacks from the Canteen windows.

The cut off time to place Uniform orders on Flexischools is **before 4:45pm each Tuesday**. Orders received before the cut off time will be packed the next day, Wednesday, and will be ready for student collection from recess onwards. If the cut-off time is missed, the uniform order will be processed the following Wednesday.

Student names are placed on the Uniform notice board, outside the Uniform Shop if they have an order to collect.

Please register each child in the family separately on Flexischools with the correct class.

Senior Ties are currently out of stock and delivery has been delayed. As soon as they arrive, Year 11 and 12 will be notified and pre-paid orders will be available for collection.

For all uniform enquiries, please contact me at:

uniforms.theponds@gmail.com

Jo Leaver

Uniform Store Manager



SOCIAL NETWORKING

Social Networking

Social networking is a large part of the social identity of young people. They are avid users of a range of social networking services including Facebook, YouTube, Snapchat, Instagram and Twitter.

Many kids also network through playing online games like Club Penguin, Moshi Monsters and World of Warcraft. All of these services provide fun and engaging ways to:

- stay connected and interact with friends and family
- post information and updates about themselves and their activities
- share photos and videos
- chat and play games
- comment on other people's photos, posts and profiles.



It can be difficult to resist the 'pester power' of your kids when it comes to allowing them to engage on social media, especially when their friends may be allowed. There is a risk they may feel alienated, but ultimately you know your child best and whether they can handle the responsibilities and pressures of being on social media.

How can I support my child to be safe on social networks?

Social networks can be a great experience for your kids and there are a number of ways that you can play a part in helping them enjoy their benefits. These include:

Staying involved

Establish your own account on the sites they use and learn about the privacy settings. Don't be intimidated by new technologies – understanding how these sites work may help you feel more comfortable with your kids exploring these spaces.

Checking 'terms of use'

Terms of use for each social media service covers the rules for using the site, the type of content that can be posted and any age requirements. Read these to your child to make sure they understand what is expected of them.

Being aware of age guidelines

It is useful to consider whether you are comfortable with the content and the potential for contact with others including teens and adults on each site. Consider whether your child is socially ready to manage contacts and look out for the age ratings set by app stores to help identify age suitable content.

Setting rules

Make sure your child knows what information they can share or post and encourage them to tell you before they join new networks and before they post any personal information, including their full name, address or school.

Establishing safe personal profiles

Ensure they do not put too much personal information online. Help them create user names or IDs that do not communicate gender, age, name or location and are not sexually provocative.

Ensure your child's account is set to the strongest privacy setting so only their circle of friends can view their information, tag them in a photograph or share posts. Many sites have privacy protection information and safety tips.

Encouraging thinking first

Encourage your kids to think before they put anything online, even among trusted friends and remind them that once shared, information and photos can be difficult or impossible to remove and may have a long-term impact on their digital reputation.

Promoting respectful communication

Advise your child to stay respectful and be nice online and to avoid responding to any negative messages and report any they receive to you or another trusted adult.

Checking review sites

The Office of the Children's eSafety Commissioner has prepared a [guide to popular social sites and apps](#). NetAware (UK) and Commonsense Media are also useful sites.

For further information visit:

<https://www.esafety.gov.au/education-resources/iparent>





School Opal Card

As part of our campaign against fare evasion, and our on-going commitment to provide the level of service needed to transport students to and from your school, Busways conducts regular checks of School Opal card.

All students must be in possession of a valid Opal card or pay a fare.

Students in possession of an Opal card must also tap on/off with their card when boarding our buses.

This is important, because the Opal data collected determines the level of service we are able to provide to your school. If students don't tap on and off, the services will appear underutilised and may be considered for cancellation based on low passenger numbers.

To apply for a School Opal card or to report a lost or stolen card, go on-line to www.opal.com.au/en/about-opal/opal-for-school-students/

Students who are ineligible for School Opal will need to purchase a Child/Youth Opal card or pay a fare to travel on our buses.

Thank you in advance for your assistance and support.

**Casual Educator Position for High Schoolers
Out of School Hours Care
Northwest Community Childcare**

Following a large expansion in our service in 2020 we will be running our Out of School Hours Care from both Riverbank and The Ponds High School. This has created employment opportunities for students at The Ponds High School who have a passion for children and who meet the required criteria.

Criteria

- Applicants must be 16 years or over at commencement
- Shifts commence at 2:30pm so would suit a student with a free last period
- You must be available to work from 2:30pm-6:30pm on your nominated days (Monday-Friday)

The Position

Working with your Co-ordinator and a team of educators, you will assist in the implementation of educational activities and the interaction and supervision of primary school aged children. You will:-

- Assist in creating a positive environment which is safe, welcoming, enjoyable and stimulating for all children.
- Be proactive and be prepared to act on guidance and direction.
- Have a mature, positive attitude, strong work ethic, show a passion for children as well as displaying high levels of communication skills.

How to Apply

Please forward your resume with a cover letter stating your availability and addressing how you believe you meet the above selection criteria.

Applications should be forwarded, in confidence, to Amy:
officeassistant@northwestcommunitychildcare.com.au



ENGAGING ADOLESCENTS™ PARENT COURSE

Parenting skills for addressing teenage behaviour problems

A program for parents and carers
at High Street Youth Health Service (HSYHS)
65 High Street Harris Park
on Friday: 6th March 2020 at 9:30am – 2:30pm.

What you will learn:

- ✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self check-in, first - for parents.
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

Registration Fee – This is a free course.

To register for this course please complete the referral form and email to Christian San Juan at High Street:

Email: christian.sanjuan@health.nsw.gov.au

Prior to the group each participant will need to agree to and sign a participant agreement.

What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainers for this course are Christian and Nina who completed Parents' Engaging Adolescents training on 10th February 2016.

Christian and Nina work within Youth Health for Western Sydney Local Health District.

**For more information please contact Christian San Juan on:
(02) 8860-2500 at High Street Youth Health Service.**



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Western Sydney
Local Health District

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective
-

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THE PONDS BRANCH

The Ponds High School

180 Riverbank Drive, The Ponds

NSW 2769

(Entrance from Riverbank Drive)

Email

contact@northshore-theponds.com.au
www.northshore-theponds.com.au

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The Ponds
HIGH SCHOOL





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*Must present The Ponds High Student ID

Find us at Stanhope Village this Valentine's from 11th to 15th of February!

Email: sydneyprofessionalflorist@yahoo.com

Contact: Pegah 0481 110 110

Facebook & Instagram: @sydneyprofessionalflorist



Come & Join Your Local Family Club

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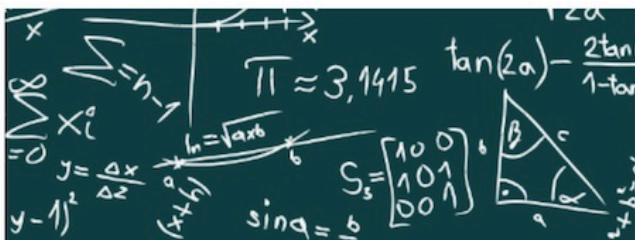
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YRS 2 - 4 \$69 P/WEEK

YRS 5-8 \$79 P/WEEK

YRS 9 - 10 \$89 P/WEEK

**ATTEND 3 DAYS A WEEK
FOR 3 HOURS PER DAY!**

(END OF TERM EXAM & REPORT)

0415 213 889

WWW.CBKSELECT.COM.AU



SPARTAN Registrations Are Open

Hello

Blacktown District Rugby League Spartans pride ourselves on being an inclusive club diverse in culture, a club where all families are welcome.

We are reaching out to the local and surrounding community offering the opportunity for all members of your family to become involved in rugby league at a club that is new and looking to grow in junior and senior participation.

With the Service NSW Active Kids voucher it's never been easier to enrol school age children and teenagers in sport.

A child aged as young as 4 can register to play in under 6

Our training and game facilities are at Exeter Farm Reserve on Meurants Lane Glenwood. We participate in the Parramatta District Junior League competition.

Drop in and see us Tuesdays and Thursdays at our facilities we are there from 5pm to 8pm to assist you with any information you may require.

We are looking for players for the following Age groups, U/6, U/7, U/8, U/9, U/10, U/11, U/12, U/13, U/14, U/15, U/16, U/18 and Open age in boys and girls, women and men.

If you would like to learn more contact us via call or text to 0466 509 790 or our email blacktown.districtrl@gmail.com

REGISTRATION FEES 2020

| Age Group | Registration Fee | Registration Fee with Active Kids Contribution |
|---|------------------|--|
| Under 6 To Under 8 | \$100.00 | \$0.00 |
| Under 9 To Under 11 | \$140.00 | \$40.00 |
| Under 12 To Under 18 | \$160.00 | \$60.00 |
| Seniors 19 and Over Please contact the club for details | | |

Participants must be minimum 4 years of age to play in Under 6

Check us out on facebook <https://www.facebook.com/BlacktownDistrictRL/>

The Ponds
HIGH SCHOOL





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Sanskrit
Root of languages



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SCHOOL TERM

CONTACT

AKILA RAMARATHINAM

0450 117 372

WWW.VHP.ORG.AU

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